



The Prowler

the news of the week

les nouvelles de la semaine

Sept 4, 2019

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 01

Hadi, Bonjour and Hello,

Welcome back! I hope your summer was full of joy. 😊

It was such a good day today and it was so wonderful to see everyone. I'd like to say a special welcome to our new students and families including our all our new Kindergarten students.

We have a few new staff members in our McLeod family. First of all, I am so happy to announce that Mrs. Candace Lawrence is our new McLeod vice-principal. I know she excited to get to know many of you even better. We are also excited to welcome Ms. Alisa Kuoppala in grade 5/6 and Ms. Lynette Hancock in grade 3/4. And welcome back to M Matthew Reimer in grade 5/6 French Immersion. We missed you last year!

We are also very lucky that Mme Nathalie Caron is teaching our grade 1/2/3 French Immersion class this year. Mme Caron was part of our Support Staff team for 9 years and knows our McLeod French Immersion learners very well. Just a note for our French Immersion families, I wanted to make you aware that NVSS is not running a full-time grade 7/8 French Immersion program this year. Unfortunately, they were unable to hire a French teacher for the 2019-2020 school year. Please feel free to come to talk to me if you have any questions about this.

There is nothing more important to us then keeping our McLeod family safe. For this reason, McLeod will be a **NUT FREE** school again this year. As a school, we share so many things including gym equipment, water fountains, stair railings and so much more and it is essential that we do our best to keep our students and staff with life-threatening allergies as safe as possible. **No peanuts, brazil nuts or hazelnuts (ie – Nutella) will be permitted in our building.** If a student brings any food to school containing these ingredients the item will be returned home to you. We are also working with Public Health to ensure our staff are trained in the necessary procedures in the event of an anaphylactic reaction. THANK YOU for your kindness and caring as we look after our kids and adults.

Each year we have a theme that we work on for the year. In the past it has been BELIEVE, TOGETHER, GROW and SHOW and last year we worked on POLITE, POSITIVE and PROUD. This year we will be learning how to USE OUR HEADS AND OUR HEARTS.

Thursday, September 12th from 6:00 to 7:30 is our 5th Annual Open House Ice Cream Social. After visiting the classroom, we invite you and your family to our gym where you can all enjoy an ice cream sundae and meet other McLeod families. We'd like to thank our PAC for hosting this event. If you can offer a bit of extra assistance to help us serve ice cream, please let me know as soon as possible. At 7:00 our PAC will be having their first meeting of the year in our staff room. We invite all parents to come out and join us.

This newsletter includes LOTS of information and we hope you will take the time to check it all out. Please have a look at our Technology Policy and Permission, a brochure about the SD91 Violence Threat/Risk Assessment: Fair Notice and Process and a Parent Guide to Emergency Planning. You will also find a registration verification form. Please read it over and make any changes about information for us. It is especially important that we have the correct contact information including emergency contact info. At the end of the form you will also find a list of items to double check as well. **Please return the Technology and Verification pages to your child's teacher as soon as possible.** You can find more information like our McLeod Code of Conduct in the front section of your child's agenda and I encourage you to take the time to read it through.

It is our goal to work together with you and the kids to help McLeod students USE THEIR HEADS AND THEIR HEARTS to be the children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. We are in this together!

Proud to be McLeod

Ms. L. Hart



CONTACTING ME

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. ☺ That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.



Let's all use our WITS at home and at school

Important notice!



*If you are making new or alternate bus arrangements for your child(ren), you **must** contact the*

bus garage at 250-567-9618, ext.1 before 1:30pm on the day of the change.

Some of our busses are full to capacity and we cannot add students who do not normally ride them without prior approval.

2019-20 Bell Schedule

8:50 a.m.	Invitation Bell
8:55 a.m.	Classes begin
10:40 a.m.	RECESS Recess
10:55 a.m.	RECESS Recess ends
12:15 a.m.	Lunch
12:30 p.m.	Outside time
1:03 p.m.	Invitation Bell
1:08 p.m.	Classes begin
2:56 p.m.	Dismissal



Check out our McLeod website
<http://wlm.sd91.bc.ca>

Kids in the Kitchen

Ages 8-11

Wednesdays 3:00-4:30

Starting: September 18-October 23rd

Parents/guardians must drop off and pick up

Register by calling: Annette Fergusson (250)

567-9205 or emailing: afergusson@nvcss.ca

Space is limited!

COST: FREE

Coming Events:

Sept 12: Ice Cream Social - 6-7:30 PM

Sept 12: PAC Meeting - 7:00 PM

Sept 18: Picture Day

Sept 19: Crazy Hair Day

**Sept 23: Board Meeting - School Board
Office - 6:00 PM**

Sept 30: Orange Shirt Day

Vanderhoof Clippers Speed Skating Club Registration 2019-2020 Season



For beginner to advanced skaters from age 4 to adult.

Children must turn 4 on or before June 30th 2019 to participate.

Registration forms can be found online at www.vcsc.ca

For more information, contact our registrar at
vanderhoofspeedskating@gmail.com

Early registration discount available until September 8!

Important notice!



