



# The Prowler

*the news of the week*  
*les nouvelles de la semaine*



May 12, 2021

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 31

Hadi, Bonjour and Hello,

It is Jump Rope for Heart week. Our official JUMP day is May 13<sup>th</sup>. We are close to our goal of \$3,000 but, of course, we are hoping to raise as much as possible. I have encouraged every child to bring in at least \$5.00 even if they aren't able to do it through the official website. Every little bit counts, and I know the kids are so proud when they are part of a big school-wide goal. Thank you for helping out the Heart and Stroke Foundation.

Once again, we want to express our gratitude for the feedback you have given us about our new reporting options for 2021-2022. We will keep the samples in the newsletter for the next few weeks if you still have thoughts to share. We'd love to hear them!

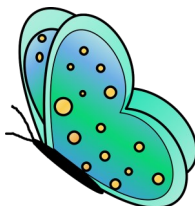
Monday, May 17<sup>th</sup> is our SD91 Share the Love Day. It is a day to honour the things we celebrate at McLeod— love, acceptance and inclusion. This is something we work on in so many ways every single day. Remember, we're all in this together! Activities for the day will include a message from our superintendent Manu Madhok, reading a story book called "Red: A Crayon's Story" that helps us think about our theme for the day, and we'll also do some fun outdoor art.

Don't forget, this Friday is our last Pro-d Day of the year.

Thank you for doing the Daily Health Check for each of your children every day.

We continue to work together with you and the kids to help our McLeod students become children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. **WE'RE ALL IN THIS TOGETHER!**

Proud to be McLeod,  
Ms. L. Hart



## COMING SOON:

- May 13: Jump Rope for Heart Plant Fundraiser Due
- May 14: Pro-D Day—**No School for Students**
- May 17: Share the Love Day
- May 21: McLeod's Primary Fun Run
- May 28: McLeod's Track & Field Day Neon Day

*Do not become a  
stranger to yourself by  
blending in with  
everyone else.*

## Tips on Developing Effective Communication with Children



- Get on their level and make eye contact.
- Give them your full attention and listen to them genuinely.
- Acknowledge their emotions with empathy.
- Let them express their own opinion and share yours using "I" statements.
- Summarize what they said so they notice they were heard and clarify their message if needed.

# McLeod Report Card Proposed Samples

We'd love to hear your feedback!

|         | Kindergarten |    |    | Grade 1 |    |    | Grade 2 |    |    | Grade 3 |    |    | Grade 4 |    |    | Grade 5 |    |    | Grade 6 |    |    |
|---------|--------------|----|----|---------|----|----|---------|----|----|---------|----|----|---------|----|----|---------|----|----|---------|----|----|
|         | T1           | T2 | T3 | T1      | T2 | T3 | T1      | T2 | T3 | T1      | T2 | T3 | T1      | T2 | T3 | T1      | T2 | T3 | T1      | T2 | T3 |
| Reading |              |    |    |         |    |    |         |    |    | 1       | 2  | 3  |         |    |    |         |    |    |         |    |    |

**Legend:** Reading Level Term 1: 1 Reading Level Term 2: 2 Reading Level Term 3: 3 = Grade Level Expectations  
 = Personal Goal

This report describes the students learning progress based on provincial learning expectations for each grade level. It is intended to inform about learning successes and to guide improvement efforts when needed. Please remember learning is a continuous journey and this report card is simply a snap shot of learning at this time.

| CURRENT PRIMARY | CURRENT INTERMEDIATE | PROPOSED for 2021-22 |
|-----------------|----------------------|----------------------|
| Not yet meeting | C-                   | Beginning            |
| Minimally       | C/C+                 | Developing           |
| Fully           | B                    | Applying             |
| Exceeding       | A                    | Extending            |

## My Goals Journal 2021-2022

for \_\_\_\_\_

My Learning goal is:

My words: \_\_\_\_\_

My Teacher's words: \_\_\_\_\_

Core Competency:



My Progress:

|         | Beginning |  |  | Developing       |                  | Applying |  |  |                      |
|---------|-----------|--|--|------------------|------------------|----------|--|--|----------------------|
| Student |           |  |  | Oct 15<br>Term 1 | Nov 23<br>Term 1 |          |  |  | Ready for a New Goal |
| Teacher |           |  |  | Oct 15<br>Term 1 | Nov 23<br>Term 1 |          |  |  | Ready for a New goal |



| Check in | Date   | How are you doing | What's your plan? |
|----------|--------|-------------------|-------------------|
| 1        | Oct 15 |                   |                   |
| 2        | Nov 23 |                   |                   |



### Jump Rope for Heart - May 13, 2021

The excitement is building as we approach our big Jump Rope for Heart Event day on Thursday (yes, tomorrow)! There will be music playing and students jumping throughout the day. Please make sure to send your child to school with comfortable sneakers and clothing to jump in. We are encouraging students to wear red on Thursday for the big event. Our total so far is \$2786.00. If you would like to make a donation you can drop off cash or a cheque (payable to SD91) at the school office or go on-line to donate to a specific student or the school ( [https://secure-support.heartandstroke.ca/site/SPageServer?pagename=jfh\\_donate](https://secure-support.heartandstroke.ca/site/SPageServer?pagename=jfh_donate)) .Make sure to scroll down the page and select either 'donate to student' or 'donate to school'. On-line donations are accepted until May 27th.

