

# The Prowler

## the news of the week les nouvelles de la semaine



We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

Sept 18, 2024 250-567-2267 http://wlm.sd91.bc.ca Issue 03

Hadi, Bonjour and Hello,

Thank you to everyone who made our Open House/Ice Cream Social such a success. It was an amazing turnout! Thanks to our McLeod Cares Leaders, our caregiver volunteers and Mrs. Snow for their extra work. Did you know we started our Ice Cream Social as a tribute to Prairiedale School? When it closed, and new families joined McLeod, we wanted to make sure we carried on this Prairiedale tradition. We always want to make things better at McLeod so if you have any feedback about the event please let me know.

It was great to see some new people out to our PAC meeting. We invite caregivers and family members to attend any time. You can join in person or online. At our first PAC meeting of this year a new executive was elected. Dannilee Marttinen will remain as secretary and Cheryl Kuoppala as treasurer. We are still looking for a chair and vice-chair. Our PAC would love to hear from you if you are interested in even sharing one of these positions. Also, please join our PAC Facebook page to keep up to date on all things McLeod (<a href="https://www.facebook.com/WLMPAC">https://www.facebook.com/WLMPAC</a>).

We have started working on our Be a Bridge theme and our year pledge. In September we are working on "I will be the one to reach out and say hello." We are encouraging students to welcome others and talking about the power of random acts of kindness that cause a ripple effect.

We are trying to be kind to our earth and reduce the amount of paper we use at school. We will send out the front page of the newsletter and the Hot Lunch Menu in a hard copy but the rest of the newsletter will be sent electronically. Please call the office to get your name on our newsletter e-mail list.

In October we are starting the new Munch-a-Lunch hot lunch ordering system. Please see this newsletter for more information about this. It's new for all of us so we will all figure it out together.

Tomorrow is Crazy Hair Day. Friday is a District Planning Day and our entire staff will be participating in the 5th Annual Indigenous Education Conference. There is NO SCHOOL for students.

A heads-up to everyone that we are going to do a special version of our panorama picture this year. We are going to take it on Friday, September 27th on the day we acknowledge National Truth and Reconciliation Day. We hope, as usual, everyone will wear orange in honour of EVERY CHILD MATTERS, and we will take a school picture that shares how important this message is at McLeod. At this time our individual picture day will be October 9th and our retake and class pictures day is set for October 29th. We will communicate with you if this changes.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod Ms. L. Hart

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#### COMING SOON:

Sept 19: Crazy Hair Day

Sept 20: District Planning Day - NO

SCHOOL FOR STUDENTS

Sept 26: Ultimate Frisbee Tournament

Sept 27: School day honouring Day for

Truth & Reconciliation

Sept 30: National Day for Truth & Reconciliation - NO SCHOOL



Student's Name Teacher:

| Total Amount:   |                           |                            |  |   |
|---|---------------------------|----------------------------|--|---|
| If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! <b>Cheques should be made payable to SD91</b> |                           |                            |  |   |
| Monday  | Tuesday                   | Wednesday                  | Thursday   | Friday  |
| Labor Day   | ½ day Dismissal at 12:00. | Spaghetti (V)              | Frittata (V)  Just B4 Registration                     | 6 Pizza Bagels (V)  |
| <b>9</b><br>Roast Chicken   | Grilled Cheese (V)        | Pancakes and Eggs (V)      | Open House/Ice Cream Social 6:00-7:30 7:00 PAC Meeting | Chicken Chow Mien Fun Day!  |
| Sweet and Sour<br>Meatballs with Rice   | French Toast (V)          | Beef Barley Soup           | Turkey Sandwich  Crazy Hair Day                        | District Planning Day (No School)   |
| Sausage and Eggs (V)  | Roast Beef and Cheese Bun | 25<br>Perogy Casserole (V) | 26 Chicken Strips  Ultimate Frisbee Tournament         | School Honoring of National Truth and Reconciliation Day 11:00 Panorama Pic |
| National Day of<br>Truth and<br>Reconciliation  |                           |                            |  |   |



# W. L. McLeod Elementary School Feeding Futures Hot Lunch Program



#### Hello McLeod family!

As you already know, the McLeod Farm to School PAC Program is now the SD91/BC Feeding Futures Program. We can't make this change without a HUGE thank you to the many adults who have worked tirelessly and selflessly for over a decade to create an incredible hot lunch program. We will forever be so proud of our home-grown success.