RE: POOR VISIBILITY/ROAD CONDITIONS

On occasion we experience low visibility and or poor road conditions that compromise our ability to stop safely on public roadways. This can be as a result of dense fog, heavy snow or icy conditions. In these situations our drivers use their best judgment to determine if the stop can be done safely in accordance with, Motor Vehicle Act and Regulation. In these situations parents will need to make alternate arrangements for their children. If you suspect these conditions exist you can contact us to make alternate arrangements by contacting your Transportation Coordinator in your area.

Burns Lake Bus Garage 250-692-3130

Fraser Lake Bus Garage 250-699-6995

Fort St. James Bus Garage 250-996-7835

Vanderhoof Bus Garage 250-567-9618

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**PARENTS/GUARDIANS** of bus students are asked to be sure to update phone numbers in your child(ren)'s file as we use a messaging system to notify parents of bus cancellations, bus delays, Pro-D days, early dismissal days and breaks throughout the school year.



**EXTRA SUPPORT**

We are very proud that we offer additional support and connection for students of Aboriginal ancestry at our school. In BC schools' students/families can self-identify as being of Aboriginal ancestry. There

is no paperwork or "proof" required.

Please contact Ms. Hart if you are interested in finding out more about this service at our school.



Thanks for remembering  
this is a



Peanut/Nut  
Free School

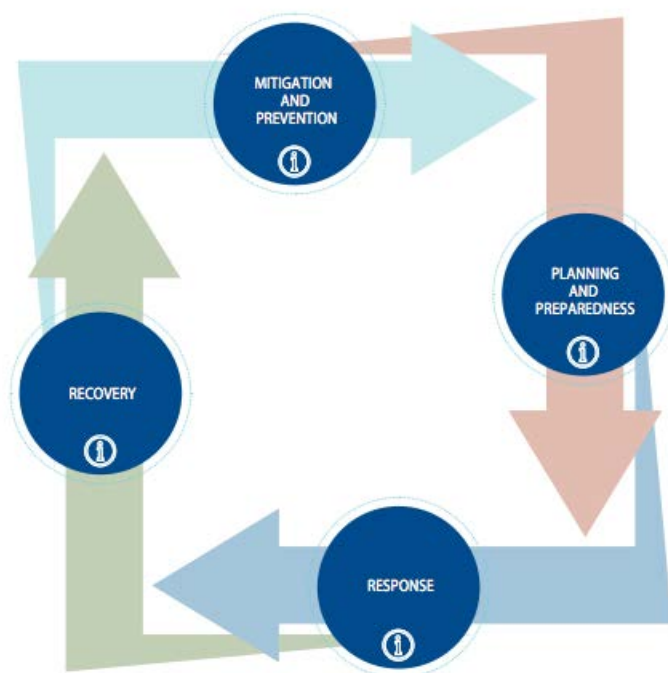
# EMERGENCY PREPAREDNESS

## A GUIDE FOR PARENTS AND GUARDIANS

**Our schools are considered one of the safest places in our communities, but emergencies can happen without warning. School District 91 has emergency preparedness plans in place in the event of a crisis situation.**

During an emergency, the first priority is the safety of our students and staff. In order to provide an effective response to emergencies, School District 91 has developed an emergency preparedness plans based on provincial guidelines. The district plan serves as a template for individual schools to guide their own emergency preparedness manuals. All district and school plans are reviewed annually and always after an emergency occurs.

Emergencies are unpredictable. We usually have little warning that an event or series of events may cause a massive disruption in our lives and our communities. As one of the major areas in which people gather, schools are places where emergency preparedness is critically important to the well-being of students and employees and to the confidence that parents feel in entrusting their children to the care of educators in BC schools. With planning, training and practice, our employees will be better equipped to handle potential emergency situations.



### ALL HAZARDS APPROACH

Rather than focus on and try to provide detail relating to a large number of different events, our planning takes an all-hazards approach.

**All-Hazard:** *Any incident or event, natural or human caused, that requires an organized response by a public, private, and/or governmental entity in order to protect life, public health and safety, values to be protected, and to minimize any disruption of governmental, social, and economic services.*

An all-hazards approach focuses on planning that involves a small number of responses that can be used in different types of emergencies.

School emergencies can be on a small scale, confined to one site, or on a larger scale, potentially impacting an entire school district or even many districts. A small, localized fire within a school, for example, will require a different response than a chemical leak from a train derailment that will affect a whole community.

Being ready to address different scenarios, in collaboration with first responders and relevant community agencies, takes considerable preparation on the part of staff. While district personnel are not necessarily trained as emergency services workers, they may be called upon to fulfil roles related to first aid, damage assessment, locating students and staff, and care and comfort for students for a period of time.

## **WHEN AN EMERGENCY OCCURS**

Although your natural instincts in an emergency may be to come down to the school to safeguard your child, please understand that doing so could impede the response to the emergency. Going to the school may interfere with the emergency crews and school personnel efforts to deal with the situation. Extra vehicles and people on the site may make the task more difficult and possibly put more people at risk. If you arrive at the school in the middle of an emergency, please respect the protocol in progress. **When it is safe to do so parents/guardians will be informed on the procedures to pick up their children from school.**

During emergency, please do not call the school or your child's cell phone. We need to ensure our phone systems are not overloaded during times of crisis. Calling your child cell phone during an emergency can be putting them at higher risk by disclosing their location or drawing attention to them during a lockdown.

