



The Prowler

the news of the week
les nouvelles de la semaine



February 2, 2022

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 20

Hadi, Bonjour and Hello,

Happy February! We love this month as we get to talk about kindness and caring lots!

It sounds like the first group of intermediate skiers had a great day at Murray Ridge on Friday. Our other group heads out this Friday and we hope they enjoy the day as well. We are proud of so many McLeod students who are trying new and hard things!

I am very proud to share some data with you in the next few newsletters. It's information from the grade 4 Foundation Skills Assessments (FSA). This week I am sharing the trends over time for Reading. Have a look at the chart in this newsletter and you will see that our grade 4 students are performing on par or above the averages in the District and the province. This is especially impressive as almost every grade 4 student at McLeod writes these assessments. We truly believe that with the right supports and understanding of unique learning needs we can help each of our students experience success. Way to go McLeod students and staff! You are incredible in so many ways!

Please don't forget to keep your kids home if they are sick (do the Daily Health Check) and encourage them to keep wearing the mask properly and to wash their hands lots. Thank you!!

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

COMING SOON:

Feb 4—Murray Ridge Ski Day
Feb 11—Pro D-day
Feb 14- Red Day—Valentines Day
Feb 21—Family Day (No School)
Feb 23— Pink Shirt Day



Notes on Numbers

Your child is probably already familiar with the concept of guessing. Explain that estimating is similar, but that the goal is to make educated guesses that are as accurate as possible. Learning how to estimate effectively will let you save time and energy in situations where an exact number is unnecessary.



Babysitters Training

Friday, February 11, 2022
(Pro-D Day)

9:00am - 3:00pm

\$80

Vanderhoof Campus

C 250 567 3200

E nechako@cnc.bc.ca



Kids in the Know Education Program for Grade 6's

We are pleased to announce that W.L. McLeod Elementary is offering the Kids in the Know Education program www.kidsintheknow.ca to grade six students to teach online personal safety strategies. Lessons on child personal safety are divided equally throughout the program to provide children with the tools to help them to respond to dangerous or threatening situations. The program is starting Wednesday February 01, 2022. Please watch for Kids in the Know consent letters sent home with our grade six learners today.

BAKE SALE

February 8th @ Lunch

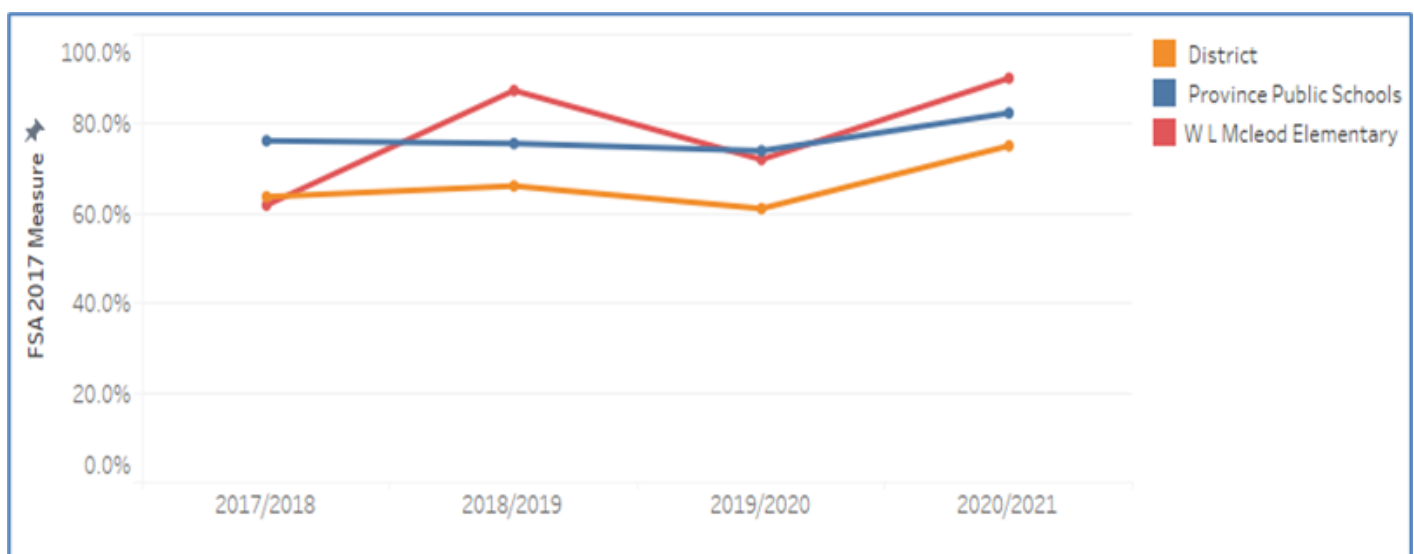
All money raised goes towards a class field trip for Mrs. Marks/Mrs. Loewen's class

