



The Prowler

the news of the week
les nouvelles de la semaine



May 24, 2023

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 33

Hadi, Bonjour and Hello,

Our Jump Rope for Heart event was amazing. The kids had so much fun as they skipped. The energy in the gym was amazing! The cookie sale by Mrs. Marks and Ms. Loewen's class raised \$749.65 and the cookies were delicious! We are getting closer to our school goal of \$3,000 for the Heart and Stroke Foundation. Please consider making another donation to get us to our target. And thank you to Mrs. Nemethy for making this all happen.

We still need a host for Yacine, our French Monitor from France for 2023-2024. Please let me know if you have any leads or could host yourself.

Our kids will be running, jumping, and throwing in the next little while. Tomorrow is the Primary Fun Run for our K to 3 students in Ft. St. James and next Wednesday is the intermediate Track and Field meet in Fraser Lake. Have fun everyone!

Remember, our theme this year is "Me, You and Us!" It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

COMING SOON:



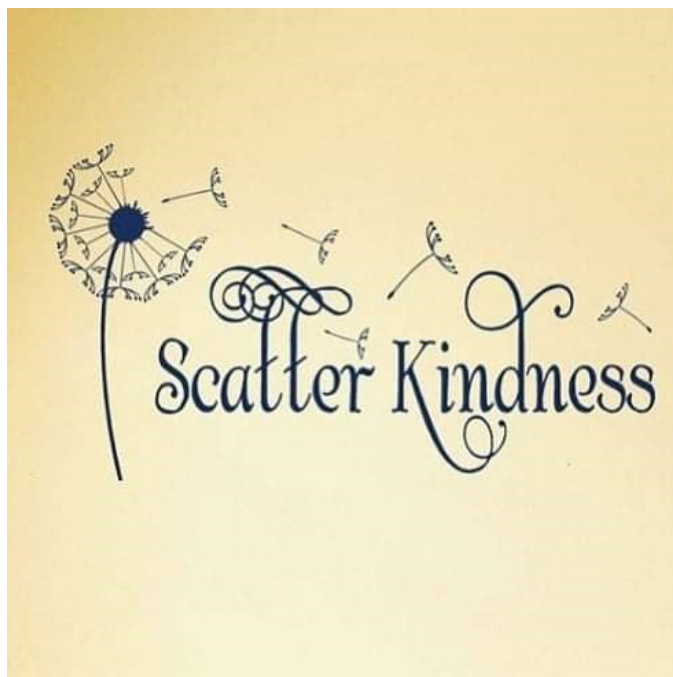
May 25: Primary Fun Run

May 31: Track and Field

June 6: Welcome to Kindergarten
BBQ—4:30 PM

June 21: National Indigenous Peoples Day

The hard copy of the newsletter only includes page 1 and the hot lunch menu. To access the rest of the newsletter, please contact us to be added to the email list. lswanson@sd91.bc.ca



MAY 2023 MENU

Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month

Please Pre-Order and Pre-pay

Student's Name: _____ **Teacher:** _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Bagels 	2 Crepes 	3 Meatloaf  5:00 PAC Meeting	4 Roast Beef 	5 Breaded Chicken Wrap 
8 Chicken Strips 	9 Pancakes 	10 Perogy Casserole 	11 Snack Plate 	12 PRO-D DAY
15 Pizza Sub 	16 Sausage and Eggs 	17 Chicken Ranch Wrap  Share The Love Day	18 Chow Mien & Spring Rolls 	19 Baked Spaghetti 
22 VICTORIA DAY	23 French Toast 	24 Ham & Cheese Buns 	25 Taco Wrap  Primary Fun Run	26 Caramel Chicken 
29 Beef Stew 	30 Baked Omelet 	31 Pulled Pork Sandwich  Intermediate Track and Field		



'Registration is now open for the 2023 Summer Season! We offer full and 1/2 summer registration packages. Summer registration fees includes all practices, fun events, BCSSA annual fees, and swim meet entries! Please see our website below for more information and join our FB page: Nechako Valley Swim Club. Join the fun!

[Nechako Valley Swim Club Website/Registration](#)



Registration for the upcoming hockey season is open! Sign up now and take advantage of early bird pricing.

Returning Player:

<https://go.teamsnap.com/forms/373299>

First Time Player:

<https://go.teamsnap.com/forms/373301>

Coach/Volunteer:

<https://go.teamsnap.com/forms/373300>

VMHA is also offering a new program for kids wanting to try hockey for the first time!

This program is designed for NEW players (not previously signed up with VMHA) that are under the age of 11 that are interested in trying the sport of hockey without the up-front cost and commitment of buying any gear or travelling to games or tournaments.

Vanderhoof Minor Hockey will provide all equipment to the player to borrow for the duration of the program (September to December). After the completion of the program, the players have the option to continue playing with their age division or return the borrowed gear to VMHA.

There are only 20 spots available for this program so let's take full advantage and get more kids out on the ice!

Players in the U11 division that decide to continue playing will pay the pro-rated registration fees for the remainder of the season

<https://go.teamsnap.com/forms/374333>



Kennedy's Curious Kiddos

Did you know???

Mx. Kennedy has some eggsellent farm fresh eggs for sale!

The eggs are \$5/doz.

She also has some hatching fowl!

- Chicks are \$10
- Ducklings are \$20

100% of sales will be donated to Mx. Kennedy's Curious Kiddos and their classroom's cooking program! Please contact Mx. Kennedy at akennedy@sd91.bc.ca or text 250-570-9831 if you'd like weekly eggs or some chicks.

You can also pop into the office and we can grab you a dozen or two!

Thank you for helping us help the kids in their cooking endeavors!





To all parents,

In an effort to keep all of our children safe online it is recommended parents of children, who have access to the internet, visit cybertip.ca

Cybertip.ca, Canada's national tipline for reporting the online sexual exploitation of children, is currently issuing a warning regarding the social networking app *Discord*. Cybertip.ca states children using Discord are at risk for being lured, groomed, and are vulnerable to online violence.

It is recommended that children always be monitored when engaging in online activities.

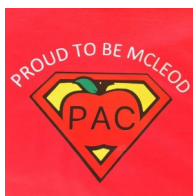
Debbie Scott,

SD91 District Counsellor



Delivery Date: May 31st

W.L. McLeod PAC will notify you when it is time to pickup



MCLEOD IS
NOT FREE.



Thanks for
keeping our
McLeod
family safe.

**No peanuts, Brazil nuts and hazelnuts
(including peanut butter and Nutella)
PLEASE.**

Jump Rope for Heart



Last Friday all the students at school took part in the Jump Rope For Heart skipping event. Cohort groups skipped during their respective sessions in the gym with music playing in the background. They had opportunities to win prizes while showing off their skipping skills during various skipping contests. As of Tuesday night, donations raised online reached \$1755. A big THANK YOU also goes to the class of Mrs. Marks and Ms. Loewen for making and selling heart cookies for the event. All money raised from the cookie sale will be added to our total for the Heart and Stroke Foundation. All these donations help fund life-saving research and other Heart and Stroke initiatives. Thank you so much for supporting Jump. You've made a difference! If you would like to make a donation the W L McLeod fundraising page on jumpropeforheart.ca will remain open for 2 more weeks.

Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

Thanks!

Lindsay



All band students should have received a letter from Mr. Larden regarding what you will need for the concert. If you have not received this letter, please connect with Mr. Larden ASAP.



**Thank you for keeping McLeod scent free
(including essential oils).
We appreciate your support for our students**

