



The Prowler

the news of the week

les nouvelles de la semaine

December 11, 2019

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 15

Hadi, Bonjour and Hello,

It's beginning to sound a lot like Christmas! Our halls are full of the sounds of our kids rehearsing for our 2019 Christmas Concert, "I Need a Little Christmas Vacation." Shows will be at 1:00 and 7:00 on Thursday, December 19th. Please mark your calendars. I encourage you to join us for the afternoon show if you can as our night show is even busier.

We are almost at the end of our SPIRIT OF HEALTHY KIDS challenge. **Please don't forget to send in your child's signed form.** We need those forms to submit them for our chance to be honoured with \$5,000 from the Prince George and Northern Health to support our proposal to enhance our Back Pack Program and our hampers for families who need a bit more.

As you may have heard, our community is in need of FOOD. The Kinettes are working on the Christmas Hampers and the donations this year are slim. Even our donations are not what they usually are. Let's help out – in 2 days!! On Thursday and Friday please send in as much non-perishable food items as you can. We can do it McLeod!

Please check out the info in this newsletter about the possibility of a Japanese teacher at McLeod starting in the Spring. We've had three Japanese teachers at our school in the past and it's always been a wonderful experience. We are looking for host families before we can take the next step to invite a teacher. Please let me know if you are interested in hosting for some or part of a year.

Thursday is the best day of the year. It's Pajama Day!!!

It is our goal to work together with you and the kids to help McLeod students USE THEIR HEADS AND THEIR HEARTS to be the children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. We are in this together!

Proud to be McLeod

Ms. L. Hart

Coming Soon:

Dec 12: PJ Day

Dec 19: Christmas Concert 1:00 and 7:00
(Students please arrive by 6:30)

Dec 20: Turkey Dinner

Dec 23 – Jan 3: Winter Break

NO SCHOOL

Jan 6: Back to school! Happy 2020!

NVSS Winter Concert - Dec 12 – NVSS

Gymnasium

Doors open at 6:30pm. Concert starts at 7pm.

Students need to be in the band room before 6:30pm in full concert dress.

Our Lost & Found is getting very full!

Please come and take a look to see if any of the items belong to your family 😊

I Need a ^{LITTLE} CHRISTMAS Vacation

An All-School Holiday Revue



By
Mac Huff and
John Jacobsen

Please join us for our
**McLeod Christmas
Concert 2019**
at 1:00 and 7:00 on
Thursday, December 19

When a photographer can't change a scene, he changes his angles and lens to capture the best of that scene. Similarly, when you can't change a situation in your life, change your perspective to get the best out of that situation.

Be a filter, not a sponge.



Thanks for remembering
this is a



**Peanut/Nut
Free School**



"As winter sets in we would just like to remind parents of Kindergarten, Grade one, and Grade two, that ride our school buses, that there must be someone at the bus stop to meet the students. We do not drop these students off if no one is there to meet them. We do this for the safety of these students. If parents would like these students dropped off without someone there to meet them, they need to contact the bus garage in their area."

Vanderhoof: 250-567-9618 ext. 1

If you would like to help save paper and be added to our Newsletter email list, please send your email address to

lbailey@sd91.bc.ca

***THE MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI) IS COMING TO YOUR SCHOOL IN
JANUARY/FEBRUARY!***

School District 91 has partnered with the Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional development, health, well-being, and assets through the Middle Year Development Instrument (MDI). The Middle Years Development Instrument (MDI) is a self-report questionnaire that asks children in middle childhood about their thoughts, feelings and experiences. The MDI is the first survey of its kind to gather information about the lives of children both in school, in the home and in the community, from their own perspective. The survey questions align with the BC Ministry of Education's K-12 curriculum, which includes a focus on promoting children's personal and social competencies.

Grade 4 & 7 students are invited to complete the MDI during class time between:
January 15th and February 21st, 2020.

For more information and to view the questionnaires:

<http://earlylearning.ubc.ca/mdi/>

Parent FAQs:

<http://earlylearning.ubc.ca/mdi/parent-guardian-resources/>



Check out our McLeod website

<http://wlm.sd91.bc.ca/>

If you don't want your child to participate please contact your child's teacher, fill out the withdrawal form at the end of the parent/guardian informed passive consent letter, or contact the MDI project staff at mdi@help.ubc.ca.

