



The Prowler

the news of the week
les nouvelles de la semaine



We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

November 22, 2023

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 12

Hadi, Bonjour and Hello,

Yesterday we had a visit from Science World. Our primary students learned more about water and our grade 4 to 6 students had a presentation called Earth, Wind and Science. It was all so much fun, and we learned lots.

Just a heads up that we will be starting a Food Drive to support the Vanderhoof Kin Club Santa's Anonymous hampers for 2023. We will collect non-perishable items between November 27 and December 8. Thank you!

Don't forget that the PAC sponsored McLeod Christmas Craft Fair is on Saturday, December 2nd. We need your help. Please see the info in this newsletter and call the school to sign up for a time to help out.

This Friday is a Pro-d Day and there will be no school for students.

Remember, our theme this year is "An attitude of GRATITUDE." It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod
Ms. L. Hart

COMING SOON:

Nov 24: Pro-D Day - **NO SCHOOL for Students**

Dec 1: Learning Updates Go Home

Dec 15: Turkey Dinner (at lunch)

Dec 19: Christmas Concert

Dec 20: Christmas Concert

Dec 22: Last day of school for 2023

Dec 25 - Jan 5: **WINTER BREAK**

Jan 8: Welcome Back

WE NEED YOUR HELP!!

Our McLeod PAC is hosting the McLeod Christmas Craft Fair again. This is a HUGE event and we will need lots of help. The Fair is on Saturday, December 2, 2023. We will be establishing a student Christmas Craft Fair Committee to help with decorations, set-up, event day and clean-up but we also need much more adult too. Please contact PAC (wlmcleod.pac@gmail.com) or Facebook page) or the school to sign up to help as much as you can:

- December 1 (1:00-3:00) - set-up
- December 1 (1:00 start) - concession prep
- December 1 (7:00-9:00 pm) – vendor set-up support
- December 2 (7:00-9:00 am) – vendor set-up support
- December 2 (9:30-3:30 – any amount of time is appreciated) – event and concession support
- December 2 (3:30-5:00) – clean-up

Please be part of this McLeod team!

We are trying to be kind to our earth and reduce the amount of paper we use at school. We will send out the front page of the newsletter and the Hot Lunch Menu in a hard copy, but the rest of the newsletter will be sent electronically. Please call the office to get your name on our newsletter e-mail list, or, try out our new QR code to the newsletter!





DECEMBER 2023 MENU



Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month.

Please Pre-Order and Pre-pay

Student's Name: _____ **Teacher:** _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
* Please note: Our kitchen is not fully vegetarian or Gluten free* *(V) indicates vegetarian option is available if pre-requested*				1 Chow Mien  Learning Updates and Core Competency Self-Assessments HOME
4 Pork Roast and Potatoes 	5 Pancakes (V) 	6 Beef Stew 	7 Roasted Chicken and Fried Rice with Salad Bar 	8 Bacon Alfredo 
11 Taco Casserole 	12 Sausage and Eggs (V) 	13 Pulled Pork 	14 Ham and Potato Soup with Salad Bar  Pajama Day	15 Turkey Dinner For everyone (hosted by PAC) 
18 Perogy Casserole (V) 	19 French Toast (V)  CHRISTMAS CONCERT	20 Ham and Cheese Bun  CHRISTMAS CONCERT	21 Spaghetti and Salad Bar (V) 	22 Chicken Caesar Wrap 
25 Winter Break "Happy Holidays" 	26 Winter Break "Happy Holidays" 	27 Winter Break "Happy Holidays" 	28 Winter Break "Happy Holidays" 	29 Winter Break "Happy Holidays" 

More McLeod News



McLeod 2023 Christmas Concert



Visit our store to help our school while you get your favorite magazine subscriptions (print or digital). There's something for everyone!



**Fundraiser ends
November 17, 2023**

**OUR OWN ONLINE
FUNDRAISING STORE
IS OPEN**

It's loaded with 100+ Magazines, including top titles for children and adults alike.

Go to: shop.qsp.ca

We are so happy to be bring our annual Christmas Concert back to our stage this year. We will be performing in the afternoon Tuesday, December 19 and Wednesday, December 20.

Seating will be limited and families will only be able to attend ONE performance. We will share more information about audience attendance in upcoming newsletters.