## **KEEPING INFORMED DURING AN EMERGENCY**

During an emergency, it is unlikely you'll be able to reach the school by phone we will, however, make every effort to contact parents directly or by one of the methods described below when appropriate to do so. If parents subscribe to the School Messenger\* notification service used by School District 91, messages will be sent out during emergencies. The school district will also keep parents informed by posting information on the district website, and through social media and local radio stations.

## **REUNITING WITH YOUR CHILD**

We recognize that one emergency occurs parents will be worried and want to be reunited with their child as quickly as possible. To ensure everyone's safety, specific procedures have been established for releasing students after an emergency. The parent-child reunion area will be established after emergency. Depending on the type of emergency, this reunion area may or may not be at your regular school. Students will only be released to an individual designated as legal guardian or emergency contact. You may be required to show a valid identification when you pick up your child and sign a release form. If you are unable to pick up your child, he/she will be kept safe until alternate arrangements can be made.

*\*School Messenger is being implemented in all schools during the 2018-19 school year. Please check with your child's school to see if this system is activated and how you can receive information.*



## **FREQUENTLY ASKED QUESTIONS**

### **1. What is emergency preparedness?**

SD 91 has taken steps to ensure your child's safety while in school. Each school has developed emergency preparedness plans including the steps staff will take in the event of an emergency, including a parent communication plan and evacuation plan. These plans are reviewed on a regular basis.

### **2. How can I stay informed?**

SD 91 will broadcast emergency messages on our notification service, Synrevoice and other media sites. General emergency messages, including early and late school openings and closings can be found on the school board's website. Emergency messages are also given to local radio stations. Parents are encouraged to use these media sources for updates. During an emergency, parents should refrain from calling the school as it overloads phone lines and interferes with the work staff must undertake during a threat to school safety.

### **3. How will my child's school handle an emergency situation?**

All SD 91 schools have an emergency preparedness plan. While emergency plans are based on School Board procedures and Provincial guidelines, the specifics of each plan differ according to unique characteristics for each location. A response to an emergency will differ based on the specifics of that situation. The flexibility of the plan is key to the success of the response. All school plans are reviewed on a regular basis and input is encouraged from all education partners.

### **4. How can I see the Emergency Preparedness Plan from my child's school?**

Please contact your child's school for a copy of their manual.

### **5. What is a "Lockdown?"**

This response is used when there is an immediate and imminent threat to the school building population. School staff and students are secured in the rooms they are currently in and no one is allowed to leave until the situation has been safely resolved or evacuated safely. Most commonly implemented when the potential for violence against members of the school population.

### **6. What is "Hold and Secure?"**

Hold and Secure is a response to a threat in the general vicinity of a school, but not on or very near to school property. This could be a police pursuit, a crime in progress or when information is received that might put the school at risk. Staff, students and visitors are considered to be safe inside the school. A Hold and Secure can move to a Lockdown if situation becomes more serious.

#### **What is "Shelter in Place?"**

This response allows the school to continue with the normal school day, but forbids outside activity. A shelter in place order is used when personal safety is considered to be in danger if anyone leaves the school. It is usually associated with an environmental issue where hazardous materials are released into the atmosphere. For example, a chemical spill or gas leak in the immediate vicinity of the school. Shelter in place might also be used in the case of a wild animal in the vicinity of the school (e.g. cougar or bear).

**7. What will SD 91 do if an emergency situation occurs while students are in school?**

The specific actions taken by school personnel in any emergency situation, both district-wide and at individual schools, will depend on the specifics of the situation. Any action taken would depend on several factors, including the level of threat and the advice or directive of local, provincial, and federal agencies. The safety of students and staff members will be the primary concern in any decision.

**9. Can I pick up my child?**

Parents will be allowed to pick up their children unless public safety officials have declared that there is some reason why access to the facility is restricted. During any emergency, school personnel will endeavour to maintain a safe and calm environment for children within the school. School will not automatically be canceled in emergency situations because the school may be the safest place for children to be. Although some parents may feel compelled to pick up their children from school at that time; we want to assure them that their children are being looked after. Parents will be informed on when and where they can pick up their children when safe to do so.

**10. Who can pick up my children?**

Children will not be released to individuals who are not authorized to do so on the student's emergency card or who do not have written parent authorization. Parents and guardians at the start of each school year will complete the emergency contact information. Parents and guardians are encouraged to update the emergency contacts as needed throughout the school year.

**11. Should I contact my child directly during an emergency on his cell phone or call the school?**

In emergency situations we ask parents to not to call the school as school staff will be assisting students and emergency responders. If school phone lines are busy with parent calls, we risk missing important information from emergency staff. We also ask parents not to contact their children on cell phones as this can interfere with safety protocols. Updates will be given through SD 91 social media and news media when available. During emergency situations we understand the concern from parents and community members and our primary focus will be on keeping our students as safe as possible.

**12. What if my child is riding a school bus at the time of a crisis?**

The transportation department will be in contact with the District Office for instructions in the event that a crisis occurs while students are in transport. Bus drivers will be informed to avoid driving toward the crisis location. Parents will be informed of the parent-student reunification center location via the school board's emergency messaging system and local media.

**13. What about my child's medication?**

If your child takes medication regularly, you should make sure that the school has an appropriate amount of additional medication on hand. Talk with your child's principal for more information. In the event of a threat to school safety, emergency personnel will be notified of any specific medical needs.



