



The Prowler

the news of the week

les nouvelles de la semaine

Sept 11, 2019

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 02

Hadi, Bonjour and Hello,

Remember, this year our theme is USING OUR HEADS AND OUR HEARTS. On Friday we heard the beginning of a book called "Riley the Brave." Riley is going to help us learn how to make strong, kind and caring choices in our lives.

This Thursday, September 12th from 6:00 to 7:30 is our Annual Open House Ice Cream Social. After visiting the classroom, we invite you and your family to our gym where you can all enjoy an ice cream sundae and meet other McLeod families. We'd like to thank our PAC for hosting this event. If you can offer a bit of extra assistance to help us serve ice cream please let me know as soon as possible. At 7:00 our PAC will be having their first meeting of the year in our staff room. We invite all parents to come out and join us. The more the merrier – we laugh lots at our PAC meetings! ☺

If you haven't done so already please return the Technology Policy and Permission and the Registration Verification Form as soon as possible. The verification form is especially important so we always have the info we need to get in touch with parents, guardians or emergency contacts. It is SO essential that we have the most current information.

Grade 5 and 6 band will be starting this week. I have met with our band students and will take them over to the high school for their first session. Our Cross Country Team will also start practices this week. Students in grade 2 to 6 should see Mrs. Nemethy if they wish to join but missed the first meeting. If you have any question about band or Cross Country please give me a call.

Friday is Fun Day. We hope it's a beautiful Fall day and we will try to spend the morning outside if possible so please ensure kids are dressed for whatever the weather may bring.

It is our goal to work together with you and the kids to help McLeod students USE THEIR HEADS AND THEIR HEARTS to be the children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. We are in this together!

Proud to be McLeod
Ms. L. Hart



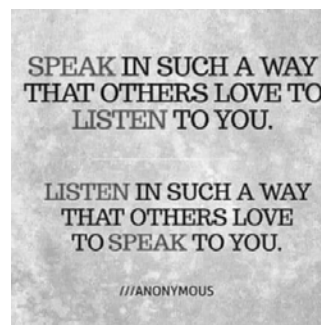
Check out our McLeod website

<http://wlme.sd91.scholantischools.com/>

NEW!

Our school website has been moved to a new platform, please use this new website address!

We are updating the information to make it accurate for you ☺



Please have all items you'd like to add to the newsletter to Mrs. Bailey by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email lbailey@sd91.bc.ca

Thank you



CONTACTING ME

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. ☺ That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.



Thanks for remembering
this is a



Peanut/Nut
Free School

Important notice!



*If you are making new or alternate bus arrangements for your child(ren), you **must** contact the bus garage at **250-567-9618, ext.1** before 1:30pm on the day of the change.*

*Our buses are full to capacity and **we do not** allow courtesy Riders under any circumstances!*



Let's all use our WITS at home and at school

Kids in the Kitchen

Ages 8-11

Wednesdays 3:00-4:30

Starting: September 18-October 23rd

Parents/guardians must drop off and pick up

Register by calling: Annette Fergusson (250)

567-9205 or emailing: afergusson@nvcss.ca

Space is limited!

COST: FREE

2019-20 Bell Schedule

8:50 a.m.	Invitation Bell
8:55 a.m.	Classes begin
10:40 a.m.	Recess
10:55 a.m.	Recess ends
12:15 a.m.	Lunch
12:30 p.m.	Outside time
1:03 p.m.	Invitation Bell
1:08 p.m.	Classes begin
2:56 p.m.	Dismissal



Volunteers Needed!

We are looking for one or two volunteers to help one day with our recycling this year. Please contact Ms. Hart or Mrs. Bailey if you are interested

LEGO CLUB

3:15 - 4:15 pm

Wednesdays:

Sept 18

Oct 2 + 16 + 30

Nov 13 + 27

Dec 18



Preschoolers must be accompanied by an adult.



A fun drop-in program



Nechako Figure Skating Club is now taking registrations for their Canskate and StarSkate programs. Canskate participants must be 3 years old by December 31/19.

Please see our online registration for more information.

<https://nechakofsc.uplifterinc.com/registration/>

"Beyond the Book"

Girls Book Club

3:15 to 4:30 pm

THURSDAYS:

October 10

November 7

December 5

January 9



Ages 8 & 9



Register Now

Terry Fox Challenge



Our school Terry Fox run will take place on Thursday September 26th at 2:00 pm. In order to prepare for it our students and staff will be walking/running for

DPA in the mornings. Classes will track the total kilometers completed. Our goal is to complete Terry Fox's journey across Canada, a total of 3902 km. As well, we have set a goal of fund raising \$600. The

top primary and intermediate classes for number of kilometers completed will have the opportunity to duct tape Mrs. Hart and Mrs. Nemethy to the gym wall if our school raises \$600. Students can start bringing in their donations as we will be tracking the

money raised on our large thermometer on our

Terry Fox bulletin board in the hallway by the kitchen. Please make sure your children make it to school in time for DPA as every kilometer counts

toward reaching our goals.