**How do you solve
a problem?**

**Use your
WITS!**





**Walk Away
Ignore
Talk it Out
Seek Help**

www.witsprogram.ca



Let's all use our WITS at home and at school

Holiday Care

Connexus Community Resources
Counselling and support programming for children, youth, and families.
Ph. 250-567-9205

Carrier Sekani Family Services
Holistic health and wellness services for Carrier and Sekani people, including youth services and maternal child health.
Ph. 250-567-2900

Neighbourlink
Food bank and Wednesday hot lunches
Ph. 250-567-9007 to register for food bank or to call for emergency food

Kids Help Phone
Ph. 1-800-668-6868 (toll free)
Txt. Kids text WELLNESS to 686868
Available 24hrs/day to Canadians aged 5 to 29. Confidential and anonymous care from professional counsellors.

Wellness Together Canada: Mental Health and Substance Use Support
Get connected to mental health and substance use support, resources, and counselling with a mental health professional.
Ph. 1-866-585-0445 to speak with a Program Navigator
Txt. Adults text WELLNESS to 741741
Web. <https://ca.portal.gs/#>
Available 24/7 to everyone.

Hope for Wellness Help Line
1-855-242-3310 (toll free)
Available to all Indigenous people who need immediate crisis intervention.
Telephone and online counselling.

Community News

SCHOOL DISTRICT 91
SQUAMISH LAKES

Proposed Policy Updates

The School District 91 Policy Committee is currently working on updates to [Policy 604.1 – Digital Technology, Consent and Privacy](#).

If adopted, this new Policy 604.1 will replace the following existing policies:

- * 502.6 – Use of Cell Phones and Digital Devices
- * 604.1 – Digital Technology
- * 604.2 – Student Photograph/Video/Audio and Media Consent
- * 604.4 – District Technology and Network Access

Members of the public are welcome to review and encouraged to provide feedback prior to 4:30 p.m. on Tuesday, January 9th [here](#) or on the 'Policies and Regulations' page at www.sd91.bc.ca.

SCHOOL DISTRICT 91
SQUAMISH LAKES

Superintendent's Report to the Board

Superintendent Karla Mitchell presented her monthly report at the Regular School Board Meeting on November 13, 2023.

You may find it under the Latest News heading at www.sd91.bc.ca.



2024 Nechako Nordics Ski Program

The objective of The Jackrabbit Program is for children (ages 4-12) to learn basic cross country ski skills and to instill a lifelong interest in the sport, thereby enhancing their quality of life and health!

REGISTRATION for The Jackrabbit Program can be made online at:

<https://zone4.ca/register.asp?id=32959&lan=1&cartlevel=1>

Lessons start January 6th (January 13th for Bunnies) and run on Tuesday evenings from 6:00-7:30pm and Saturdays from 10:00am-12:00pm.

To avoid being disappointed please register as soon as possible as space is limited!!!

For more information, please visit our Facebook page at:

<https://www.facebook.com/groups/1302526809779153>, our Webpage at:
<https://nechakonsc.weebly.com/>

For any other questions please reach out to Steph Roller or Sammy Morin at:

svonroller@gmail.com samantha.morin.message@gmail.com

Looking forward to seeing everyone out on the trails!



SANTA CLAUS IS COMING TO TOWN!

November 25, December 9, & 16, 2023
11:00 am – 4:00 PM

December 2 (Parade of Lights)
3:00pm – 6:30pm, 8:00pm – 9:00pm

At the Co-op Mall (188 E Stewart St)

Free to anyone who would like to come visit with santa and get/take pictures.

Sponsored by
Four Rivers Co-operative
B & K Fawcett

The Vanderhoof Chamber of Commerce presents

Merry Madness

Saturday December 2nd

Parade of Lights
Dec. 2nd 7pm

Scavenger Hunt
Dec. 2nd
(Check out our facebook page for details)

12 Hours of Specials
from 10 am to 10 pm
Dec. 2nd

Free Pics with Santa
At the Coop Mall
Nov 25, Dec 9th & Dec 16th
11am to 4 pm
Dec 2nd
3pm-6:30pm 8pm - 9 pm

Best Decorated Store
Dec 11th - 16th
(Post a pic on our facebook page)

Dec. 2nd
McLoed School Christmas Craft Sale
9:30-3:30
Madness Bazaar
Friendship Centre 9:30-4:30

Elf on the Shelf
Dec 1 - 12
(Check out our facebook for clues)

Vanderhoof Chamber of Commerce
Connecting Business and Community