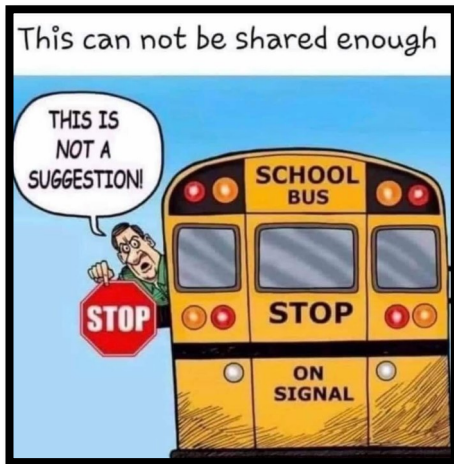
Items will be .50 or 1\$



Check out our McLeod website
<http://wlm.sd91.bc.ca/>

Grade 4 FSA—Students On Track or Extending Learning in Reading





Let's all use our
WITS at home and
at school



YMCA After School Care

YMCA school age care is your child's home away from home where children will **become connected to their community** with a **true sense of belonging** in a safe and fun, values-based environment.

We serve students from:

- WL McLeod Elementary •
- Sinkut View Elementary •
- Evelyn Dickson Elementary •
- Mapes Elementary •
- Independent and home-based schools •

Our **caring and enthusiastic staff** will ensure that your child is transported safely from WL McLeod to our program each day where children will **engage in active, healthy activities**, including **healthy snacks, physical activity, homework help, and daily outdoor play**.

Ensure your child
excels after the bell.

Register today at
nbc.ymca.ca



Aboriginal Education Newsletter

Vol 2 - Issue 6 - February 2022

Student Role Models for January



Jaime — Gr. 12

Lake Babine Nation

"Jamie has overcome a lot of obstacle this year and still smiles. She has been doing her last lessons for her last year with us."



Nicholas— Gr. 9

Stellat'en First Nation

"Nicholas is always keen on staying late after school and class to complete work. He is not afraid to ask question or for help from support staff and the teacher. He is always calm, courteous and kind."



Marian— Gr. 12

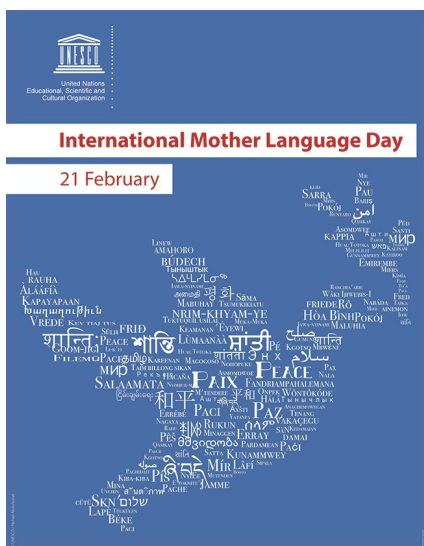
Nak'azdli Whut'en

"Marian works hard in school and out in the community. She throws herself into everything she does and displays a lot of integrity. She is a pleasant person. Marian is exception-

Did you know?