Coming Soon:

Sept 12: Ice Cream Social (6 - 7:30 PM)

Sept 12: PAC Meeting (7:00 PM)

Sept 18: Picture Day

Sept 19: Crazy Hair Day

Sept 20: District Planning Day -

NO SCHOOL

Sept 23: Board Meeting (SBO 6:00 PM)

Sept 26: Terry Fox Run

Sept 30: Orange Shirt Day

Oct 4: Ultimate Frisbee

**Vanderhoof Clippers
Speed Skating Club Registration
2019-2020 Season**



For beginner to advanced skaters from age 4 to adult.

Children must turn 4 on or before June 30th 2019 to participate.

Registration forms can be found online at www.vcssc.ca

For more information, contact our registrar at
vanderhoofspeedskating@gmail.com

Early registration discount available until September 8!



Cross country running club has begun for grades 2 to 6. Practices are on Tuesdays and Thursdays from 12:20 to 12:50. Your child may have signed up. Those that have need to have proper outdoor shoes to run outside. They are training for our District Elementary run which will take place on October 11th at the NVSA grounds. If you have any questions, please contact Mrs. Nemethy at the school.

Parents and guardians, School District 91 and McLeod Elementary School would like you to know that Toni Dagenais, one of our district counsellors, is working in our school on Mondays and Tuesdays.

Toni Dagenais will be working alongside staff and students in the school in a variety of ways. These may include helping to facilitate programs in the classroom, working with small groups on topics such as dealing with anxiety, building healthy relationships, etc. as it is suitable to a specific child, as well as some individual counselling. If you have any questions or concerns or would like your child to be able to access support through our school counsellor, please contact Mrs. Libby Hart, 250-567-2267.

In addition, if you are looking for longer-term individual support for your child, please contact the appropriate community agency(s) below:

Nechako Valley Community Services
Phone: 250-567-9205 (Vanderhoof and Fraser Lake)
Phone: 250-996-7645 (Fort St. James)

Carrier Sekani Family Services
Phone: 250-692-2387 (Burns Lake)
Phone: 250-567-2900 (Vanderhoof & Fraser Lake)
Phone: 250-996-7640 (Fort St. James)

"Double Digits" Girls Book Club

3:15 to 4:30 pm

THURSDAYS:

October 24
November 21
December 19
January 23

Ages 10-12



A message from the Nechako Valley Arts Council!

An open invitation to everyone - student, child, youth, and adult to enter some artwork into our very first anonymous art show! to showcase our local and budding and established artists and let everyone have a chance to have a piece in a gallery show! meet artists and raise awareness for the arts!

If you have any questions please call at 250-567-5249

Just for Girls Group for Grade 6 Girls



A group supporting girls to:

- *develop self-esteem
- *understand body awareness
- *create safe, healthy friendships
- *learn skills to manage stress

Tuesdays 3:30-5:00pm
Sept. 24 – Dec. 13, 2018

Preregister by: Sept. 20, 2019
Space is limited.

Contact: Rachel Pritchard 250-567-9205

Just for Girls is a group program that addresses the silencing of girls' voices in adolescence and the subsequent social and health risks that this causes.



**Nechako Valley Community
Services Society**

Welcome to McLeod!

McLeod Families are invited on
Thursday, September 12

**Open House +
Ice Cream Social**
6:00-7:30pm

PAC Meeting
7:00pm

Call 250-567-2267 for more
information or go to Facebook:
www.facebook.com/WLMPAC



Jr. NBA YOUTH BASKETBALL 2019-2020

Vanderhoof Youth Basketball Association
JOIN TODAY!!!!



Jr. NBA Youth Basketball is a National youth basketball program designed to develop fundamental skills, sportsmanship and a love for the game of basketball. The league is designed primarily for boys and girls ages 5-12.

Age Group	Practice/Game Time	Registration Fee
Grade K/1	45 min practice once per week	\$75
Grade 2/3	45 min practice & Friday game(s)	\$85
Grade 4/5	60 min practice & Friday game(s)	\$90
Grade 6/7	75 min practice & Friday game(s)	\$95

For families registering more than 2 children, the fee for the 3rd and subsequent children will be \$55

Each player will receive a jersey, a new basketball, drawstring bag, certificate, poster, provincial and national membership, and liability insurance.

HOW TO REGISTER:

You can register and pay at Westech Diesel - **PAYMENT IN CASH OR CHEQUE ONLY!** They are located at 1450 Hwy 16 E (beside the garbage dump road). You can also obtain forms at the local school offices and via email by contacting Melissa Albertson at thepinecottage2010@gmail.com .

