



The Prowler

the news of the week
les nouvelles de la semaine



September 22, 2021

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 03

Hadi, Bonjour and Hello,

It was so wonderful to see so many people at our first PAC meeting last week. 11 people! I am always so grateful to our PAC. Not only do they do so much for our school, they also keep the focus on what we think is important – learning, kindness and caring. I encourage all caregivers to follow our PAC Facebook page at <https://www.facebook.com/WLMPAC> and join us at PAC meetings or at school to volunteer for PAC events.

Our grade 6 students did an amazing job of planning and running our Fall Fun Day on Friday. Even though we stayed inside because of the weather, I think it was a really great day for all. Many, many thanks to our PAC for the “smile cookies.” What a yummy treat before our intense game of school-wide BINGO.

The kids had a blast with the first question about numbers on our new board. The excitement about math is so cool. Our second question is on the board and please check out our Notes on Numbers from Mrs. Toth. I can already see number brains growing!

A heads-up that next week is a busy one:

- Tuesday is our picture day. This will be individual pictures and we will do our class pictures and panorama shot on retake day (day TBD).
- Wednesday is our Terry Fox Run in the morning. We encourage students to contribute to our school donation to the Terry Fox Foundation for Cancer Research. We have a classroom challenge to raise the most money and run the most laps at DPA.
- Thursday is the first Day for Truth and Reconciliation. There will be no school this day. Our students have already been

working on projects to honour this day. Please ask them about these.

- Friday is our McLeod Ultimate Frisbee Tournament to support Spinal Cord Research.

WOW!!

This Friday is a District Planning Day, and our staff will be focusing on Indigenous Education. NO SCHOOL for students.

Don't forget to do the Daily Health Check every morning.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

COMING SOON:

Sept 23: Crazy Hair Day

Sept 24: District Planning Day—No School for Students

Sept 28: Picture Day

Sept 29: Terry Fox Run

Sept 30: National Day of Truth and Reconciliation—No School

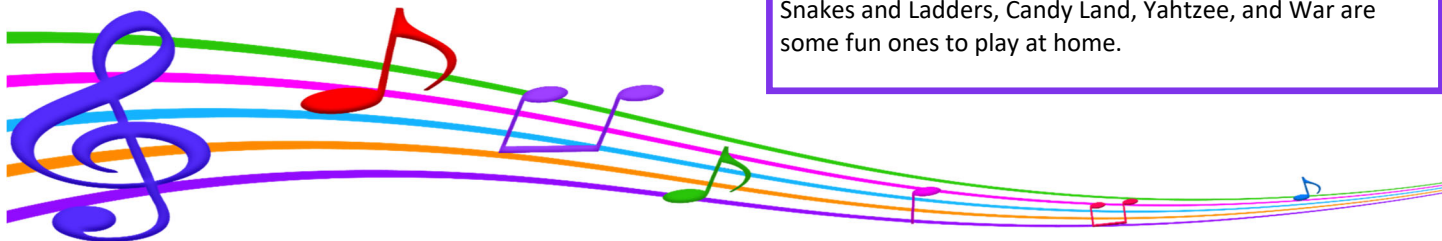
Oct 1: Ultimate Frisbee Tournament

Oct 8: Graphic T-Shirt Day

Notes on Numbers

Play math puzzles and games with your children at home. Puzzles and games will help kids enjoy math and develop number sense, which is critically important to their understanding of math concepts. Dice and card games are great starters.

Snakes and Ladders, Candy Land, Yahtzee, and War are some fun ones to play at home.



Vanderhoof and area vaccine clinic

Includes Saik'uz First Nations—surrounding communities may differ

Clinic Info

WHEN:	WHERE:	ADDRESS:	DETAILS:
- Sept 21 (9 am to 12 pm) - Sept 28 (1 pm to 4 pm) - Every Thursday in October (1 pm to 4 pm)	Vanderhoof Health Unit	3299 Hospital Rd, Vanderhoof, BC	12+ booked appointments are priority - Drop-ins welcome, space is limited



CONTACTING ME

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.

~Ms. Hart

Please don't forget to do the Daily Health Check each morning. We are very grateful to all our families who are working with us to follow the COVID-19 guidelines. You can do your health check through the app (BC

K-12 Daily Health Checker) or this website:

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>

Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email

lswanson@sd91.bc.ca

Thank you



Let's all use our WITS at home and at school



EXTRA SUPPORT

We are very proud that we offer additional support and connection for students of Aboriginal ancestry at our school. In BC schools students/families can self-identify as being of Aboriginal ancestry. There is no paperwork or "proof" required. Please contact Ms. Hart if you are interested in finding out more about this service at our school.