September 3, 2019

Dear Parents/Guardians:

**SEVERE WEATHER/UNSAFE ROAD CONDITIONS**

For the information of parents/guardians of children travelling by school bus during the winter months the Board of Education wishes to stress that no matter how good the busing system is; emergencies can happen so students should wear clothing suitable to the outside conditions.

All bus runs will be cancelled when the 5:00 am local Transportation Department temperature is at - 35 C or colder, or when the Manager of Transportation deems roads to be unsafe due to weather or road conditions. If bus runs are cancelled in the a.m., there will be no bus runs in the p.m. Schools will be open and students are encouraged to attend, if possible.

Early morning information will be available on the School District Website, School Messenger– notification service, Local Radio Stations and Facebook.

- Website: [www.sd91.bc.ca](http://www.sd91.bc.ca)
- School Messenger – notification service
- Facebook: available through the link on the School District Website
- Local Radio Stations:
  - CBC (Prince George, Prince Rupert)
  - CFLD - The Moose (Smithers)
  - CFRN (Terrace)
  - Valley Country (Vanderhoof)
  - CJFW (Terrace)
  - FM94 (Prince George)

Parents should ensure that their children explicitly understand that they should return home to warmth if there is substantial delay in the arrival of the school bus. Attempts to hitch-hike to school are not approved.

On days of low temperatures and/or severe wind chills, parents should carefully weigh the hazards involved in their children walking long distances to a bus or school, and make an appropriate decision with respect to attendance.

Sincerely,  
Annette Ziegler, Administrative Assistant  
Transportation Department



September 3, 2019

Dear Parent or Guardian:

**Re: Student Accident Insurance**

School District No. 91 (Nechako Lakes) does **not** provide accident insurance coverage for student injuries that occur on school premises or during school activities. Accidents can and do happen. Some injuries incur medical, dental or other expenses that are not covered by provincial health care or employer group plans. As a parent or guardian, you become responsible for these expenses.

The Board is empowered to make available the insuremykids® Protection Plan for students through Reliable Life Insurance Company. Participation in such a program is voluntary and the costs are to be paid by the parent or guardian.

This program offers a variety of plans and benefits at affordable rates. Benefits included are:

- dental expenses (resulting from an accident)
- total and permanent disability
- paralysis/loss of use
- special disability benefits
- death benefits

If your child participates in co-curricular activities or activities outside the school day, there is a plan tailored to your needs. All rates are one-time annual premiums. Family rates for 3 or more children are also offered.

The insurance agreement is between **you** and **Reliable Life Insurance Company**. If you wish to subscribe, you may apply 24/7 directly on-line at [www.insuremykids.com](http://www.insuremykids.com).

Any questions should be directed to Reliable Life Insurance Company toll free at 1-800-463-KIDS (5437).

Student Accident Insurance is especially valuable for today's active children.

Yours truly,

***Original signed by***

Darlene Turner  
Secretary-Treasurer



## Board Meeting Dates and Locations

### 2019/2020

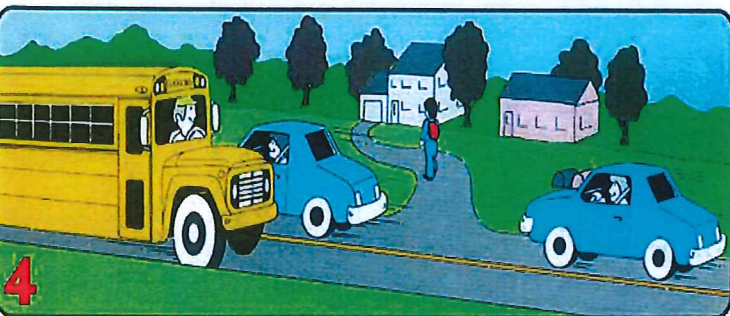
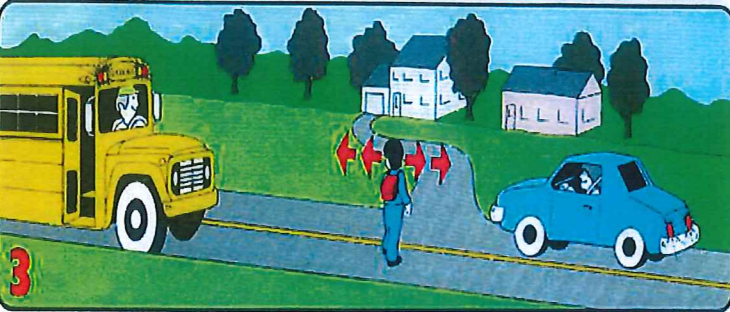
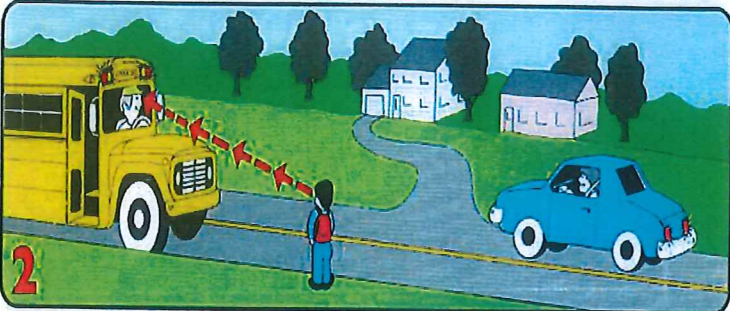
| <i><b>Date</b></i> | <i><b>Location</b></i>                     |
|--------------------|--------------------------------------------|
| September 23, 2019 | School Board Office                        |
| October 21, 2019   | School Board Office                        |
| November 18, 2019  | School Board Office                        |
| December 9, 2019   | School Board Office                        |
| January 20, 2020   | Video Conference                           |
| February 24, 2020  | School Board Office                        |
| March 16, 2020     | School Board Office                        |
| April 20, 2020     | School Board Office                        |
| May 25, 2020       | School Board Office                        |
| June 15, 2020      | Muriel Mould Neighbourhood Learning Centre |