CONTACTING ME

Each year I ask me by text. I have send you all doing great things



parents to connect with great plans to be able pictures of your kids around the school.

Turns out, I need to carry my phone around more to get that done. ☺ That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.

Come check out the Nechako Figure Skating Club we perform our annual Christmas Show!

Sunday at 1:00

All of our skaters have been working hard at putting on a great show, and would love for you to come and check it out!

Following the show will be a Family Skate with Santa, so bring your skates, or borrow some from the arena!

We will also be hosting a silent auction with lots of great items as well as our popular cookie/treat trays!

Admission is by donation and we hope to see you there!



Let's all use our WITS at school

Please have all items you'd like to add to the newsletter to Mrs. Bailey by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email lbailey@sd91.bc.ca

Thank you

Important notice!



*If you are making new or alternate I for your child(ren), you **must** contact at **250-567-9618 ext. 1** before 1:30 the change.*

Due to buses being at full capacity, time, we are unable to accommo

Child Care in B.C. - Public Survey As

part of our on-going efforts to ensure Childcare BC is meeting the needs of families, you will be asked about your familiarity and experience with existing Childcare BC programs, how you find out about and secure child care, and your opinions on issues that may inform future programs and services.

Please visit sd91.bc.ca or the school website to find the link to the survey

We are thrilled to have an opportunity to welcome a volunteer Japanese “cultural ambassador in-residence” back to McLeod to introduce the culture, customs and language of Japan to our students. The program is a unique cross-cultural experience for McLeod that provides our students with first-hand exposure to the diversity of world cultures. Our possible Japanese teacher is Haruka.

The Opportunity

- International Internship Programs (IIP) is a Tokyo-based international exchange organization that has placed Asian teaching assistants in leading schools across Canada and the U.S for more than 30 years. To date, more than 3,000 schools have hosted a Japanese teaching assistant, enriching their students’ lives.
- Cross-Cultural Exchange: The program provides our students with a unique opportunity to gain firsthand cross-cultural experience, one that sparks a stronger connection with other countries and the world around us. Our Japanese cultural ambassador will volunteer her time, energy and expertise, support our staff, and enable our students to learn about Japan, Asia and ways of life different from their own.
- Timing: Haruka would arrive this coming April, travel during the summer, and return to us in the fall to volunteer through the following March.

Host Family

- In order to bring this wonderful opportunity back to our McLeod community, we need to identify one or more host families who would enjoy hosting our Japanese teaching assistant.
- Hosting creates a rich, memorable opportunity to experience cultural exchange within your home, learn about Japanese traditions, and make a lifelong friend in Japan.
- Haruka will contribute a stipend of \$400/mo. to her host family.

If we can find one or more host families, we can have Haruka enrich our students with the culture, customs and language of Japan and support our staff.

Please let Ms. Hart know if you are interested in this great experience.



Prince George Cougars Spirit of Healthy Kids School Program

We are one of only six schools in Northern BC who have been selected for a chance to win \$5000 to support families in our community.

Join the challenge!

Track your reading, physical activity, healthy choices, and giving back between December 2 and December 13.



