

## The Prowler

the news of the week les nouvelles de la semaine



April 30, 2025 250-567-2267 http://wlm.sd91.bc.ca Issue 27

Hadi, Bonjour and Hello,

It's Annie week! Our 16th Proud to Be McLeod Production is on May 1, 2 and 3. Tickets are available at Wallace Studios, Quilter's Corner and at our school office. They are only \$5.00 each and \$20.00 for a family of 4 or more. Don't miss it!

We are looking for a few more caregivers to help out with the install of our Fish on Our Fence project on Thursday, May 15th at 9:00. Please call the school or reach out to me if you can join us.

There is lots of jumping at McLeod right now. We are skipping for Jump Rope for Heart 2025. Please help us reach our goal of \$3,000 for the Heart and Stroke Foundation. It's super easy to do. Just go to their website and make sure you use the drop down to identify W. L. McLeod as the participating school. Thank you for your support.

This week our school is working on a project to honour Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S). Red Dress Day is on Monday, May 5th but we are learning about this critical issue this week. We encourage everyone to wear red on Monday to honor the lives of missing and murdered Indigenous individuals and to raise awareness about the ongoing violence they face.

We are going to finish up our Be a Bridge pledge for April this week. It's I will flex my empathy muscles and try to understand another's viewpoint.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

> Proud to be McLeod Ms. L. Hart

We would like to remind you that doors in our school are <u>locked</u> apart from the front door. Adults should **only** enter through the front door. Please **sign in and out** at the office. Please **do not go to classrooms** without permission from our office staff.

#### COMING SOON:

May 1—3: ANNIE SHOWS

May 12-16: Share the Love Week

May 15: Fish on the Fence

May 27: Welcome to Kindergarten BBQ

4:30-5:30 PM

May 29: Will's Jams Assembly



See the whole newsletter



## W.L. McLeod PAC Corner

wlmcleod.pac@gmail.com



More PAC members needed!





# **May 2025 MENU**



77.				•
Student's Name:		Teacher:		
<b>Total Amount:</b>				
70 474				
If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! Cheques should be made payable to SD91				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Bacon Ranch Wrap and Salad Bar 7:00 - ANNIE	2 Chicken Tetrazzini 1:00/7:00 - ANNIE
5 Cinco de Mayo – Taco Casserole	6 Chicken Noodle Soup	7 Eggs and Sausage	8 Butter Chicken Lasagna (recipe made by the FLESS culinary arts 12) and Salad Bar	9 Pro-D-Day
Turkey and cheese sandwich	13 National Apple Pie Day Apple Pie topping to French Toast  FISH ON OUR FENCE	14 BC Beef Day Teriyaki Beef with rice FISH ON OUR FENCE/ GROWING SMILES	15 Chicken Caesar Wrap and Salad Bar  FISH ON OUR FENCE INSTALL/JUMP ROPE	16 Spaghetti
19 Victoria Day	20 Chili 5:00 – PAC MEETING	DELIVERY 21 Broccoli and Cheddar Soup DUMPSTA DRAGONS ASSEMBLY	FOR HEART  22 Fish Sticks and Salad Bar	23 Cheese Tortellini with marinara sauce
26 Chicken Ranch Wrap	27 Pancakes and Eggs WELCOME TO K BBQ	28 National Hamburger Day - Hamburgers	29 BBQ Chicken and Salad Bar WILL'S JAMS ASSEMBLY	30 Tuna Casserole



<sup>\*</sup> Please note: Our kitchen is not fully vegetarian or Gluten free\*
\*(V) indicates vegetarian option is available if pre-requested\*

Proud to be McLeod Productions presents our 16th annual production



W.L. McLeod Gymnasium

## **Showtimes**

Thursday Friday
Saturday
7pm
Saturday Matinee
1pm

Book by Music by Lyrics by Thomas Meehan Charles Strause Martin Charnin Original Broadway Production Directed by Martin Charnin Based on "Little Orphan Annie"® By Permission of Tribune Content Agency, LLC. Annie JR. is presented through special arrangement with and all authorized materials are supplied by Music Theatre International, New York, NY (212) 541-4684 mtishows.com Tickets

\$5 each or \$20 for a family of 4 or more

Tickets are available for purchase at Wallace Studios, Quilters Corner & W.L McLeod Office & at the Door. Please purchase "family of 4 or more" tickets at the School Office.

Cash Only Please





### Support heart health with Jump Rope for Heart

Our school is participating in Jump Rope for Heart – a fundraiser that will encourage our students to get active, build healthy habits and give back.

#### Here's why we're participating

- Money raised by our school helps Heart & Stroke drive important heart and brain research that will save lives, prevent heart disease and stroke and support families living with these conditions.
- Jump is an inclusive event for all abilities to get kids moving and help them discover new and exciting ways to get active.
- Students learn the EASY Healthy Habits that they can use to keep their hearts and brains healthy and help reduce their risk of developing heart disease and stroke later in life.
- Jump gives back! Students can earn thank you gift cards from Indigo, Amazon or Walmart based on their fundraising level as a heartfelt thank you for their hard work.

#### How does Jump Rope for Heart work?

#### At school:

- Starting today, we'll be practicing some awesome skipping and heart-pumping activities!
- We'll be learning about Heart & Stroke's Easy
  Healthy Habits to keep our hearts and brains strong
  and healthy to help prevent heart disease and stroke
- It all leads up to our Jump Event Day, where we'll celebrate what we've learned and the funds we've raised with fun jump rope stations, games, activities, and more. It's going to be a blast!

