

## The Prowler

## the news of the week les nouvelles de la semaine



We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

March 20, 2024 250-567-2267 http://wlm.sd91.bc.ca Issue 27

Hadi, Bonjour and Hello,

Thank you to all of you who made it out to Talk About Learning Time yesterday. What a great way to spend a Spring day! If you didn't have a chance to connect with your child's teacher please feel free to contact them directly to set up another time to talk about learning.

Tomorrow is our grade 4 to 6 basketball play day. As our stage is set up for Seussical, games will be played at other gyms around Vanderhoof. Have fun and play hard athletes and many thanks to our coaches Mrs. Nemethy, Mrs. Mueller, Mrs. Ellis and Mr. Meads.

It is about one month until Seussical opens on our McLeod stage. It plays April 25 to 27 at 7:00 and a matinee at 1:00 on the 27th. It's a music packed collaboration of Dr. Seuss books and characters. 80 students have been working very hard since October and we can't wait to share it with everyone. Tickets are on sale now at the Vanderhoof Department Store, Wallace Studios and our school office. \$5.00 each or \$20 for a family of 4 or more. We think it's the cheapest, best entertainment in town!

From all of us at McLeod, we wish you a Spring Break that brings you all you and your family want and need. Enjoy!!

Don't forget, our theme this year is "An attitude of GRATITUDE." It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod Ms. L. Hart

Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

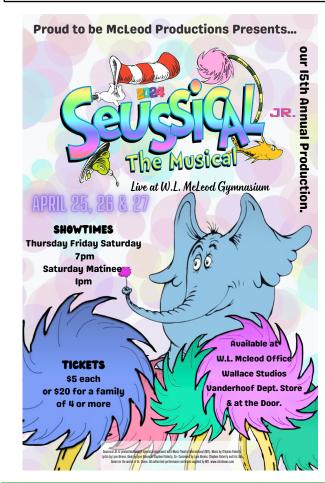
Thanks! Lindsay

#### COMING SOON:

Mar 21: Basketball Playday

Mar 25 - April 5: SPŘINĞ BREAK

April 8: Welcome Back



We are trying to be kind to our earth and reduce the amount of paper we use at school. We will send out the front page of the newsletter and the Hot Lunch Menu in a hard copy, but the rest of the newsletter will be sent electronically. Please call the office to get your name on our newsletter e-mail list, or, try out our new QR code to the newsletter!



School Newsletter



# APRIL 2024 MENU



Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month. Please Pre-Order and Pre-pay

Student's Name: _	Teacher:						
Total Amount:							
If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! Cheques should be made payable to SD91							
Monday	Tuesday	Wednesday	Thursday	Friday			
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break			
8 Grilled Cheese and Tomato Soup (V)	9 Mac & Cheese (V)	10 Chicken Quesadilla	11 Pancakes and Sausage with Salad Bar (V)	12 Meatball Sub			
15 Spaghetti (V)	16 Butter Chicken	17 Ham and Potato Soup	18 Chili and Salad Bar  Floor Hockey Play Day	19 Breakfast Wrap (V)  Hat Day			
22 French Toast (V)	23 Roast Beef & Cheese Bun	24 Chicken Caesar Wrap	25 Pulled Pork Sandwich & Salad Bar	PRO-D Day USSICAL			
29 Chow Mien	30 Sausage and Eggs						

# Community News

#### 🗸 Free Course 🎩

Learn basic childcare, accident prevention, first aid and how to handle emergency situations and receive a certificate upon successful completion. This program is based on the Red Cross Youth Society curriculum. Students are required to bring a baby doll and a lunch will be provided.

For youth 11 years old and older.

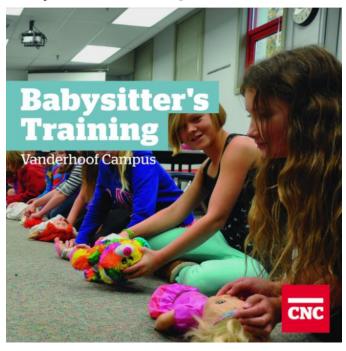
Date: Friday, April 26th & Friday, May 10th

Time: 9:00am - 3:00pm

Location: Vanderhoof Campus #195 - 1st Street East

Cost: FREE - Sponsored by CALP (Community Adult Literacy Program)

Call to register at 250-567-3200 or email nechako@cnc.bc.ca





Cookie and Easter egg decorating followed by an Easter egg hunt!

Monday, March 25, 2024 Date:

157 Victoria Street West (Connexus Board Room)

Swimming at the Vanderhoof Aquatic Centre (transportation provided)

Ages: 9 - 11 year olds Tuesday, April 2, 2024

1pm - 4pm

157 Victoria Street West (Connexus Board Room)

Rae-Ann Godfrey Ph: (250) 570-7599





Calling all avid gardeners!

As spring approaches, the students at McLeod will be getting the Farm to School Garden ready. We have a large outside plot and a greenhouse we would love to fill up again this year. The school would appreciate your support through plant starter donations. We will accept all donations and make sure they get put to good use. Here is a quick list of plants we would like to grow in the garden this year:

- · Tomatoes (all kinds)
- · Peppers (all kinds)
- · Cucumbers (all kinds)
- · Potatoes (all kinds)
- · Pumpkins
- · Squash
- · Zucchini

All donations can be dropped off at the school, or can be arranged to be picked up, starting April 8th, 2024.

Thank you, in advance, for your support. Happy planting!





### **Vanderhoof Youth Slow** Pitch Registration is now open!



Early bird registration ends March 17, and registrations close April 11, 2024.

You can register online at: https://zone4.ca/register/VgAJKq/

Or stop by Nechako Outdoors to fill out a hard copy and leave it in the drop box.

Check out our Facebook page for updates and information at:

https://www.facebook.com/groups/ Youthsoftball/

Thank you to **Everything for Ewe** for the generous donation of materials! **Spring Break Felting Fun** 

Keep the kids busy this spring break and get their crafty juices flowing while they learn a new skill! Join us for felting!

Date: Friday, April 5, 2024
Time: lpm - 4pm
Location: 157 Victoria Street W., Vanderhoof (Connexus Board Room)

For more information, contact: Fabia Rombach

Phone: (250) 570-1858 Email: frombach@connexus.ca



Free Self Defense for Youth at the Vanderhoof Campus

For youth 12 to 18 years old

Pro-D Day April 26th

10:30am-12:00pm or 1:00pm-2:30pm

Sponsored by CALP (Community Adult Literacy Program) Only 8 spots available per session

Please call to register at 250-567-3200

About the Coach:

Sloane is a Jiu Jitsu Purple belt registered with the IBJJF and will be under Professor Dave Rothwell of Pacific Top Team Vernon. Sloane has been grappling for 8 years; first training Mixed Martial Arts before moving to Jiu Jitsu. He brings a year and a half coaching experience





KidSport BC has reached out to us to spread the word of financial assistance to assist with registration fees. Families can complete the paper application attached or they can also apply online here: KidSport™ Canada (smartsimple.ca) and select Provincial Office BC as their community chapter. The KidSport BC Provincial Fund/Office (which supports Vanderhoof) can provide grants of up to \$400 per child, per calendar year. If you have any questions, please do not hesitate to reach out to Katelynn Ramage, Operations Manager, with any questions. kidsport@sportbc.com Home - KidSport British Columbia (kidsportcanada.ca)