DEADLINE:

Last day to register is **Saturday October 5th, 2019 at 1:00pm in person at Westech Diesel**. Post-dated cheques made out to "Vanderhoof Youth Basketball Association" will be accepted by mail.

*****There will be a \$10 late registration fee per family after October 5th *****

WHEN DOES PRACTICE START?

The 14 week season will begin with first practice the week of Tuesday October 15st, 2019 and ending with the final game night on February 7, 2020. Dates are subject to change and vary based on holidays, school functions, and gymnasium bookings.

WHEN DO I FIND OUT WHAT TEAM MY CHILD IS ON?

As registration fills, we assign teams based on the number of applicants and try hard to accommodate preferred days. The coach will contact you via email by October 10th. After teams are assigned, no switching is allowed unless approved by the Association.

WHEN ARE THE GAMES?

Scheduled Friday games will begin November 8th for grades 2 – 7.

For more information, please contact Melissa Albertson at thepinecottage2010@gmail.com, call 250 567-7444, or visit our Facebook page – Vanderhoof Youth Basketball Association (Jr. NBA Youth Basketball).

***** (Please write player's name(s) on front of the cheque. Make cheques payable to Vanderhoof Youth Basketball Association).**

Paid by: ☐ Cheque ☐ Cash

Cheques & registration can be mailed before October 2nd to:

Vanderhoof Youth Basketball
c/o Melissa Albertson - Registrar
PO Box 673
Vanderhoof, BC V0J 3A0

*****THERE IS A LIMITED NUMBER OF TEAMS, REGISTER EARLY TO AVOID DISAPPOINTMENT*****



Jr. NBA Youth Basketball 2019-2020
Vanderhoof Youth Basketball Association
Registration Form



PLAYER INFORMATION

Name: _____ Phone: _____

Address: _____
Mailing Address City Postal Code

School: _____
Name Grade Birthday (mm/dd/yy)

Gender: ☐ Male ☐ Female

Shirt size: YXS / YS / YM / YL / AS

PARENT / GUARDIAN INFORMATION

Name: _____ Phone: _____
Home Cell

Email: _____

EMERGENCY CONTACT INFORMATION

Name: _____ Phone: _____
Home Cell

Relationship to Player: _____

MEDICAL INFORMATION

Care Card #: _____ Doctor: _____

Does the player have any health/medical issues that would interfere with his/her participation in this sport?

☐ Yes ☐ No ** If yes, please provide details:

PARENTAL CONSENT & INDEMNITY AGREEMENT

(Players will not be assigned to a team unless signed and dated.)

I consent to and assume all risks and hazards of and incidental to the participation of the above-named boy or girl in the activities of Vanderhoof Youth Basketball Association and agree to indemnify the said Association and its officers, servants or agents nominated or appointed by or on its behalf against all loss from any claim hereafter made against it, them or any of them by or on behalf of the said boy or girl and arising directly or indirectly from such participation.

Signature of Parent or Guardian _____
Print name Date: _____

VOLUNTEER OPPORTUNITIES

I, _____ am willing to volunteer to assist with: _____
(coaching, team manager, scheduling, administration, gym supervision, etc.)

PAYMENT INFORMATION

Division: *(Please check off)*

☐ K/1 Mixed	\$70.00
☐ 2/3 Mixed	\$80.00
☐ 4/5 Mixed	\$85.00
☐ 6/7 Mixed	\$90.00

My child CAN NOT attend practices on the following nights:

Monday Tuesday Wednesday Thursday

Preferred practice night: _____

Additional notes: _____

For families registering more than 2 children, the fee for the 3rd and subsequent child will be \$50.00.



SEPTEMBER 2019 MENU

Each meal is 5.00 (reg). or 6.00 (lg).

PLEASE PRE-ORDER AND PRE-PAY



***Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal**

Student's name _____ **Teacher** _____ **\$** _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
	3 WELCOME BACK! 1/2 Day (a.m. only) 	4 Sausage & Eggs 	5 Salad Bar + Meatloaf 	6 Salad Bar + Mac & Cheese 
9 Spaghetti 	10 Salad Bar + Chicken Strips 	11 Crepes 	12 Salad Bar + Turkey 6:00-7:30 Ice Cream Social and Open House 7:00 PAC Meeting	13 Salad Bar + Sloppy Joes  FALL FUN DAY
16 Taco Salad 	17 Salad Bar + Lasagna 	18 French Toast 	19 Salad Bar + Quesadilla CRAZY HAIR DAY	20 DISTRICT PLANNING DAY (No School) 
23 Pizza Buns 	24 Salad Bar + Perogy Casserole 	25 Pancakes 	26 Salad Bar + Sliders  TERRY FOX RUN	27 Salad Bar + Grilled Cheese & Soup 
30 Chili  ORANGE SHIRT DAY				