Video Conference Locations:

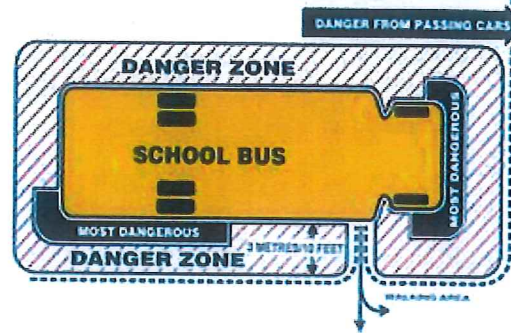
|                |                                                                 |
|----------------|-----------------------------------------------------------------|
| Vanderhoof     | School Board Office – Board Room                                |
| Fort St. James | Fort St. James Secondary School – Video Conference Room         |
| Fraser Lake    | Fraser Lake Elementary-Secondary School – Video Conference Room |
| Burns Lake     | Muriel Mould Neighbourhood Learning Centre – Meeting Room       |



# HOW TO CROSS SAFELY



TRAFFIC SIGNAL ZONES!



**1 Two-lane roadway:**  
When school bus stops for passengers, all traffic from both directions must stop!

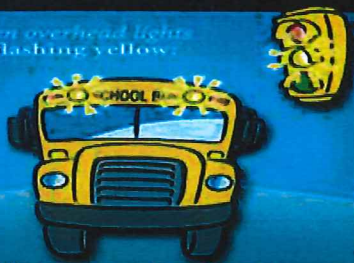
**2 Two-lane roadway with a center turning lane:**  
When school bus stops for passengers, all traffic from both directions must stop!

**3 Four-lane roadway without a median separation:**  
When school bus stops for passengers, all traffic from both directions must stop!

**4 Divided highway of four lanes or more with a median separation:**  
When school bus stops for passengers, only traffic following the bus must stop.

## School Buses Are Like Traffic Signals

When overhead lights are flashing yellow:



Prepare to Stop

When overhead lights are flashing red:



Stop!

When hazard warning lights are flashing:



Proceed with Caution



August 30, 2019

## **Back to School 2019**

Dear parents and guardians of B.C. students:

Welcome to the new school year – I hope you enjoyed a safe and restful summer. Whether your child is entering Kindergarten or nearing graduation, it's a great time to be a student in B.C.'s education system.

New this year, all students in the province will be learning from B.C.'s new curriculum and working towards completing the new Graduation Program and assessments, with the K-12 curriculum redesign process now complete. Students now have more opportunities to explore their passions and engage in inquiries and hands-on activities as they develop their foundational skills and knowledge. In the graduation years, students will have a range of new course options in areas such as environmental science, web development, digital media, engineering and robotics, giving them the chance to develop the skills they need to pursue their individual goals.

We are committed to true and lasting reconciliation with Indigenous Peoples, and education is a key part of that. Indigenous students deserve culturally relevant services and programs, and all students have something to gain from an education that includes Indigenous cultures and perspectives. First Nations partners have helped us ensure the new curriculum accurately and fairly reflects the rich history of Indigenous Peoples in B.C., across all grades and subjects.

Parents know better than anyone that kids today are facing challenges we never imagined when it comes to social media, mental health and other challenges. All students deserve the best educational experience possible in healthy, positive and safe schools. We've expanded the ERASE (Expect Respect and a Safe Education) strategy to focus on mental health and wellness, substance use, social media safety, gang prevention and supporting students of all sexual orientations and gender identities.

All students in B.C. will have access to free menstrual products in school washrooms this year – ensuring stigma free access so that students don't miss school, extracurricular, sports or social activities because they can't afford menstrual products.

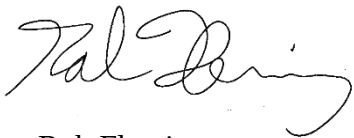
Students are returning to an education system that has more resources than ever before. Our government is investing \$1 billion more in education than just three years ago. They will attend some of the smallest classes in a generation, with more educators and others supports in the classroom. And we've invested over \$1.5 billion in new schools, expansions and seismic upgrades to ensure our kids are learning in safe, modern and comfortable schools.

.../2

Students in B.C. public schools are achieving world-class student outcomes, consistently ranking among the top in international assessments, and outcomes for Indigenous students and students with special needs are continuing to improve. Earlier this year, delegates from 40 countries visited B.C. to find out more about what we're doing right. These great results come from the hard work being done by students, teachers and our entire education system. We know there is always room to improve, and we are working hard every day to better support student success.

