



May 11, 2020

Hadi, Bonjour and Hello McLeod family,

I hope you are all well and taking time to enjoy the Spring weather that seems to have finally arrived. Being outside in the sunshine and fresh air is important for our hearts and our heads, especially when all the stressful stuff is happening.

As most of you already know, the Premiere of BC has included voluntary return to school in the gradual “re-opening” of our province’s step by step process. At this point we do not know the details of this plan for School District No. 91. As soon as we know more we will ensure that you know as well. I encourage you to watch the SD91 Facebook page or website for information.

As we continue to work in our distance learning situation, please keep communicating with your child’s teacher. And please, feel free to openly and honestly share what you need to make learning at home work for your child, your family and your circumstance. Don’t forget, we can learn in so many ways. We love to see pictures of our kids in action doing anything and everything!

This Friday is a Pro-d Day. McLeod will be closed except for our Essential Service Workers Child Care. Our teachers will be continuing their own learning at a distance as well. I hope you have an incredible long weekend.

We are here to continue to help our students to use **THEIR HEADS AND THEIR HEARTS** to be the children and adults who can take on the world. We will do this any way we can. We are in this together!

Proud to be McLeod

Ms. L. Hart

To all our families:



Our May 11th to 18th
Happy Birthday babies
are:

Kayla, Amelia S., Kerra,
Nena, Colton, Emily S.
and Mrs. Barclay

👩 So your kids survived on snacks yesterday
They are still safe. They are still loved

👩 So your kids had too much tablet time
They are still safe. They are still loved

👩 So your kids have had more inset days, than
homeschool days
They are still safe. They are still loved

👩 So your kids have no routine at the minute & are
sleeping in or staying up late
They are still safe. They are still loved

👩 So your house is a muddle. You are tired. You are
snappy. You are overwhelmed.

YOU are still safe. YOU are still LOVED 💜

You aren't failing at anything - You are surviving
everything 🤗

YOUR CHALLENGE FOR THE WEEK.

Did you:

- give yourself a big hug from all of us at McLeod?
- sing the “Every little cell in my body is happy” song every day?
- Bring a decorated rock to McLeod? We’ve got some, but we need WAY more to fill up the big spot at the front door. Here’s what we have so far:

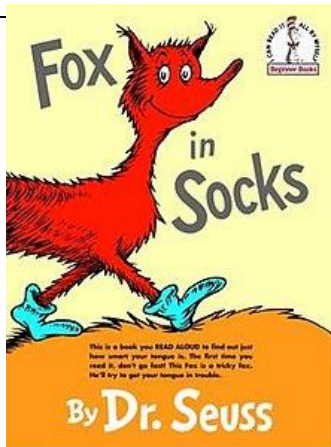
New stuff to do:

Parents, please watch this great video from the Province of BC and Shelley Moore. It’s the first in a series about Distance Learning in BC. She shares some really important thoughts about how we all approach learning at this time.

<https://www.youtube.com/watch?v=zlvF2HtL5v8&feature=youtu.be>

Families, check out this guy on You Tube. He makes Dr Seuss books come alive. He “reads” a few different Dr. Seuss books, but I think this is my favorite:

<https://www.youtube.com/watch?v=hqIbEHNqbPs>



Kindergarten Registration is Open!

Planning has started for the
2020-2021 school year.

Please contact your school's
office for more information.



At Home Primary Fun Run Challenge

Hello all kindergartners to grade 3's!
As you know, every spring our school district has the Primary Fun Run up at Fort St. James. This year, however, we will be doing it as a McLeod primary department from your own homes. To help you get ready for it I have attached a PE Activity Log/Calendar. Start practicing by running around your home, in your yard or around your neighbourhood block (with a parent). Track each time you run/walk. Then on **May 22nd between 11:00am and 12:00pm** get out and complete your 1 km run/walk. Let me know you have completed it by marking it on your Activity log/Calendar on WLM PE Microsoft TEAMS, sending me a message on TEAMS chat or by dropping it off at the school. This is all done on the honour system!

Make sure to have a freezie and a healthy snack or lunch afterwards 😊.

Stay healthy,
Mrs. Nemethy



GARDEN NOTE!

Welcome to May and gardening season! Despite the restrictions we have happening right now, our Farm to School gardening program will proceed! We are working closely with the Nechako Valley Food Network in creating new safety protocols for the Vanderhoof Community Garden so that everyone stays safe. Things will look different this year, but one thing is for sure - there will be food!

I am sure many of you are missing being at the garden, so if you want to help out, we can still use your help! It is a great learning environment.

Where we still need help:

- tending the garden over June, July and August. The Community Garden members are willing to help us out in July and August, but it would be great to have students and families help out at the Farm to School garden over the summer too!

Another way to help with the garden is to donate some plants/seeds. We are in search of roma tomatoes plants, any extra pumpkin plants, as well as seed potatoes! You can bring donated plants and seed potatoes to the school - please call ahead!

Please contact Michelle Roberge for more information on how to help (jmfarm@me.com).

~ Farm to School Committee

