



The Prowler

the news of the week
les nouvelles de la semaine



January 29, 2025

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 18

Hadi, Bonjour and Hello,

Just a few more days until our Murray Ridge ski and snowboard trips. We hope the kids have a fantastic time. This trip wouldn't happen without Mme Leclerc and all her hard work to get it organized. Thank you!

Congratulations to the cast and crew of the Vanderhoof Children's Theatre production of "Finding Nemo." Part of our school got to see it on Monday and the rest of us will go next Monday. Well done VCT!! We are especially proud of the McLeod kids in the show. We hope you and your family will go take in a show. You will love it.

This is the last week of our January Be a Bridge pledge - **I will offer encouragement instead of criticism.** We learned about the "encouragement game" that you can play at school or at home. It's really not a game, it's just the idea that you can consciously flip negative to positive by sharing encouraging comments. In fact, if you "fake it 'til you make it" we can fill other people's buckets instead of taking from them.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

COMING SOON:

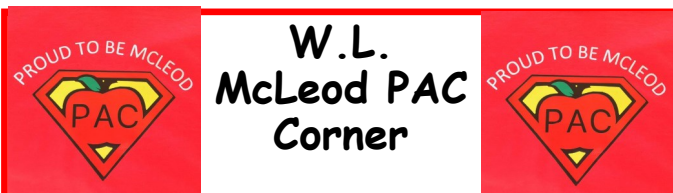
Jan 30: Murray Ridge Intermediate Ski Day (Tait, Meads, Reimer)

Jan 31: Murray Ridge Intermediate Ski Day (Ko, Mueller, Leclerc)

Feb 6: School Science Fair in Library

Feb 7: Pro-D Day—**NO SCHOOL FOR STUDENTS**

We would like to remind you that doors in our schools are locked apart from the front door. We would like to remind you to please sign in and out at the school office. Once you sign in the staff in the front office will let you know if you can go to the classroom.



Make It Sow Fundraiser running from
January 27-February 11th

Stay close to
people who feel like
sunshine.

February/March 2025 MENU

Student's Name: _____ **Teacher:** _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Ranch Wrap 	4 Beef Barley Soup & Bun 	5 Chicken and Rice Casserole 	6 Pizza Dog 	7 Pro-D Day
10 Eggs and Sausage 	11 Mac & Cheese 	12 Quesadilla 	13 <i>National Tortellini Day</i> - Tortellini with alfredo sauce 	14 Sloppy Joes 
17 Family Day	18 Breakfast Wraps 	19 Spaghetti 	20 <i>Black History Month</i> - BBQ Chicken 	21 Tomato Soup and Grilled Cheese 
24 Pancakes and Eggs 	25 Sweet n' Sour Meatballs 	26 Crispy Chicken Wraps 	27 Pizza Bagel 	28 Lasagna 
MARCH 3 <i>National Cold Cuts Day</i> - Club Sandwich 	4 Chicken Alfredo 	5 Beef Stew 	6 Fish Sticks 	7 Beef Broccoli 
10 French Toast 	11 <i>National Noodles Day</i> - Chicken Noodle Soup 	12 Pulled Pork 	13 Mac and Cheese 	14 <i>Holi</i> - Butter Chicken 
17 Spaghetti 	18 12:00 - Early Dismissal 2:00-6:00 - Talk About Learning Time	19 Snack Plate 	20 Chicken Caesar Wrap 	21 Pancakes and Sausage 

* Please note: Our kitchen is not fully vegetarian or Gluten free*
 (V) indicates vegetarian option is available if pre-requested



Please Label Snow Gear

Please ensure all outdoor snow gear (mitts, toques, coats, snowpants and boots) are labeled with your child's name



Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

Thanks!

Lindsay



Helmets **MUST** be worn by

ALL adults on the ice

at the arena.



This includes staff and caregiver volunteers



**I will offer
encouragement
instead of
criticism.**

UPCOMING DATES: JANUARY 10 - FEBRUARY 21 - MARCH 7

**AFTER SCHOOL
CHILL ZONE**
@the Library
3:15 - 4:30

YOU CHOOSE

DROP IN : VIDEO GAMES : CRAFTS : MUSIC : BOARDGAMES

Vanderhoof Public Library

K-12 TUTORING



Tutoring

Tuesday & Thursday
4:00pm - 5:00pm

📍 Saik'uz Band Office

🍴 Snacks Provided

The Parents, Guardians, Aunties or Uncles
are Encouraged to Join!