I wish every B.C. student and their family the best for the year ahead. The success of students is at the centre of all we do, and I look forward to another year of working hard to make improvements in our education system to support all students as they strive to reach their goals.

Regards,

A handwritten signature in black ink, appearing to read 'Rob Fleming', with a stylized, flowing script.

Rob Fleming  
Minister of Education



# Welcome to McLeod!

McLeod Families are invited on  
**Thursday, September 12**

**Open House +  
Ice Cream Social**  
**6:00-7:30pm**

**PAC Meeting**  
**7:00pm**

Call 250-567-2267 for more  
information or go to Facebook:  
[www.facebook.com/WLMPAC](http://www.facebook.com/WLMPAC)





# Jr. NBA YOUTH BASKETBALL 2019-2020

Vanderhoof Youth Basketball Association  
JOIN TODAY!!!!



Jr. NBA Youth Basketball is a National youth basketball program designed to develop fundamental skills, sportsmanship and a love for the game of basketball. The league is designed primarily for boys and girls ages 5-12.

| Age Group | Practice/Game Time               | Registration Fee |
|-----------|----------------------------------|------------------|
| Grade K/1 | 45 min practice once per week    | \$75             |
| Grade 2/3 | 45 min practice & Friday game(s) | \$85             |
| Grade 4/5 | 60 min practice & Friday game(s) | \$90             |
| Grade 6/7 | 75 min practice & Friday game(s) | \$95             |

**For families registering more than 2 children, the fee for the 3<sup>rd</sup> and subsequent children will be \$55**

*Each player will receive a jersey, a new basketball, drawstring bag, certificate, poster, provincial and national membership, and liability insurance.*

## HOW TO REGISTER:

You can register and pay at Westech Diesel - **PAYMENT IN CASH OR CHEQUE ONLY!** They are located at 1450 Hwy 16 E (beside the garbage dump road). You can also obtain forms at the local school offices and via email by contacting Melissa Albertson at thepinecottage2010@gmail.com .

## DEADLINE:

Last day to register is **Saturday October 5<sup>th</sup>, 2019 at 1:00pm in person at Westech Diesel**. Post-dated cheques made out to "Vanderhoof Youth Basketball Association" will be accepted by mail.

**\*\*\*There will be a \$10 late registration fee per family after October 5<sup>th</sup> \*\*\***

## WHEN DOES PRACTICE START?

The 14 week season will begin with first practice the week of Tuesday October 15<sup>th</sup>, 2019 and ending with the final game night on February 7, 2020. Dates are subject to change and vary based on holidays, school functions, and gymnasium bookings.

## WHEN DO I FIND OUT WHAT TEAM MY CHILD IS ON?

As registration fills, we assign teams based on the number of applicants and try hard to accommodate preferred days. The coach will contact you via email by October 10<sup>th</sup>. After teams are assigned, no switching is allowed unless approved by the Association.

## WHEN ARE THE GAMES?

Scheduled Friday games will begin November 8<sup>th</sup> for grades 2 – 7.

For more information, please contact Melissa Albertson at thepinecottage2010@gmail.com, call 250 567-7444, or visit our Facebook page – Vanderhoof Youth Basketball Association (Jr. NBA Youth Basketball).

**\*\*\* (Please write player's name(s) on front of the cheque. Make cheques payable to Vanderhoof Youth Basketball Association).**

**Paid by:** ☐ Cheque ☐ Cash

**Cheques & registration can be mailed before October 2<sup>nd</sup> to:**

Vanderhoof Youth Basketball  
c/o Melissa Albertson - Registrar  
PO Box 673  
Vanderhoof, BC V0J 3A0

**\*\*\*THERE IS A LIMITED NUMBER OF TEAMS, REGISTER EARLY TO AVOID DISAPPOINTMENT\*\*\***



**Jr. NBA Youth Basketball 2019-2020**  
Vanderhoof Youth Basketball Association  
Registration Form



**PLAYER INFORMATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
Mailing Address City Postal Code

School: \_\_\_\_\_  
Name Grade Birthday (mm/dd/yy)

Gender: ☐ Male ☐ Female

Shirt size: YXS / YS / YM / YL / AS

**PARENT / GUARDIAN INFORMATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Home Cell

Email: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Home Cell

Relationship to Player: \_\_\_\_\_

**MEDICAL INFORMATION**

Care Card #: \_\_\_\_\_ Doctor: \_\_\_\_\_

Does the player have any health/medical issues that would interfere with his/her participation in this sport?

☐ Yes ☐ No \*\* If yes, please provide details:

**PARENTAL CONSENT & INDEMNITY AGREEMENT**

(Players will not be assigned to a team unless signed and dated.)

I consent to and assume all risks and hazards of and incidental to the participation of the above-named boy or girl in the activities of Vanderhoof Youth Basketball Association and agree to indemnify the said Association and its officers, servants or agents nominated or appointed by or on its behalf against all loss from any claim hereafter made against it, them or any of them by or on behalf of the said boy or girl and arising directly or indirectly from such participation.

\_\_\_\_\_  
Signature of Parent or Guardian \_\_\_\_\_  
Print name Date: \_\_\_\_\_

**VOLUNTEER OPPORTUNITIES**

I, \_\_\_\_\_ am willing to volunteer to assist with: \_\_\_\_\_  
(coaching, team manager, scheduling, administration, gym supervision, etc.)