#### At home:

- You can help support lifesaving research by collecting donations from family and friends.
- There is no cost to participate.
- Fundraising starts now until our Jump Event Day
- Jump Rope for Heart uses an online fundraising platform. To register, create a personalized fundraising page for your child using the link below. When you register, you'll also get:
  - o Helpful fundraising tips and ideas
  - o Information and tools about the EASY Healthy Habits
  - o Insights into Heart & Stroke's life-saving work

#### **Our Jump Event Day is:**

#### Thursday May 15, 2025

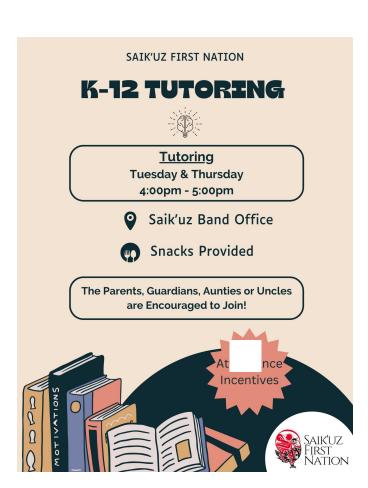
To learn more about Jump Rope for Heart visit <u>jumpropeforheart.ca</u>

#### Register Now!

<u>W L Mcleod Elementary - Vanderhoof</u> or visit <u>jumpropeforheart.ca/registration</u> and search for your school



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#### **SD91 Inclusion Corner**

Red Dress Day

Also known as the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and 2SLGBTQQIA+ Peoples (MMIWG2SLGBTQQIA+)

The red dress symbolizes the missing and murdered Indigenous women, and the colour red was chosen as it is believed to be the only color spirits can see. Hence, it is used as a call to the spirits of these women to return home. The day is marked by individuals and institutions displaying red dresses in public spaces, creating a visual reminder of the Indigenous women who are no longer present.



DROP-IN PROGRAMS FOR ALL AGES Children under 6 must be accompanied by an adult.

1ST WEDNESDAY OF THE MONTH\* - LEGO CLUB
2ND WEDNESDAY OF THE MONTH - MINECRAFT CLUB
3RD WEDNESDAY OF THE MONTH - IMAGINATION STATION

\*PROGRAMS RUN ON THE FIRST WEDNESDAY OF EACH MONTH, BASED ON THE SCHOOL CALENDAR





#### **Proposed Policy Update**

The following draft policies are currently open for public feedback until 4:30 p.m. on Friday, May 16, 2025.

Policy 1003.1 – Visitors to Buildings and Sites

Members of the public are welcome to review all the information, including how to provide feedback, on the SD91 Policies and Regulations webpage at <a href="https://www.sd91.bc.ca/policies-and-regulations">www.sd91.bc.ca/policies-and-regulations</a>.

Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

Thanks!

Lindsay



#### Draft 2027-28 School Calendar

At its Regular Meeting on Monday, April 28, 2025, the SD91 Board of Education passed a motion to collect additional public feedback regarding the draft 2027-28 school calendar

You may view this draft and the District's approved yearly school calendars under the About Us tab at <a href="https://www.sd91.bc.ca">www.sd91.bc.ca</a>.







Please do not send bags of unpopped popcorn or the KD cups for lunches. It takes too long to cook in the microwave and we end up running out of time to eat. They also burn in the microwave too easily.

Thank you!





Registration is now open for the Summer Session, May 20th - August 17th. Pick half or full season. We're always accepting new swimmers to the club! There is a payment plan available and all family members must register at the **SAME** time for the family discount to apply. Please see the following website for more info. or check out our Facebook page: Nechako Valley Swim Club.

https://www.active.com/vanderhoof-bc/water-sports/swimming-registrations/nechako-valley-swim-club-summer-season-2025

Nechako Valley Swim Club

# Wild Goose Chase Fun Run!

SATURDAY, May 10<sup>th</sup> at 10:00am

**WL McLeod Elementary** 

3.5km Run, 8km Run, 5km walk

Open to EVERYONE of all ages!

Lots of draw prizes!

Medals for all kids under 8 years old

**Must Register On-Line at:** 

https://zone4.ca/register.asp? id=35131&lan=1&cartlevel=1

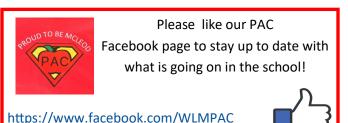
(Or go to <a href="www.zone4.ca">www.zone4.ca</a> and search "Wild". Email <a href="mailto:zoewalk@hotmail.com">zoewalk@hotmail.com</a> for questions.)

**NO DAY OF REGISTRATION!** 





Kindergarten registration is now open. Spread the word! Caregivers can drop by McLeod anytime to register.





#### Superintendent's Report to the Board

Superintendent Anita McClinton presented her Monthly Report at the Regular School Board Meeting on Monday, April 28, 2025.

You may find it under the Latest News heading at www.sd91.bc.ca.



## Reminder: Still time to register for Jump Rope for Heart

This is a quick reminder that our Jump Rope for Heart Event Day is coming up on Thursday May 15th. Before the big day, our students will be having lots of fun getting active and fundraising to support Heart & Stroke. We'll also be discovering EASY ways to reduce the risk of heart disease and stroke later in life.

You can help support lifesaving research by collecting donations from family and friends. There's still time! Register and create a personal fundraising page <a href="https://">how-to-register-your-child-for-jump.pdf[,]</a>, at <a href="https://">https://</a> jumpropeforheart.crowdchange.ca/89764

As of Tuesday morning we have raised \$1,295.00, almost half way to reaching our goal of \$3000.00. It's not too late to register and help us reach our goal. Our big jump off event is in two and a half weeks. Keep jumping and preparing for this great cause. Thank you for your participation.