As part of the new Feeding Futures Program, we will now be using MunchaLunch.com for hot lunch ordering. You can pay for your orders online using a credit card (Visa/Mastercard), debit-credit card, Google Pay, Apple Pay or pre-paid credit card. The website will be ready to go for registration and ordering meals starting on Monday, September 23<sup>rd</sup> for meals starting on Wednesday, October 1<sup>st</sup>. We will still accept paper orders at the office, but we encourage everyone to use Munch-a-lunch as much as possible please.

#### **HOW TO REGISTER.**

- 1) Go to MunchaLunch
- 2) Click the "Register Here" button (as shown below). The system will guide you through.
- 3) After adding your children, click the green "Order Lunch!" button to order.
- 4) Next time, just click the "Login Here" button to access your account.





This is a new system for all of us so we will work together to make the transition as easy as we can. Please don't hesitate to call the school with any questions or feedback.

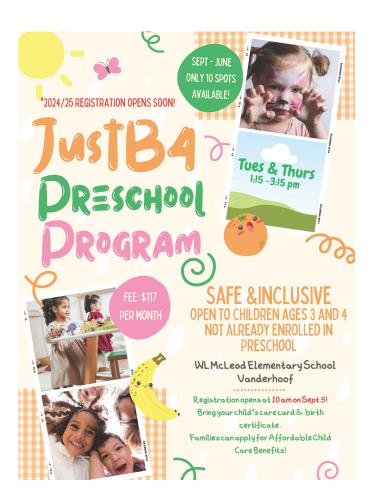
Proud to be McLeod, Ms. Hart







Thank you for keeping McLeod scent free (including essential oils).





We are very proud that we offer additional support and connection for students of Indigenous ancestry at our school. In BC schools, students/families can self-identify as being of Indigenous ancestry. There is no paperwork or "proof" required. Please contact Ms. Hart if you are interested in finding out more about this support at our school.



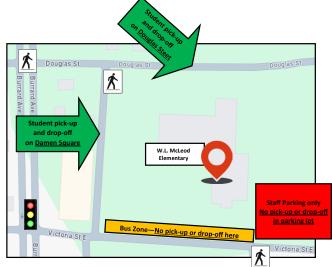
# Do you have a child ready to skate? REGISTRATION IS OPEN!

Nechako Figure Skating Club (NFSC) has programs for children and youth of all ages! Come out and join us for a fun year!

## REGISTRATION LINK: https://nechakofsc.uplifterinc.com/registration

Contact: nechakofsc@gmail.com www.nechakofsc.com

Student Pick-up & Drop-off at W.L. McLeod Elementary



Please help keep our students, caregivers, and staff safe. NO drop off and pick up in the school bus zone (on either side of the street) or in our staff parking lot. Please use Douglas Street and Damon Square as drop-off and pick up options.

#### Vanderhoof Clippers Speed Skating Club 2024 - 2025 Season



#### Registration is Open!!

From beginners to advanced skaters from age 4 years to adult.

Speed skates available for rent.

Low cost, fun and fast winter sport!

Must be 4 years old on or before June 30th.

Questions? Contact Terry Lazaruk 250-570-8444.

Registration link: https://icereg.ca/#!/events/vanderhoofclippers-speed-skating-club-20242025-2025

vanderhoofspeedskating@gmail.com



# I will be the one to reach out and say hello.

Is your elementary aged child struggling socially or emotionally at school? Have they experienced an adverse or traumatic event that they are having difficulty processing? Have there been family changes or losses that are impacting their mood and/or behaviour? Maybe school counselling can help.

If you are considering school counselling for your child please visit the SD91 Counsellor's Corner website. Under the Services tab there is an informative article titled "Does My Child Need to See a School Counsellor?", which can help you decide if school counselling is the right fit. You will also find instructions on the referral process, updated lists of each counsellor's school assignments, and loads of information and resources pertaining to a variety of mental health issues.