**PAYMENT INFORMATION**

| Division: <i>(Please check off)</i> | Fee:    |
|-------------------------------------|---------|
| <input type="checkbox"/> K/1 Mixed  | \$70.00 |
| <input type="checkbox"/> 2/3 Mixed  | \$80.00 |
| <input type="checkbox"/> 4/5 Mixed  | \$85.00 |
| <input type="checkbox"/> 6/7 Mixed  | \$90.00 |

**My child CAN NOT attend practices on the following nights:**

Monday Tuesday Wednesday Thursday

Preferred practice night: \_\_\_\_\_

Additional notes: \_\_\_\_\_

For families registering more than 2 children, the fee for the 3<sup>rd</sup> and subsequent child will be \$50.00.

## McLeod Elementary School Lunch Program

September 2019

Welcome back!

Wow, here we go again! Summer holidays are done and we have a brand new school year.

The Hot Lunch program is ready to go.

Our Parent Advisory Council (**PAC**) will be preparing the meals five days a week, using the Farm to School program. This is a wonderful program as we here at W. L. McLeod are very fortunate to have healthy meals prepared for us, using as much locally grown foods as possible. Tuesdays, Thursdays & Fridays are Salad bar days consisting of an entrée & a salad bar. Mondays & Wednesdays will be pre-plated meals. There will be a hand sanitizer station to be used by all students before entering the salad bar line-up.

It is VERY IMPORTANT that after sanitizing, students MUST NOT TOUCH their faces, hair or clothing, or other students.

Mrs. Heather Campbell-Stewart, and Mrs. April Snow, are the PAC Farm-to-School champions but they will be needing lots of additional volunteers on special event days. If you are able to help, please send an email to [hcampbellstewart@sd91.bc.ca](mailto:hcampbellstewart@sd91.bc.ca), or contact them at the school.

Heather and April would love to get your menu ideas, but please keep in mind that the Guidelines for Foods Served in BC Schools must be followed.

The price for a student meal is \$5.00, however, if you pre-pay & pre-order at least 10 meals in a month then each meal is discounted to \$4.50. A subsidy program is also available.

Students should hand in their orders before 9:00am. If a child comes to school without a lunch, we will try to contact the parents, to confirm that they should be supplied with a meal. They will be charged for the meal. **If there is a field trip and you have pre-paid for a Hot Lunch, a bagged lunch will be sent with your child on the field trip.** Please keep track of the dates you have pre-ordered Hot Lunch.

Please pay in advance with the monthly or weekly menus. If paying by cheque, please make **cheques payable to SD 91.**

Morning snacks are not provided by the program. Be sure to send a snack for your child.

Forks, spoons, etc, are not provided for students who bring their own lunch.

Students that are absent on a day that they have ordered a lunch will receive a credit on a future date of their choice, (please plan ahead). A credit slip will be issued for missed meals and MUST accompany the request as it is difficult to keep track of almost 300 students who have credits as they are often not used immediately.

If a student comes to school late, they will need to advise me. Also, our Backpack program is in need of **500mL** food containers. Please send them to the office with your child if you have any you would like to rehome.

If you have any questions, please contact me.

Thank you

Lan Ma

Meals Coordinator



# SEPTEMBER 2019 MENU

Each meal is 5.00 (reg). or 6.00 (lg).

**PLEASE PRE-ORDER AND PRE-PAY**



**\*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal**

**Student's name** \_\_\_\_\_ **Teacher** \_\_\_\_\_ **\$** \_\_\_\_\_

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

| Monday                                                                                                                               | Tuesday                                                                                                                                      | Wednesday                                                                                                        | Thursday                                                                                                                                          | Friday                                                                                                                                                       |
|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                     | <b>3</b><br><b>WELCOME BACK!</b><br>1/2 Day (a.m. only)<br> | <b>4</b><br>Sausage & Eggs<br>  | <b>5</b><br>Salad Bar + Meatloaf<br>                            | <b>6</b><br>Salad Bar + Mac & Cheese<br>                                  |
| <b>9</b><br>Spaghetti<br>                          | <b>10</b><br>Salad Bar + Chicken Strips<br>                | <b>11</b><br>Crepes<br>        | <b>12</b><br>Salad Bar + Turkey<br>6:00-7:30 Ice Cream Social and Open House<br>7:00 PAC Meeting                                                  | <b>13</b><br>Salad Bar + Sloppy Joes<br><br><b>FALL FUN DAY</b>           |
| <b>16</b><br>Taco Salad<br>                       | <b>17</b><br>Salad Bar + Lasagna<br>                      | <b>18</b><br>French Toast<br> | <b>19</b><br>Salad Bar + Quesadilla<br><br><b>CRAZY HAIR DAY</b>                                                                                  | <b>20</b><br><br><b>DISTRICT PLANNING DAY</b><br><b>(No School)</b><br> |
| <b>23</b><br>Pizza Buns<br>                       | <b>24</b><br>Salad Bar + Perogy Casserole<br>             | <b>25</b><br>Pancakes<br>     | <b>26</b><br>Salad Bar + Sliders<br><br><b>TERRY FOX RUN</b> | <b>27</b><br>Salad Bar + Grilled Cheese & Soup<br>                      |
| <b>30</b><br>Chili<br><br><b>ORANGE SHIRT DAY</b> |                                                                                                                                              |                                                                                                                  |                                                                                                                                                   |                                                                                                                                                              |



## **W. L. McLeod Technology Policy**

Technology refers to cell phones, IPADs, IPODs, video games, cameras, etc.