Our school goals are that our McLeod students will be:

1. Literate as evidenced by grade 3 students meeting grade level expectations in reading in PM Benchmarks/GB+.
2. Socially Responsible Citizens as monitored through the School Learning Survey.
3. Numerate as evidenced by grade 3 students meeting grade level expectations on the DNA.



If you would like to help save paper and be added to our Newsletter email list, please send your email address to lswanson@sd91.bc.ca

T-Shirt Tuesdays



Please wear your McLeod wardrobe every Tuesday. It's a great way to show your school spirit and earn points for your house team. Anything McLeod works. We love homemade stuff too!



Check out our McLeod website
<http://wlm.sd91.bc.ca/>

W.L. McLeod Strong Start

A free program here at our school for children ages 0-5, with their caregivers. Snack is provided.

Please sign up ahead of time (5 families allowed per day).

Our program runs every Monday, Tuesday, Wednesday and Thursday from 9am to 12pm.

And a new afternoon/evening class every Wednesday 3:30pm to 6:30pm!

Adults must wear a mask while in the building.

Check out our Facebook page "W.L. McLeod Strong Start" for updates and for the weekly sign-up!



PARKING
LOT



SAFETY



Please **DO NOT** use the staff parking lot (the lot by the EBUS entrance) to drop off or pick-up students. Students **MUST NOT** be walking through this parking lot at any time. Drop off angle parking is available on Damon Square (behind the strip mall). Thank you for your help to keep our kids safe.

Students and adults **MUST NOT** be running between busses across Victoria St. Please use the crosswalk.

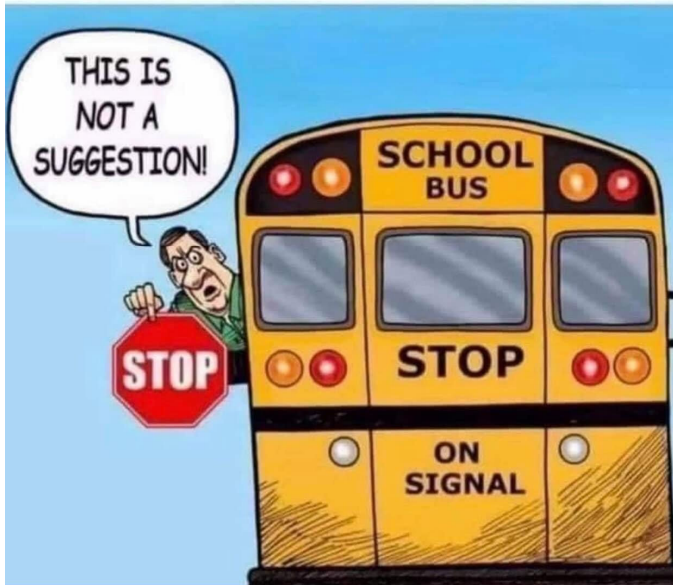


Thanks for remembering
this is a



Peanut/Nut
Free School

This can not be shared enough



The next Babysitting Course is Friday, October 22, 2021 (Pro-D Day) at the Vanderhoof Campus.

The Cost is \$80 per student. Call to register at 250-567-3200. ***We have limited seats for this course.

Learn basic child care, accident prevention, first aid and how to handle emergency situations and receive a certificate upon successful completion.

This program is based on the Red Cross Youth Society curriculum.

For youth 11 years old and older.