COUGARS		SCHOOL SOUTH		northern health	
Spirit of Healthy Kids School Program and Student Activity Sheet					
NAME		DATE		AGE	
Activity	Points	Activity	Points	Activity	Points
Read a book for 15 minutes	10	Run for 15 minutes	10	Brush teeth	10
Read a book for 30 minutes	20	Run for 30 minutes	20	Brush teeth	20
Read a book for 45 minutes	30	Run for 45 minutes	30	Brush teeth	30
Read a book for 1 hour	40	Run for 1 hour	40	Brush teeth	40
Read a book for 1.5 hours	50	Run for 1.5 hours	50	Brush teeth	50
Read a book for 2 hours	60	Run for 2 hours	60	Brush teeth	60
Read a book for 2.5 hours	70	Run for 2.5 hours	70	Brush teeth	70
Read a book for 3 hours	80	Run for 3 hours	80	Brush teeth	80
Read a book for 3.5 hours	90	Run for 3.5 hours	90	Brush teeth	90
Read a book for 4 hours	100	Run for 4 hours	100	Brush teeth	100
Read a book for 4.5 hours	110	Run for 4.5 hours	110	Brush teeth	110
Read a book for 5 hours	120	Run for 5 hours	120	Brush teeth	120
Read a book for 5.5 hours	130	Run for 5.5 hours	130	Brush teeth	130
Read a book for 6 hours	140	Run for 6 hours	140	Brush teeth	140
Read a book for 6.5 hours	150	Run for 6.5 hours	150	Brush teeth	150
Read a book for 7 hours	160	Run for 7 hours	160	Brush teeth	160
Read a book for 7.5 hours	170	Run for 7.5 hours	170	Brush teeth	170
Read a book for 8 hours	180	Run for 8 hours	180	Brush teeth	180
Read a book for 8.5 hours	190	Run for 8.5 hours	190	Brush teeth	190
Read a book for 9 hours	200	Run for 9 hours	200	Brush teeth	200
Read a book for 9.5 hours	210	Run for 9.5 hours	210	Brush teeth	210
Read a book for 10 hours	220	Run for 10 hours	220	Brush teeth	220
Read a book for 10.5 hours	230	Run for 10.5 hours	230	Brush teeth	230
Read a book for 11 hours	240	Run for 11 hours	240	Brush teeth	240
Read a book for 11.5 hours	250	Run for 11.5 hours	250	Brush teeth	250
Read a book for 12 hours	260	Run for 12 hours	260	Brush teeth	260
Read a book for 12.5 hours	270	Run for 12.5 hours	270	Brush teeth	270
Read a book for 13 hours	280	Run for 13 hours	280	Brush teeth	280
Read a book for 13.5 hours	290	Run for 13.5 hours	290	Brush teeth	290
Read a book for 14 hours	300	Run for 14 hours	300	Brush teeth	300
Read a book for 14.5 hours	310	Run for 14.5 hours	310	Brush teeth	310
Read a book for 15 hours	320	Run for 15 hours	320	Brush teeth	320
Read a book for 15.5 hours	330	Run for 15.5 hours	330	Brush teeth	330
Read a book for 16 hours	340	Run for 16 hours	340	Brush teeth	340
Read a book for 16.5 hours	350	Run for 16.5 hours	350	Brush teeth	350
Read a book for 17 hours	360	Run for 17 hours	360	Brush teeth	360
Read a book for 17.5 hours	370	Run for 17.5 hours	370	Brush teeth	370
Read a book for 18 hours	380	Run for 18 hours	380	Brush teeth	380
Read a book for 18.5 hours	390	Run for 18.5 hours	390	Brush teeth	390
Read a book for 19 hours	400	Run for 19 hours	400	Brush teeth	400
Read a book for 19.5 hours	410	Run for 19.5 hours	410	Brush teeth	410
Read a book for 20 hours	420	Run for 20 hours	420	Brush teeth	420
Read a book for 20.5 hours	430	Run for 20.5 hours	430	Brush teeth	430
Read a book for 21 hours	440	Run for 21 hours	440	Brush teeth	440
Read a book for 21.5 hours	450	Run for 21.5 hours	450	Brush teeth	450
Read a book for 22 hours	460	Run for 22 hours	460	Brush teeth	460
Read a book for 22.5 hours	470	Run for 22.5 hours	470	Brush teeth	470
Read a book for 23 hours	480	Run for 23 hours	480	Brush teeth	480
Read a book for 23.5 hours	490	Run for 23.5 hours	490	Brush teeth	490
Read a book for 24 hours	500	Run for 24 hours	500	Brush teeth	500

How to Use This Book:

