

### The Prowler

the news of the week les nouvelles de la semaine



December 15, 2021 250-567-2267 <a href="http://wlm.sd91.bc.ca">http://wlm.sd91.bc.ca</a> Issue 15

Hadi, Bonjour and Hello,

Filming is done and we can't wait to share "Surfin' Santa," our McLeod 2021 Christmas Concert movie. We will e-mail a link to the concert to our newsletter list on Thursday, December 16<sup>th</sup>. Please let Ms. Tennille know as soon as possible if you need to be added to the list. We hope you enjoy the concert!

We are continuing to collect non-perishable items for Christmas food. We appreciate all the food donations for our winter hampers. Thank you McLeod family for look-ing after each other!

## Please don't forget to do the Daily Health Check and send a mask every morning.

From our McLeod family to your family, we want to wish you a wonderful holiday break. We hope it is filled with whatever you want and need in so many ways. At this time of year, I continue to be reminded that it is such an honour to be part of this school. I am so grateful for each and every one of you and I wish you the very best for 2022. Big hugs to all of you!

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod Ms. L. Hart

Please have all items you'd like to add to the newsletter to Mrs. Bernier by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter.

Please email tbernier@sd91.bc.ca

#### COMING SOON:

Dec 16: PJ Day

Dec 16: Christmas Concert Viewing

Dec 20—Jan 3: Winter Break



Let's all use our WITS at home and at school



Thanks for remembering this is a







#### **Notes on Numbers**

Time for a winter wonderland walk! Take time over the winter break to recognize the patterns in nature: frost on leaves, ice crystals in the snow. Talk about your wonders with your child and why patterns build the way they do in nature. Nature is amazing.





# Traveling for Christmas?

If you are planning a trip abroad this winter please note that unvaccinated or partly vaccinated children and youth must quarantine for 14 days on arrival back in the country. Please notify the school if your child will miss the first 2 weeks of the new year. See the link for more information.

https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada#determine-fully





#### **CONTACTING ME**

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.



Our lost & found is getting very full!

Please come and take a look to see if any of the items belong to your family





#### 2022 Jackrabbit Ski Program





#### Ski S'Kool Students are welcome!

The Jackrabbit Program has been developed for children six to nine years of age, but our Club accepts children into this program, with no previous skiing experience, up to the age of twelve.

The objective of the Jack Rabbit Program is for children to learn basic cross country ski skills (both classic and skating) and to instill a lifelong interest in the sport, thereby enhancing their quality of life and health!

Lessons are twice a week, Tuesdays from 6:00 PM to 7:30 and Saturdays 10:00 AM to Noon, starting January 8<sup>th</sup> to March 19<sup>th</sup>, 2022.

Cost: \$80 Register online at: <a href="https://www.zone4.ca/">https://www.zone4.ca/</a> by searching for: Nechako Nordics and clicking on: Nechako Nordics Registration 2021-2022

Ski Equipment Options: Purchase (locally at Earthenware) or rent from our club at \$5.00 per lesson or \$50.00 for the season.

To avoid disappointment, register soon, as space is limited!!!

For more information please visit our Facebook page at:

https://www.facebook.com/groups/1302526809779153/ or contact Richard D. Burkholder at bur9000@telus.net or phone (250) 567-9000







#### W.L. McLeod Strong Start

A free program here at our school for children ages 0 -5, with their caregivers. Snack is provided.

Please sign up ahead of time (5 families allowed per day).

Our program runs every Monday, Tuesday, Wednesday and Thursday from 9am to 12pm.

And a new afternoon/evening class every Wednesday 3:30pm to 6:30pm!

Adults must wear a mask while in the building.

Check out our Facebook page "W.L. McLeod Strong Start" for updates and for the weekly sign-up!

Please contact our program facilitator Sarah Meads at smeads@sd91.bc.ca













Check out our McLeod website http://wlm.sd91.bc.ca/

Daily Health Check					
Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE			
	Fever	YES	NO		
	Chills	YES	NO		
	Cough or worsening of chronic cough	YES	NO		
	Shortness of breath	YES	NO		
	Loss of sense of smell or taste	YES	NO		
	Diarrhea	YES	NO		
	Nausea and vomiting	YES	NO		
International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO		
Confirmed Contact	Are you a confirmed contact of a person who's confirmed to have COVID 19?	YES	NO		

If you answered "YES" to one of the questions included under "Key Symptoms of Illness" (excluding fever), your child should stay home for 24 hrs from when the symptoms started. If the symptoms improve, your child may return to school when they feel well enough. If the symptoms persist or worsens, seek a health assessment.

If you answered "YES" to two or ore of the questions included under "Symptoms of Illness" or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID 19 has been excluded and symptoms have improved.



### JANUARY 2022 MENU

# Each meal is 5.00 (reg), or 6.00 (lg). PLEASE PRE-ORDER AND PRE-PAY



\*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal Student's name \_\_\_\_\_\_\_ Teacher

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you							
	4	5	6	7			
	Sausage & Eggs	Perogy Casserole	Roast Chicken	Lasagna			
10	11	12	13	14			
Chili	Crepes	Ham & Cheese Bun	Butter Chicken	Mac & Cheese			
17	18	19	20	21			
Quesadillas	Pancakes & Sausage	Snack Plate	Chicken Strips	Chicken Ranch Wrap  Interims home			
24	25	26	27	28			
Pizza Bagels	French Toast	Pork Cutlets	Cheese Burgers	Wowie Maui Chicken  Beach Day			
31							
Spaghetti							