



The Prowler

the news of the week
les nouvelles de la semaine



December 9, 2020

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 14

Hadi, Bonjour and Hello,

Thank you to everyone who donated food to our Food Drive. We will ensure this food gets to families who may need a little extra this year. You are kind and caring McLeod!

In about 1 week we are hoping to share our Christmas Concert 2020 Movie. We have already filmed many classes and they are doing such a great job. Don't forget, we hope to share the movie with families through a link sent to you in an e-mail and we will be using our newsletter e-mail list. **If you are not on this list, please contact Ms. Lindsay at the school as soon as possible to get your address added.** If the e-mail link isn't going to work for you because of your access to technology and/or internet, please let me know and we will try to figure out another option for you.

It is our goal to work together with you and the kids to help our McLeod students become children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. **WE'RE ALL IN THIS TOGETHER!**

Proud to be McLeod
Ms. L. Hart

Please don't forget to do the Daily Health Check each morning. We are very grateful to all our families who are working with us to follow the COVID-19 guidelines.

COMING SOON:

Dec 17: Pajama Day

Dec 18: Last Day of School

Dec 21 - Jan 1: **WINTER BREAK**

Jan 4: First Day Back to School



If you would like to help save paper and be added to our Newsletter email list, please send your email address to lswanson@sd91.bc.ca



Let's all use our WITS at home and at school

SCHOOL BOARD OFFICE NEWS

School Board Meeting

Monday, December 14, 2020

6:00 pm



*** *Please note the change in date*

*** *Please note that the format of this meeting has changed to video conference*

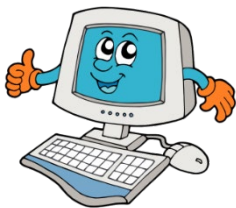
Public Attendance Notice:

***Due to current public health and safety requirements, we are requesting that members of the public interested in attending this meeting, contact Tracy Austin at taustin@sd91.bc.ca or 250-567-2284 prior to the meeting so that seating arrangements for appropriate physical distancing can be made at each video conference site.

Upcoming Board Meetings:

January 18, 2021

February 22, 2021



Check out our McLeod website

<http://wlm.sd91.bc.ca/>

Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email lswanson@sd91.bc.ca

Thank you



DATE CHANGE

JOIN US FOR A VIRTUAL TOWN HALL ON THURS.. DEC. 10TH @ 5 PM TO FOR AN UPDATE ON:

- SD 91 SCHOOLS - COVID-19 PLAN
- COVID-19 = WHAT ARE WE LEARNING
- A LOOK AHEAD

HOSTED BY SD 91'S DISTRICT PARENT ADVISORY COUNCIL

Please submit your questions by Dec. 2nd to info@sd91.bc.ca

5 - 6 PM

The link to this meeting will be shared on Dec. 10 on the school district's website and Facebook page.



PARKING
LOT



SAFETY

Please **DO NOT** use the staff parking lot (the lot by the EBUS entrance) to drop off or pick-up students. Students **MUST NOT** be walking through this parking lot at any time. Drop off angle parking is available on Damon Square (behind the strip mall). Thank you for your help to keep our kids safe.

T-Shirt Tuesdays



Please wear your McLeod wardrobe every Tuesday. It's a great way to show your school spirit and earn points for your house team. Anything McLeod works. We love homemade stuff too!



I AM IN
CHARGE
OF HOW I
FEEL AND
TODAY I AM
CHOOSING
HAPPINESS.



Our Lost & Found is getting very full!

Please come and take a look to see if any of the items belong to your family 😊



Thanks for remembering
this is a



Peanut/Nut
Free School



CONTACTING ME

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. 😊 That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.

~Ms. Hart

Daily Health Check

1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.

Holiday Care

Connexus Community Resources

Counselling for children and youth, family support, infant development program
Ph. 250-567-9205

Carrier Sekani Family Services

Holistic health and wellness services for Carrier and Sekani people
Ph. 250-567-2900
Ph. 250-570-9993 for Maternal Child Health
Ph. 250-617-4780 for Youth Services

Neighbourlink

Food bank and Wednesday hot lunches
Ph. 250-567-0691 to register for food bank or to call for emergency food

Kids Help Phone

Ph. 1-800-668-6868 (toll free)
Txt. CONNECT to 686868
Available 24hrs/day to Canadians aged 5 to 29. Confidential and anonymous care from professional counsellors.

Wellness Together Canada: Mental Health and Substance Use Support

Get connected to mental health and substance use support, resources, and counselling with a mental health professional.
Ph. 1-866-585-0445 to speak with a Program Navigator
Txt. Adults text WELLNESS to 741741
Txt. Kids text WELLNESS to 686868
Web. <https://ca.portal.gs/#>
Available 24/7 to everyone.

Hope for Wellness Help Line

1-855-242-3310 (toll free)
Available to all Indigenous people who need immediate crisis intervention. Telephone and online counselling.





DECEMBER 2020 MENU



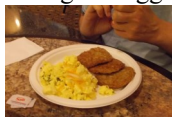
Each meal is **5.00 (reg).** or **6.00 (lg).**

PLEASE PRE-ORDER AND PRE-PAY

*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal

Student's name _____ Teacher _____ \$ _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage & Eggs 	2 Perogy Casserole 	3 Beef Broccoli w/ rice 	4 Sweet & Sour Meatballs w/ rice 
7 Pizza Bagels 	8 French Toast 	9 Chicken Strips 	10 Hamburgers 	11 Spaghetti 
14 Turkey & Mashed Potatoes 	15 Pancakes 	16 Ham & Cheese Bun 	17 Lasagna  <i>Pajama Day</i> 	18 Chicken Caesar Wrap 
21 Winter Break 	22 Winter Break 	23 Winter Break 	24 Winter Break 	25 Christmas Day 
28 Winter Break 	29 Winter Break 	30 Winter Break 	31 Winter Break 	1 Happy New Year 