- You will get 10 points for every 15 minutes you read.
- You will get 20 points for every 30 minutes you read.
- You will get 30 points for every 45 minutes you read.
- You will get 40 points for every 1 hour you read.
- You will get 50 points for every 1.5 hours you read.
- You will get 60 points for every 2 hours you read.
- You will get 70 points for every 2.5 hours you read.
- You will get 80 points for every 3 hours you read.
- You will get 90 points for every 3.5 hours you read.
- You will get 100 points for every 4 hours you read.
- You will get 110 points for every 4.5 hours you read.
- You will get 120 points for every 5 hours you read.
- You will get 130 points for every 5.5 hours you read.
- You will get 140 points for every 6 hours you read.
- You will get 150 points for every 6.5 hours you read.
- You will get 160 points for every 7 hours you read.
- You will get 170 points for every 7.5 hours you read.
- You will get 180 points for every 8 hours you read.
- You will get 190 points for every 8.5 hours you read.
- You will get 200 points for every 9 hours you read.
- You will get 210 points for every 9.5 hours you read.
- You will get 220 points for every 10 hours you read.
- You will get 230 points for every 10.5 hours you read.
- You will get 240 points for every 11 hours you read.
- You will get 250 points for every 11.5 hours you read.
- You will get 260 points for every 12 hours you read.
- You will get 270 points for every 12.5 hours you read.
- You will get 280 points for every 13 hours you read.
- You will get 290 points for every 13.5 hours you read.
- You will get 300 points for every 14 hours you read.
- You will get 310 points for every 14.5 hours you read.
- You will get 320 points for every 15 hours you read.
- You will get 330 points for every 15.5 hours you read.
- You will get 340 points for every 16 hours you read.
- You will get 350 points for every 16.5 hours you read.
- You will get 360 points for every 17 hours you read.
- You will get 370 points for every 17.5 hours you read.
- You will get 380 points for every 18 hours you read.
- You will get 390 points for every 18.5 hours you read.
- You will get 400 points for every 19 hours you read.
- You will get 410 points for every 19.5 hours you read.
- You will get 420 points for every 20 hours you read.
- You will get 430 points for every 20.5 hours you read.
- You will get 440 points for every 21 hours you read.
- You will get 450 points for every 21.5 hours you read.
- You will get 460 points for every 22 hours you read.
- You will get 470 points for every 22.5 hours you read.
- You will get 480 points for every 23 hours you read.
- You will get 490 points for every 23.5 hours you read.
- You will get 500 points for every 24 hours you read.

Check off the healthy choices you make:

- I ate and drank healthy choices.
- I exercised for 15 minutes or more.
- I brushed my teeth for 2 minutes.
- I wore my seat belt.
- I wore my helmet.
- I wore my life jacket.
- I wore my fire extinguisher.
- I wore my first aid kit.
- I wore my fire escape.
- I wore my fire alarm.
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We are aiming for 100% participation.

Every student in our school can practice healthy habits and help us reach our goal.

Proud to be McLeod Christmas Concert... ★

December 19 - 1pm & 7pm ★

"I Need a Little Christmas Vacation"



**YES, I'd like to purchase a copy of the 2019 WL McLeod Christmas Concert
"I Need a Little Christmas Vacation".**

This year we will send a LINK via email for a digital copy of the concert (no DVDs).

\$5 per email address to send the link to.

Email: _____ (add more emails on the back) TOTAL \$ _____

Student: _____ Teacher: _____

Please include payment with this order form! Send money and form to school by Thursday, December 19. Links will be sent out before Christmas! This is a PAC Fundraiser. Thank you for your support!



DECEMBER 2019 MENU



Each meal is **5.00 (reg).** or **6.00 (lg).**

PLEASE PRE-ORDER AND PRE-PAY

*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal

Student's name _____ Teacher _____ \$ _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
2 Roast Beef  <i>*PAC Clara Clark Fundraiser DUE</i>	3 Salad Bar + Chowmein 	4 Crepes 	5 Salad Bar + Beef Vegetable Soup 	6 Salad Bar + Sloppy Joes 
9 Meatloaf 	10 Salad Bar + Frittata 	11 French Toast 	12 Salad Bar + Pizza Rolls  <i>Pajama Day</i> 	13 Salad Bar + Chili  <i>2:00 ❤️ Heart Groups</i>
16 Chicken Strips 	17 Salad Bar + Pierogi Casserole 	18 Sausage & Eggs 	19 Salad Bar + Spaghetti  Christmas Concert (1:00pm & 7:00pm)	20 <i>*Free</i> Turkey Dinner <i>Thank you PAC!</i> 
23  School Not in Session 	24  School Not in Session 	25  Christmas Day 	26  School Not in Session 	27  School Not in Session 
30  School Not in Session 	31  School Not in Session 	1  New Year's Day Happy New Year! 	2  School Not in Session 	3  School Not in Session 