That February 21 is International Mother Language Day? This day recognizes and celebrated languages and multilingualism. "UNESCO (United Nations Educational, Scientific and Cultural Organization) believes education, based on the first language or mother tongue, must begin from the early years as early childhood care and education is the foundation of learning.

This year's observance is a call on policymakers, educators and teachers, parents and families to scale up their commitment to multilingual education, and inclusion in education to advance education recovery in the context of COVID-19. For more information visit <https://www.un.org/en/observances/mother-language-day>



BC's Mother Languages

There are approximately 200,000 Indigenous people in BC, 198 distinct First Nations and more than 30 different Indigenous languages with about 60 dialects.

"Language is a powerful, potent marker of identity and culture. Think about the emotional resonance of the term "mother tongue"—the languages we grow up with are our kin, nourishment and birthright. BC is one of the planet's most linguistically diverse regions. From a global perspective, it's known as a linguistic "hotspot" because of the diversity and vitality of the First Nations languages in BC ." - [roy-albcmuseum.ca](http://roy.albcmuseum.ca)



First Voices

First Voices is an online space for Indigenous communities to share and promote language, oral culture and linguistic history. Explore languages [here](#) or look on our [SD91 Aboriginal Education Website](#) for our local dialects.





BC Language Map—Within the boundaries of SD91 we have the Dakelh, Nedut'en, Wet'suwet'en and Tse'khene Language groups.



Helpful Resources and Links

- [First Peoples Map of BC—Interactive](#)
- [UBC Aboriginal Maps and Mapping](#)
- [BC Chinook Jargon](#)
- [Indigenous Languages in Canada—The Canadian Encyclopedia](#)
- [Indigenous Languages in British Columbia—hello BC](#)
- [Our Living Languages: First Peoples' Voices in BC Royal BC Museum](#)

PDF

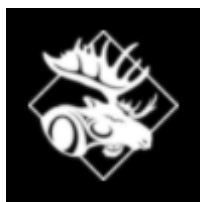
- [UBC First Nations Languages of British Columbia](#)

Notice: Moose Hide Campaign

Standing Up Against Violence Towards Women and Children Date Postponed

This years Moose Hide Campaign has been postponed from February 10 to May 12, 2022

For more information, to register or make your pledge please visit <https://moosehidecampaign.ca/>



Practice these in your classroom!

Please note: I am a language learner and these are phonetic and correct to the best of my knowledge. I encourage you to inquire about local dialects with your AbEd staff.

Greetings in Dakelh and Nedut'en

Dakelh – Nak'azdli Dialect

Me: Hadl, soo' Int'oh? (Hi, how are you?)
 You: 'A soo'ust'oh. Nyin do? (Yes, I am fine. And you?)
 Me: 'A soo'ust'oh. Nanustenla. (Yes, I am fine. See you again)
 You: Nanustenla. (See you again.)

Nedut'en

Me: Hadeeh', soh'indzun? (Hi, how are you?)
 You: Ma' soh'usdsun. Nyin c'o? (Yes, I am fine. And you?)
 Me: Ma' soh'usdsun. Nenustentles. (Yes, I am fine. See you again)
 You: Nenustentles. (See you again.)

