





May 2025 MENU



Student's Name: _____ **Teacher:** _____
Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Bacon Ranch Wrap and Salad Bar  7:00 - ANNIE	2 Chicken Tetrzzini  1:00/7:00 - ANNIE
5 Cinco de Mayo – Taco Casserole 	6 Chicken Noodle Soup 	7 Eggs and Sausage 	8 Butter Chicken Lasagna (recipe made by the FLESS culinary arts 12) and Salad Bar 	9 Pro-D-Day
12 Turkey and cheese sandwich  FISH ON OUR FENCE	13 National Apple Pie Day Apple Pie topping to French Toast  FISH ON OUR FENCE	14 BC Beef Day Teriyaki Beef with rice  FISH ON OUR FENCE/ GROWING SMILES DELIVERY	15 Chicken Caesar Wrap and Salad Bar  FISH ON OUR FENCE INSTALL/JUMP ROPE FOR HEART	16 Spaghetti 
19 Victoria Day	20 Chili  5:00 – PAC MEETING	21 Broccoli and Cheddar Soup  DUMPSTA DRAGONS ASSEMBLY	22 Fish Sticks and Salad Bar 	23 Cheese Tortellini with marinara sauce 
26 Chicken Ranch Wrap 	27 Pancakes and Eggs  WELCOME TO K BBQ	28 National Hamburger Day – Hamburgers 	29 BBQ Chicken and Salad Bar  WILL'S JAMS ASSEMBLY	30 Tuna Casserole 

* Please note: Our kitchen is not fully vegetarian or Gluten free*

(V) indicates vegetarian option is available if pre-requested



Proud to be McLeod Productions presents our 16th annual production



May 1st, 2nd & 3rd

W.L. McLeod Gymnasium

Showtimes

Thursday Friday

Saturday

7pm

Saturday Matinee

1pm

Tickets

\$5 each or

\$20 for a family of 4 or more

Tickets are available for purchase at Wallace Studios, Quilters Corner & W.L McLeod Office & at the Door. Please purchase "family of 4 or more" tickets at the School Office.

Cash Only Please

Book by Music by Lyrics by Thomas Meehan Charles Strause Martin Charnin
Original Broadway Production Directed by Martin Charnin
Based on "Little Orphan Annie"® By Permission of Tribune Content Agency, LLC. Annie JR. is presented through special arrangement with
and all authorized materials are supplied by
Music Theatre International, New York, NY
(212) 541-4684 mtishows.com



Presenting Partner



Support heart health with Jump Rope for Heart

Our school is participating in Jump Rope for Heart – a fundraiser that will encourage our students to get active, build healthy habits and give back.

Here's why we're participating

1. Money raised by our school helps Heart & Stroke drive important heart and brain research that will save lives, prevent heart disease and stroke and support families living with these conditions.
2. Jump is an inclusive event for all abilities to get kids moving and help them discover new and exciting ways to get active.
3. Students learn the EASY Healthy Habits that they can use to keep their hearts and brains healthy and help reduce their risk of developing heart disease and stroke later in life.
4. Jump gives back! Students can earn thank you gift cards from Indigo, Amazon or Walmart based on their fundraising level as a heartfelt thank you for their hard work.

How does Jump Rope for Heart work?

At school:

- Starting today, we'll be practicing some awesome skipping and heart-pumping activities!
- We'll be learning about Heart & Stroke's Easy Healthy Habits to keep our hearts and brains strong and healthy to help prevent heart disease and stroke
- It all leads up to our Jump Event Day, where we'll celebrate what we've learned and the funds we've raised with fun jump rope stations, games, activities, and more. It's going to be a blast!

At home:

- You can help support lifesaving research by collecting donations from family and friends.
- There is no cost to participate.
- Fundraising starts now until our Jump Event Day
- Jump Rope for Heart uses an online fundraising platform. To register, create a personalized fundraising page for your child using the link below. When you register, you'll also get:
 - o Helpful fundraising tips and ideas
 - o Information and tools about the EASY Healthy Habits
 - o Insights into Heart & Stroke's life-saving work

Our Jump Event Day is:

Thursday May 15, 2025

To learn more about Jump Rope for Heart visit jumpropeforheart.ca

Register Now!

[W L Mcleod Elementary - Vanderhoof](https://jumpropeforheart.ca/registration)

or visit jumpropeforheart.ca/registration and search for your school



© Heart and Stroke Foundation of Canada, 2025. The heart and / icon and the Heart&Stroke word mark are trademarks of Heart and Stroke Foundation of Canada.



1ST WEDNESDAY OF THE MONTH* - LEGO CLUB
2ND WEDNESDAY OF THE MONTH - MINECRAFT CLUB
3RD WEDNESDAY OF THE MONTH - IMAGINATION STATION