Attendance
Incentives



Vanderhoof Elementary School/W. L. McLeod Elementary School
PHOTO ARCHIVE
1960 to 2005

<https://www.youtube.com/watch?v=jC-rDH5APAQ>



1ST WEDNESDAY OF THE MONTH* - LEGO CLUB
2ND WEDNESDAY OF THE MONTH - MINECRAFT CLUB
3RD WEDNESDAY OF THE MONTH - IMAGINATION STATION

*PROGRAMS RUN ON THE FIRST WEDNESDAY OF EACH MONTH, BASED ON THE SCHOOL CALENDAR



Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email lswanson@sd91.bc.ca

Thank you



Please like our PAC Facebook page to stay up to date with what is going on in the school!

<https://www.facebook.com/WLMPAC>



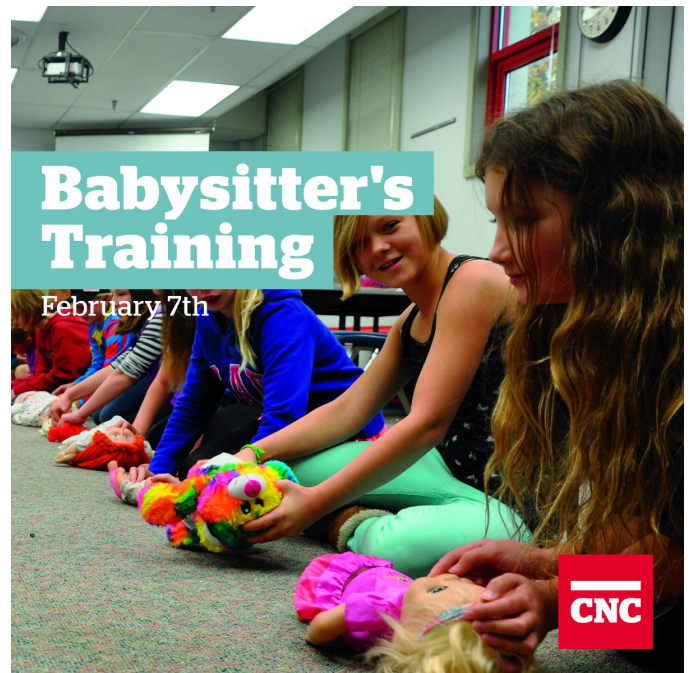
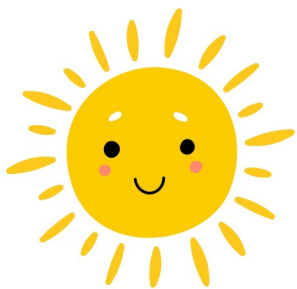
T-Shirt Tuesdays



Please wear your McLeod wardrobe every Tuesday. It's a great way to show your school spirit! Anything McLeod works. We love homemade stuff too!



Thank you for keeping McLeod scent free (including essential oils). We appreciate your support for our students





Join us for a morning of pizza making!
travel provided from Fort St. James

Vanderhoof:
Date: Friday, February 7, 2025
Time: 9:30am - 12:30pm
Drop off at: 157 Victoria Street East
For more information, contact:
 Rachel Larose
 Phone: (250) 567-0316
 Email: rlarose@connexus.ca

Fort St. James:
Date: Friday, February 7, 2025
Time: 8:30am - 1:30pm
 (includes travel time)
Drop off at: 349 Stuart Drive West
For more information, contact:
 Nic Van de Vyver
 Phone: (250) 996-3902
 Email: nvandevyver@connexus.ca

Space is limited, registration required.



Please do not send bags of unpopped popcorn or the KD cups for lunches. It takes too long to cook in the microwave and we end up running out of time to eat. They also burn in the microwave too easily.

Thank you!

How do you solve a problem?

Use your WITS!

Walk Away
Ignore
Talk it Out
Seek Help

www.witsprogram.ca

Let's all use our WITS at home and at school

MCLEOD IS
NOT FREE.



Thanks for keeping our McLeod family safe.

No peanuts, Brazil nuts and hazelnuts (including peanut butter and Nutella) PLEASE.



SAIK'UZ FIRST NATION

FEBRUARY
Cultural Days
Najaz Dzen - Snow Days

February 7 & 8, 2025
10AM-3PM

The Gathering Place
(Saik'uz Band Office)

Everyone Welcome!

Indoor & Outdoor Activities!

Lunch Provided

Competitions & Prizes!

Have Questions? Contact:
education@saikuz.com | 250-567-9293