#### [Jump Rope for Heart](#)

JUMP is for kids who believe in helping other kids. Participants fundraise in support of Heart & Stroke and celebrate with a skipping event at their school. The pledges they collect go towards research and education that gives kids across Canada the best start to a healthy, happy life.

[secure-support.heartandstroke.ca](https://secure-support.heartandstroke.ca)

Please don't forget to do the Daily Health Check each morning. We are very grateful to all our families who are working with us to follow the COVID-19 guidelines. You can do your health check through the app (BC K-12 Daily Health Checker) or this website:

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>



### **School Board Meeting**

**Monday, May 17, 2021**

**6:00 pm**

**Meeting will be held Virtually**

#### **Public Attendance Notice:**

\*\*\*Due to current public health and safety requirements, we are requesting that members of the public interested in attending this meeting, contact Tracy Austin at [taustin@sd91.bc.ca](mailto:taustin@sd91.bc.ca) or 250-567-2284 prior to the meeting.

#### **Upcoming Board Meetings:**

June 14, 2021

Our school goals are that our McLeod students will be:

1. Literate as evidenced by grade 3 students meeting grade level expectations in reading in PM Benchmarks/GB+.
2. Socially Responsible Citizens as monitored through the School Learning Survey.
3. Numerate as evidenced by grade 3 students meeting grade level expectations on the DNA.



**THANK YOU FOR REMEMBERING THAT  
WE ARE A NUT FREE SCHOOL**



On May 17th, SD91 is hosting the first annual Share the Love Day. We will be honouring this day at W. L. McLeod. Our day will include a message from our Superintendent, some great story books about love, acceptance and inclusion, and a fun school-wide art project.

For more info, check out the Share the Love website at:

<https://sites.google.com/view/sd91sogiday2021/activities-resources>



*Let's all use our WITS at home and at school*

## French Immersion Survey

French Immersion families are invited to complete a short survey for BC's Ministry of Education which is seeking to better understand factors leading to the increased demand for French Immersion programs in BC.

Access the survey here:

**[https://  
feedback.engage.gov.bc.ca/631764?  
lang=en](https://feedback.engage.gov.bc.ca/631764?lang=en)**

The **Nechako Community Arts Council** (NCAC) has some exciting initiatives coming up and we want to make sure that all of the youth in the community hear about them!

We are looking for young artists (13-19) who would like to contribute some work to our window art display at the Arts Space on Church Street. June is going to be "Aspiring Artists" month and young artists are asked to contact Carolyn Himmelright ([chimmelright@gmail.com](mailto:chimmelright@gmail.com)) for more information and to organize drop off. All works have to be ready to hang. We're looking forward to seeing what our young artists have been up to!

The 3<sup>rd</sup> Annual Anonymous 6X6 Art Show is scheduled for September. All ages are invited to take part. There is no entry fee this year and artists will supply their own 6X6 canvas. (Entry does not have to be on canvas – but does have to be 6" X 6" and able to be hung for display.) All submissions will be featured in an online and in-person auction and participants will be featured in a book about the show. You can get more details on the NCAC website: <https://www.nechakocommunityartscouncil.com/>

This summer we are going to 'dress up' the Arts Space and are painting a mural on the south wall. We are offering a prize of \$100 for the design sketch that the selection committee thinks best represents our theme for the wall: "Keeping our Arts and Hearts Alive". Check the website for details about the wall space and how to enter. You can direct questions to [nechakoarts2@gmail.com](mailto:nechakoarts2@gmail.com).

| Daily Health Check          |                                                                     |            |    |
|-----------------------------|---------------------------------------------------------------------|------------|----|
| 1. Key Symptoms of Illness* | Do you have any of the following key symptoms?                      | CIRCLE ONE |    |
|                             | Fever                                                               | YES        | NO |
|                             | Chills                                                              | YES        | NO |
|                             | Cough or worsening of chronic cough                                 | YES        | NO |
|                             | Shortness of breath                                                 | YES        | NO |
|                             | Loss of sense of smell or taste                                     | YES        | NO |
|                             | Diarrhea                                                            | YES        | NO |
|                             | Nausea and vomiting                                                 | YES        | NO |
| 2. International Travel     | Have you returned from travel outside Canada in the last 14 days?   | YES        | NO |
| 3. Confirmed Contact        | Are you a confirmed contact of a person confirmed to have COVID-19? | YES        | NO |