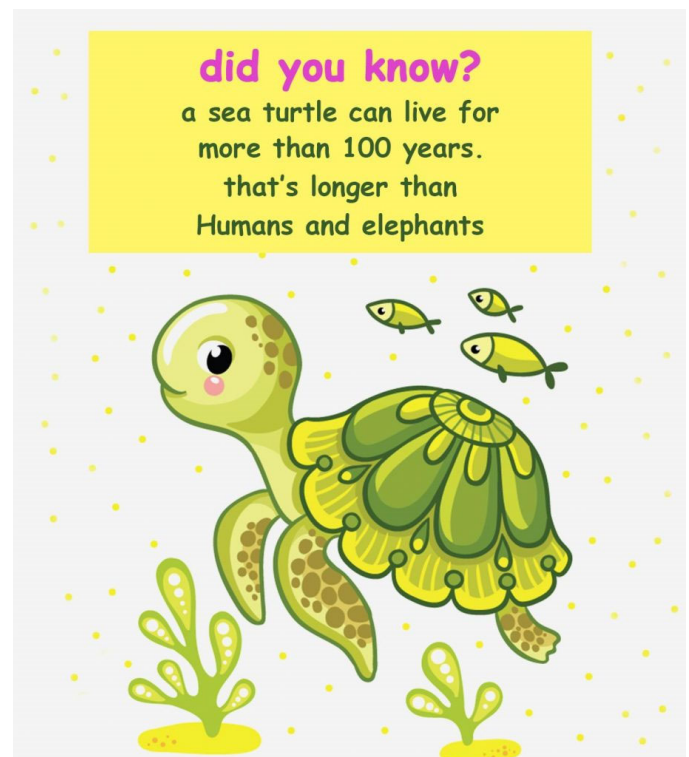
Counselling at McLeod

Toni Dagenais, Erin Baker, Todd Blattner and Debbie Scott, four of our SD#91 counsellors will be working in our school this year. They will be working alongside staff and students at W.L McLeod in a variety of ways. These may include helping to facilitate programs in the classroom, working with small groups on topics such as dealing with anxiety, building healthy relationships, etc. as it is suitable to a specific child. In addition, counsellors provide individual counselling. If you have any questions or concerns or you would like your child to be able to access support through our school counsellor, please contact Libby Hart or Candace Lawrence at 250-567-2267.

In addition, if you are looking for other longer-term individual support for your child, the following community agencies are available in the Vanderhoof area:

Connexus: 250-567-9205

Carrier Sekani Family Services: 250-567-2900



Daily Health Check			
1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.

In Support of the **Food Banks of British Columbia**

Please Consider Donating This Year to the

11th
Annual



BC **THANKSGIVING**
FOOD DRIVE

Saturday, Sept. 25th

DONATION GUIDELINES

Please fill your bag with non-perishable food items and place it on your door step ready for pick up by 9:30 am on Saturday Sept 25. Our volunteers will pick up your donations. We will not ring your doorbell on collection day and will be wearing masks.

Your contribution will go directly to the food bank.

You may also drop off your donation at Your Independent Grocer, P&H Supplies, ACE Building Centre, and Co-op Foods

It's Easy To Donate

Just put unopened, non-perishable food items in a bag
and place them on your doorstep.

Specific **items of need** include:

Canned meat/fish	Rice
Canned fruit	Whole wheat pasta
Canned vegetables	Pasta sauce
Evaporated milk	Baby formula/food
Peanut butter	Baking needs

We do not solicit financial donations

We will NOT ring your door on collection day

Local food banks in our province help feed more than 100,000 people each month. These food banks do not receive government funding and rely solely on the public for donations. Many would go hungry if not for the generosity of neighbours like you. Your support will help fill individuals and families with hope during this Thanksgiving Season.



ALL PROCEEDS TO

*NeighbourLink
vanderhoof*

To view the results of Province wide donations and for further information, please visit

bctfooddrive.org

**P & H
SUPPLIES**

**TAKE
A
GANDER**

You're at home here.



Four Rivers Co-operative

**ACE Building
Centre**
Independent
Your Independent Grocer



SEPTEMBER 2021 MENU

Each meal is 5.00 (reg). or 6.00 (lg).

PLEASE PRE-ORDER AND PRE-PAY



*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal

Student's name _____ Teacher _____ \$ _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 	4 
6 	7 1st Day Back 1/2 Day 	8 Ham & Cheese Buns 	9 Hot Dogs 	10 Chicken Caesar Wrap 
13 Spaghetti 	14 French Toast 	15 Perogy Casserole 	16 Grilled Cheese Tomato Soup  6-7:30pm Ice Cream Social Open House (tentative) *7pm PAC Meeting	17 Sweet & Sour Meatballs  
20 Sloppy Joes 	21 Pancakes & Sausages 	22 Snacker Plate 	23 Pizza Bagel  Crazy Hair Day 	24 Pro- D Day 
27 Taco Salad 	28 Ham & Cheese Frittata  	29 Chicken Ranch Wrap  Terry Fox Run 	30 National Day for Truth & Reconciliation (No School) 	