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

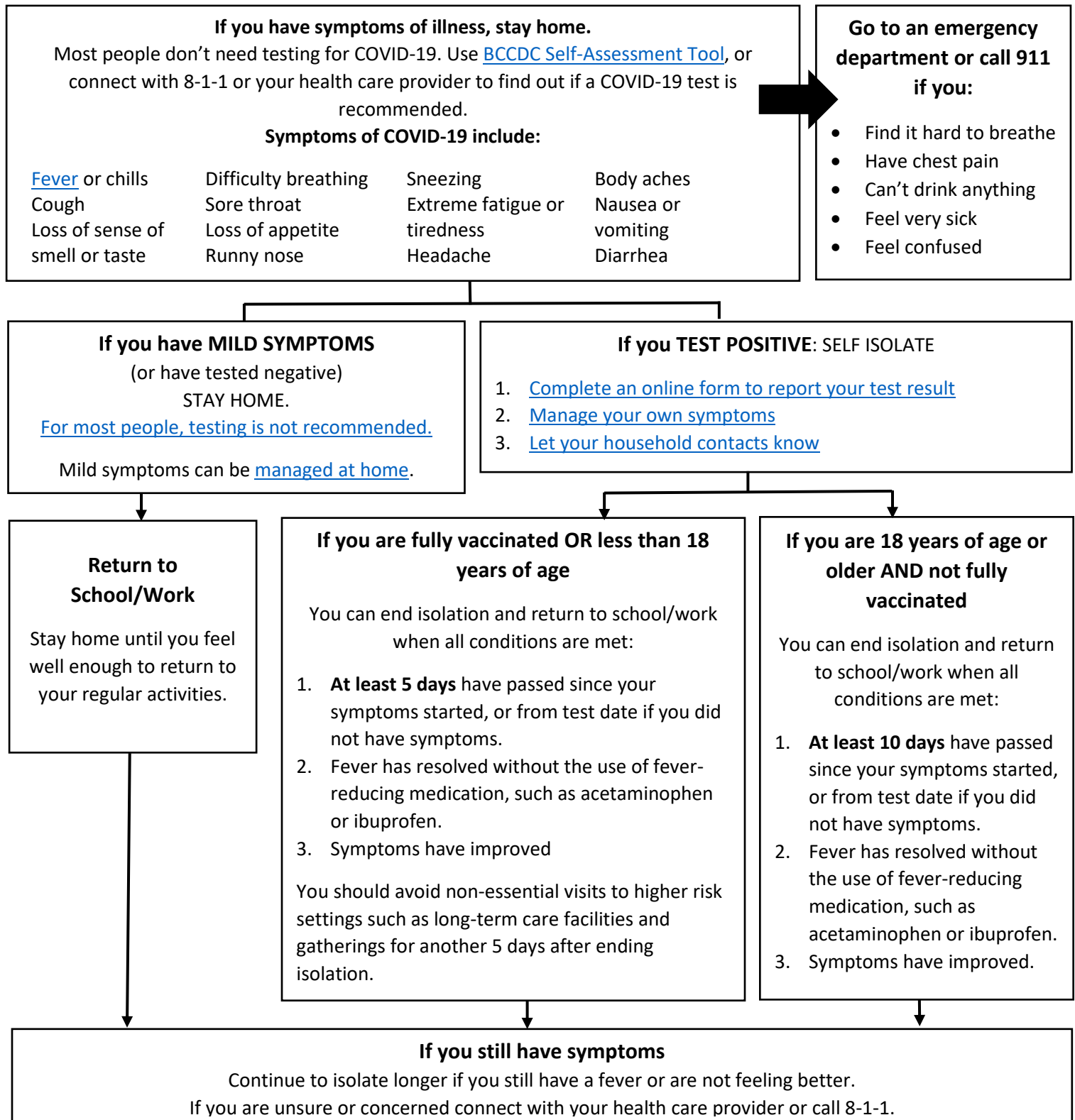
Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)



FEBRUARY 2022 MENU



Each meal is \$5.00 (reg). or \$6.00 (lg)

Please Pre-Order and Pre-pay

Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of 4.50/meal

Student's Name: _____

Teacher: _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage & Eggs 	2 Lasagna 	3 Pork Roast 	4 Philipino Pork Steak  <i>Murray Ridge Ski Trip #2</i>
7 Chicken Strips 	8 Crepes 	9 Pizza Bagel 	10 Chili 	11 PRO-D Day 
14 Meatball Subs  <i>Red/Pink Day</i> 6:00pm PAC Meeting	15 Pancakes & Sausages 	16 Snack Plate 	17 Caramel Chicken 	18 Mac & Cheese 
21  <i>(No School)</i>	22 French Toast 	23 Perogy Casserole <i>Pink Shirt Day</i> 	24 Cheeseburgers 	25 Chicken Caesar Wrap 
28 Chicken Chowmein 				