Technology is part of our school in many ways but it must not interfere with our learning, kindness and caring. It is expected that students will follow the discretion of the teachers regarding technology use for learning. Technology that interferes with a student's kindness and caring will be subject to confiscation by an adult.

Students in grades K to 3 are not to bring technology to school.

Grade 4 to 6 students may bring technology to school but:

1. The school takes no responsibility for the technology.
2. The technology must be left in the student's locker during class time unless requested by the teacher for a learning activity.
3. Taking pictures, videotaping and recording is not allowed (including by cell phone).
4. Technology is not to be used during a lockdown.
5. Students must follow the W.L. McLeod Responsible Internet Use Policy.

If a student does not follow the above policy:

1. the technology will be confiscated and given to the principal,
2. the parent/guardian will be asked to come to the school to claim the technology, and
3. the student may not be permitted to bring any technology to school for the remainder of the school year.



# **Ecole W. L. McLeod Elementary School Skehhodul'eh**

## **RESPONSIBLE INTERNET & TECHNOLOGY USE**

The computer system is owned by the school. This Responsible Internet & Technology Use statement helps protect students, staff and the school by clearly stating what use of the computer resources and technology is acceptable and what is not.

- **I will ask permission before using the internet.**
- **I will only look at or delete my own files**
- **I understand that I must not bring software or disks into school without permission**
- **I will only use e-mail when my teacher has approved it. The messages I send will be polite and sensible.**
- **I will not use the internet or technology to inappropriately communicate with others (i.e. cyber-bullying, making threats, etc.)**
- **I understand that I must never give my home address or phone number, or arrange to meet someone.**
- **I will not use internet chat.**
- **If I see anything I am unhappy with or I receive messages I do not like, I will tell a teacher immediately.**
- **I understand that the school may check my computer files and the internet sites I visit.**
- **I understand that if I deliberately break these rules, I may not be allowed to use the internet or computers.**

The school may exercise its right to monitor the use of the school's computer systems, including access to websites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorized use of the school's computer system is or may be taking place, or the system is or may be being used for criminal purposes or for storing unauthorized or unlawful text, imagery or sound.

# Ecole W. L. McLeod Elementary School

## Responsible Internet Use

**Please complete, sign and return to the school**

Student: \_\_\_\_\_

Grade: \_\_\_\_\_

### **Student Agreement**

I have read or reviewed the school Rules for Responsible Internet Use and the McLeod Technology Policy. I will use the computer system, the internet and technology in a responsible way and follow these rules at all times.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

### **Parent's Consent for Internet Access**

I have read and understood the school rules for responsible internet use and give permission for my child to access the internet. I understand that the school will take all reasonable precautions to ensure students cannot access inappropriate materials. I understand that the school cannot be held responsible for the nature or content of all materials accessed through the internet.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Please print name: \_\_\_\_\_

### **Parent's consent for web publication of work and photographs**

\_\_\_\_\_ I agree that, if selected, my son/daughter's work or photograph may be published on the school web site (<http://wlm.sd91.bc.ca>). I also agree that school photographs that may include my child may be published subject to the school rules that photographs will not clearly identify individuals and that full names will not be used.

\_\_\_\_\_ Please do not publish work or photographs of my child.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



## W.L. McLeod Elementary School

School District No. 91 (Nechako Lakes)

P.O. Box 559 Vanderhoof, BC V0J3A0

Phone (250) 567-2267

Fax (250) 567-5791

September 2019

Welcome back to another great year at McLeod. It is very important that we have your current contact information on file. Please take a moment and complete the following. Thank you so much!

Student's Name: \_\_\_\_\_

Student's Address: \_\_\_\_\_

### First number to call in an emergency:

Parent/Guardian Name #1: \_\_\_\_\_

Relationship to child: \_\_\_\_\_ ( example: Mom/Dad/Aunt/Uncle/Guardian)

Telephone number: \_\_\_\_\_ Cell number: \_\_\_\_\_

Work number: \_\_\_\_\_ E-mail address: \_\_\_\_\_

### Second Number to call in an emergency:

Parent/Guardian Name #2: \_\_\_\_\_

Relationship to child: \_\_\_\_\_ ( example: Mom/Dad/Aunt/Uncle/Guardian)

Telephone number: \_\_\_\_\_ Cell number: \_\_\_\_\_

Work number: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Street address: \_\_\_\_\_

RR # or PO Box # \_\_\_\_\_ Town: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

In case we cannot reach you at the above numbers please provide us with an emergency contact. Thank you.

Name of Emergency Contact #1: \_\_\_\_\_ Relationship \_\_\_\_\_

Telephone number: \_\_\_\_\_ Cell number: \_\_\_\_\_

Name of Emergency Contact #2: \_\_\_\_\_ Relationship \_\_\_\_\_

Telephone number: \_\_\_\_\_ Cell number: \_\_\_\_\_