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

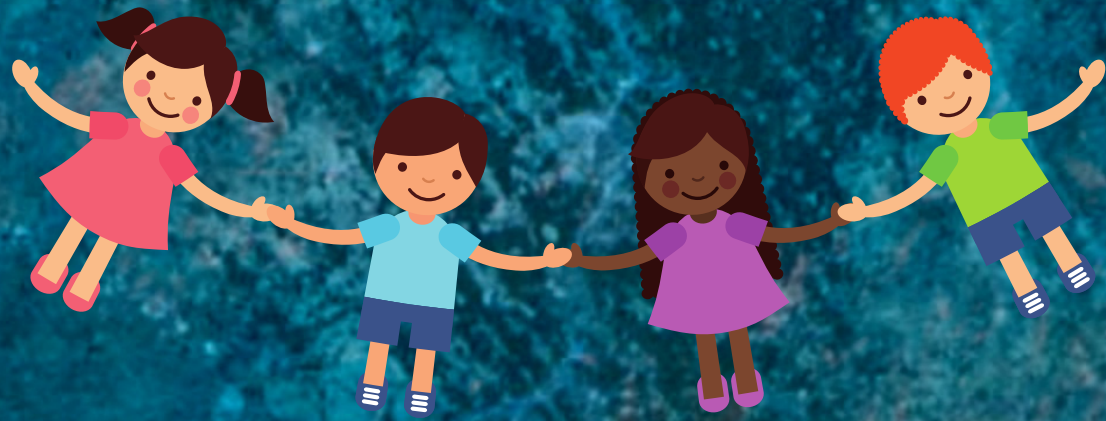
- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

**A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.**

# EXPLORING THE EARLY YEARS IN NECHAKO LAKES



**Nechako Lakes School District & the Human Early Learning Partnership (HELP, UBC) are pleased to offer a free, virtual, 2 part engagement session that will include:**

- Research on why the early years matter.
- Exploring data collected for Nechako Lakes children using the Early Development Instrument (EDI) & Childhood Experiences Questionnaire (CHEQ).
- Opportunities for generative discussion about supporting children and families in our region.

## Who Should Attend:

- Early Years & Health Professionals
- Municipal / community Leaders
- School based educators
- Pre-school service providers
- All individuals that help to support children and families

## When:

**Part 1** - May 11 @ 3:30 pm

**Part 2** - June 1 @ 3:30 pm

To register for these sessions, please email Kerri at: [kdyck@sd91.bc.ca](mailto:kdyck@sd91.bc.ca)

## Presenters:

- Dr. Alisa Almas - Research Associate
- Joanne Schroeder - Director, External Partnerships
- Kate Buium - Early Years Lead



HUMAN  
EARLY LEARNING  
PARTNERSHIP





# **HOST FAMILIES NEEDED FOR SEPTEMBER 2021 & January 2022**

Families receive \$900 per student/month to host students ages 13 to 18 for 5 or 10 months.

Families need to provide meals and a furnished, private bedroom.

RMISP follows federal and provincial COVID regulations to ensure safety of host families, students, and communities.

For inquiries in Burns Lake, Vanderhoof and Ft. St. James(SD91) please contact local Homestay Coordinator  
mini.verduzco@sd6.bc.ca OR 250-570-7912 OR Program Coordinator lori.sluth@sd6.bc.ca OR 250-688-6725





# MAY 2021 MENU

Each meal is **5.00 (reg).** or **6.00 (lg)**

**PLEASE PRE-ORDER AND PRE-PAY**



**\*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal**

**Student's name** \_\_\_\_\_ **Teacher** \_\_\_\_\_ **\$** \_\_\_\_\_

**If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you**

| Monday                                                      | Tuesday                             | Wednesday                                  | Thursday                                                         | Friday                                               |
|-------------------------------------------------------------|-------------------------------------|--------------------------------------------|------------------------------------------------------------------|------------------------------------------------------|
|                                                             |                                     |                                            |                                                                  |                                                      |
| <b>3</b><br>Sloppy Joes<br>                                 | <b>4</b><br>Pancakes & Sausages<br> | <b>5</b><br>Chicken Stew<br>               | <b>6</b><br>Stuffed Potato<br>                                   | <b>7</b><br>Filipino Pork Steak<br>                  |
| <b>10</b><br>Caramel Chicken<br><br><b>5:00 PAC Meeting</b> | <b>11</b><br>Crepes & Ham<br>       | <b>12</b><br>Perogy Casserole<br>          | <b>13</b><br>Burritos<br><br><b>Jump Rope for</b> <b>Day</b><br> | <b>14</b><br><br><b>PRO-D DAY</b><br>(No School)<br> |
| <b>17</b><br>Hamburgers<br>                                 | <b>18</b><br>Sausage & Eggs<br>     | <b>19</b><br>Shepherd's Pie<br>            | <b>20</b><br>Chow Mein & Springrolls<br>                         | <b>21</b><br>Chicken Ranch Wrap<br>                  |
| <b>24</b><br><b>VICTORIA DAY</b><br>(No School)<br>         | <b>25</b><br>French Toast<br>       | <b>26</b><br>Chicken Alfredo Casserole<br> | <b>27</b><br>Chicken Strips<br>                                  | <b>28</b><br>Pizza Bagels<br><br><b>Neon Day</b><br> |