To find the website you can Google SD91 Counsellor's Corner or click on the link found on the Inclusive Education page of the SD91 website.



Let's all use our WITS at home and at school





#### McLeod is

# NOT FREE.



No peanuts, Brazil nuts and hazelnuts (including peanut butter and Nutella) PLEASE.



Looking for some Pro-D Day fun? Look no further! Join us for a scavenger hunt and roasting hot dogs!

Ages: 7-9 Year

Date: Friday, September 20, 2024

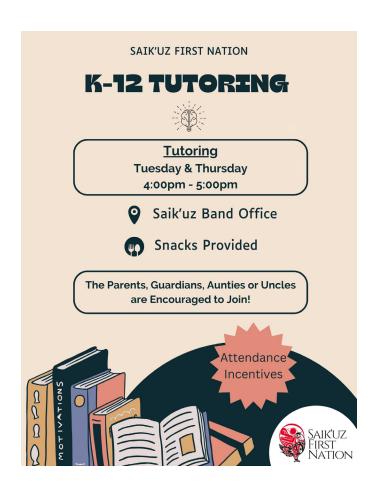
Time: 1pm - 4pm

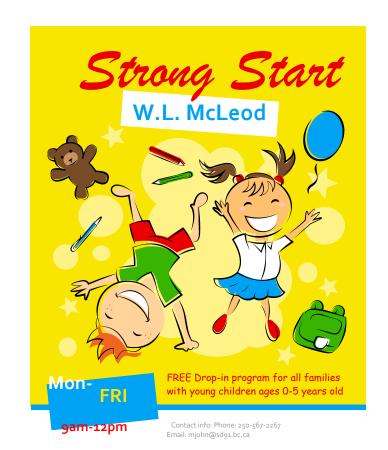
Location: 478 1st Street, Vanderhoof (Vanderhoof Museum)

#### For more information, contact:

Brittney Wall Phone: (250) 567-0956 Email: bwall@connexus.ca









# "TALK ABOUT LEARNING TIME" A GUIDE FOR PARENTS/GUARDIANS

"Talk About Learning Time" conferences are held two times a year at all schools, once in October and once in March.

These are opportunities for families and teachers to discuss their child's progress to support learning. The sessions are 10–15 minutes long, and there is value for all parents to attend even if your child is doing well in school. Other options can be arranged if you cannot attend.



## Talk About Learning Time - Goals:

- Build a cooperative relationship with the teacher to support learning
- Discuss information about your child and any concerns
- Set action plans for improvement and support
- Answer questions about recent provincial changes in assessment and reporting student learning

### **Before the Conference:**

- Confirm whether to attend with or without your child
- Ask your child about their feelings about school and any specific topics they want discussed

Make a brief list of topics you want to discuss such as:

- What are my child's strengths?
- What areas are of concern?
- Is my child engaged in class?
- Does my child seem happy at school?
- How can I support my child at home?



## **During the Conference:**

- Be on time and mindful of time constraints
- Stay relaxed and be yourself and prioritize your important questions
- Inquire about your child's progress if they receive additional support
- Seek clarification on curriculum and resources
- Ask for ways to support learning at home and examples of your child's work
- Show your appreciation for the teacher's time and effort



#### **After the Conference:**

- · Discuss the conference with your child
- Highlight positive points and ways to improve
- Communicate any plans made with the teacher to your child
- Stay in touch with the teacher during the school year

## **Other Helpful Hints:**

- Double-check your appointment time and length of the meeting
- Maintain a positive attitude, recognizing that everyone is on the same team
- Acknowledge what is working well before concerns are brought forward
- Provide specific examples when explaining key points
- Listen carefully and be open to different perspectives
- Stay objective, focus on your child's needs, and steps forward
- While in-person sessions are the best way to collaborate with teachers, other options, such as phone meetings, can be arranged





## **Links and Resources:**

www.sd91.bc.ca > Student & Families > Parent Resources

SD91 DPAC Please contact your school principal for more infomation.

www.sd91.bc.ca