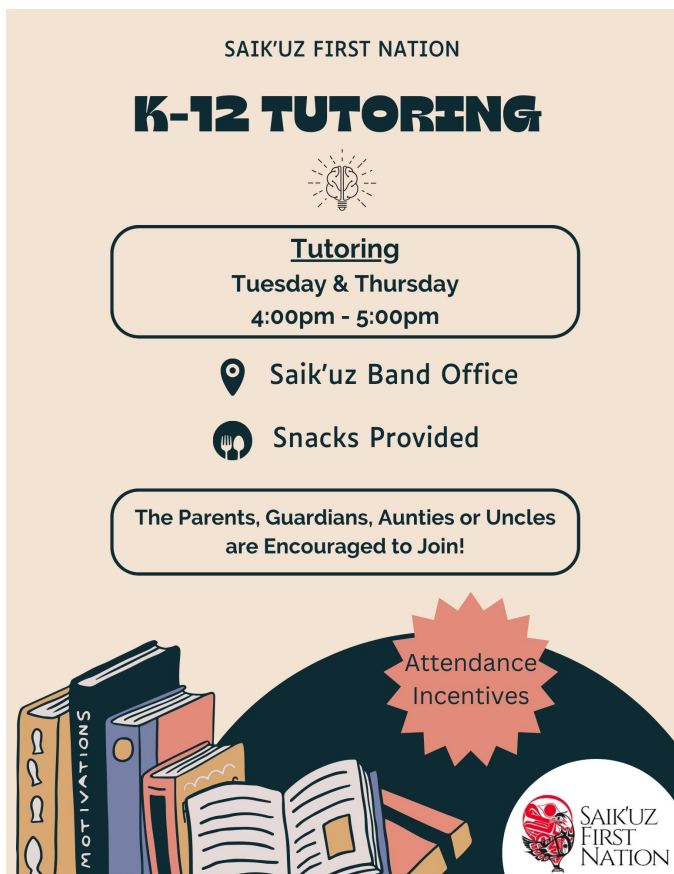
*PROGRAMS RUN ON THE FIRST WEDNESDAY OF EACH MONTH, BASED ON THE SCHOOL CALENDAR



Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

Thanks!

Lindsay



SD91 Inclusion Corner

April 20 Easter

Easter is a Christian festival that takes place in Spring annually. It is a time for Christians to remember the sacrifice Jesus (the son of God) made when he died for their sins, as well as a celebration of his resurrection on Easter Sunday. It follows Lent, a period of fasting and penance.



Calling all avid gardeners!

As spring approaches, the students at McLeod will be getting the Farm to School Garden ready. We have a large outside plot and a greenhouse we would love to fill up again this year. The school would appreciate your support through plant starter donations. We will accept all donations and make sure they get put to good use. Here is a quick list of plants we would like to grow in the garden this year:

- Tomatoes (all kinds)
- Peppers (all kinds)
- Cucumbers (all kinds)
- Potatoes (all kinds)
- Onions
- Pumpkins
- Squash
- Zucchini

All donations can be dropped off at the school, or can be arranged to be picked up, starting April 7th, 2025.

Thank you, in advance, for your support. Happy planting!



Please do not send bags of unpopped popcorn or the KD cups for lunches. It takes too long to cook in the microwave and we end up running out of time to eat. They also burn in the microwave too easily.

Thank you!

Student Learning Survey 2025

Our School District is participating in the 2025 Ministry of Education Electronic Anonymous Student Learning Survey in cooperation with all other school districts throughout the province. The survey is completed by students and caregivers of Grade 4, 7, 10 and 12 students and all staff. McLeod uses summary information from this survey in our School Plan to help us track aspects of Social Responsibility.

Guardians of grade 4 students can complete the confidential survey any time before April 25th providing immediate results to our school and the district. To complete the survey, go to www.bced.gov.bc.ca/sat_survey/access.htm.

We want to thank caregivers of grade 4 students for taking the time to do this survey. By completing the survey, you are helping our grade 4 classes with a friendly competition. The class that has the highest percentage of caregiver completions will get donuts and the other classes will get Timbits. We'd also like to say thank for to caregivers for completing the survey. All caregivers who give their feedback will have their name entered into a draw for pizza. Please fill out the attached paper on the letter we have sent home to let us know you did the survey and we will put your name in the pizza draw.





Exciting News!

YMCA School Age Care is at Evelyn Dickson Elementary!

Sign up today for award-winning **Before and After School Care.**

Register at nbc.ymca.ca/child-care



ONLY \$180

READY, SET, PLAY!

Orchestra North Summer Program

Want to learn a string instrument? Let us help you get started!

Ready, Set, Play: August 1-5, 2025

MUSIC BASICS
45-minute sessions off-instrument game-based learning on the basics of making music. Lead by Angela Lukchow.

BEGINNING VIOLIN/VIOLA
Pre-Beginner games-based foundation course: set of six 45-minute sessions July 31-August 5. Target age 4-8 (no instruments required)

BEGINNING CELLO
These classes are lead by sought-after cellist Nico Stephenson. Instruments are required for this class. 1.5 hours sessions August 1-5.

Date
July 31 - Aug 5, 2025

Duration
45-120 minutes

More Info
orchestranorth.com

Email Us
orchestranorth@gmail.com

Locate Us
3555 5th Avenue, Prince George, BC
Prince George Conservatory of Music



Please like our PAC Facebook page to stay up to date with what is going on in the school!

<https://www.facebook.com/WLMPAC>



Reminder: Still time to register for Jump Rope for Heart



This is a quick reminder that our Jump Rope for Heart Event Day is coming up on Thursday May 15th. Before the big day, our students will be having lots of fun getting active and fundraising to support Heart & Stroke. We'll also be discovering EASY ways to reduce the risk of heart disease and stroke later in life.

You can help support lifesaving research by collecting donations from family and friends. There's still time! Register and create a personal fundraising page how-to-register-your-child-for-jump.pdf, at <https://jumpropeforheart.crowdchange.ca/89764>

To date we have fund raised \$300.00. This is 10% of our goal of \$3000.00

Thank you for your participation.

Kindergarten registration is now open. Spread the word! Caregivers can drop by McLeod anytime to register.



Heart & Stroke
JUMP
ROPE FOR HEART