



The Prowler

the news of the week

les nouvelles de la semaine



Sept 23, 2020

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 03

Hadi, Bonjour and Hello,

Thank you to everyone for a great first full week. Watching our students use their heads and their hearts to be back at school has been truly inspiring.

I also want to express my gratitude to our families who have been helping to make our start-up in these unique circumstances a success. We appreciate the things you have done as part of our team including dropping children off as close to 8:50 as possible, showing understanding as we may need to adjust classes as families make decisions about schooling this year and doing the Daily Health Check each day. The BCCDC has updated the Daily Health Check. The new version is attached. Please remember that if your child has any symptoms on the list, they must stay home. We then strongly encourage you to call the 811 COVID Health Line and follow their advice. Students should also not return to school until all symptoms have resolved. Thank you for your support to keep us all healthy.

So far, we are finding lots of unexpected positives with the our schedule with a staggered start and two recess and lunches. As we move forward, in order to continue to make this work, we will be making sure our students go outside at their designated times and with their classes even if the weather isn't perfect. Please send students with appropriate clothing to be outside.

This Thursday is Crazy Hair Day and our school Terry Fox Run. Our goal is for each classroom to donate at least \$40 to the Terry Fox Foundation. We are also encouraging students to "complete Terry's run" by doing as many laps of our playground as they can during morning DPA. If we raise as much money as last year, Mr. Reimer and Ms. Lindsay will dye their hair. Please help us meet our goal by sending a donation for cancer research with your child this week. Each class will be doing their own Terry Fox Run to make sure we are following COVID guidelines.

Don't forget that this Friday is a District Planning Day and there is no school for students. Staff

will be participating in a day of learning and honouring Aboriginal Education.

Next **Wednesday, September 30th** is Orange Shirt Day. It is the official day set to recognize the harm the residential school system did to children's sense of self-esteem and well-being and a commitment to ensure we all know that **EVERYONE MATTERS**. Please take the time to read "Phyllis' Story" in this newsletter. It is a powerful reminder of what has happened and what can never happen again. Please **wear orange on Wednesday the 30th**. We hope you will do the same in our community.

Please return the Technology and Verification pages to your child's teacher as soon as possible.

It is our goal to work together with you and the kids to help our McLeod students' children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

WE'RE ALL IN THIS TOGETHER!

Proud to be McLeod

Ms. L. Hart



COMING SOON:

Sept 24: Terry Fox Run

Crazy Hair Day

Sept 25: District Planning Day - No

School for Students

Sept 30: Orange Shirt Day

SCHOOL BOARD OFFICE NEWS

Have a great week!

BOARD MEETINGS

October 19, 2020

November 16, 2020

December 7, 2020

Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's.

Any submissions after noon will be put in the following week's newsletter. Please email

lswanson@sd91.bc.ca

Thank you



W. L. McLeod Elementary School

DAILY SCHEDULE

September 2020-2021

Welcome BELL/DPA	8:50am
Primary Team Recess	10:20am - 10:35am
Intermediate Team Recess	10:40am - 10:55am
Primary Team Lunch	11:45am - 12:30pm (eat 11:45-12:00)
Intermediate Team Lunch	12:15am - 1:03pm (eat 12:15-12:30)
General Dismissal BELL	2:56pm
Final BELL (bus line-up)	3:13pm

EXTRA SUPPORT

We are very proud that we offer additional support and connection for students of Aboriginal ancestry at our school. In BC schools, students/families can self-identify as being of Aboriginal ancestry. There is no paperwork or "proof" required. Please contact Ms. Hart if you are interested in finding out more about this service at our school.



Check out our McLeod
website
<http://wlm.sd91.bc.ca/>





CONTACTING ME

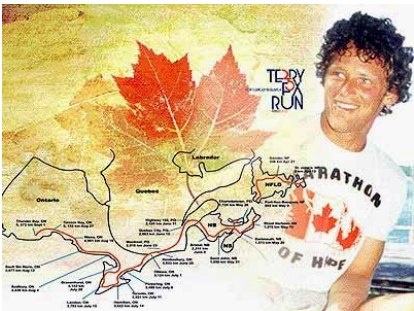
Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. ☺ That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.

~Ms. Hart



On September 24th our school will be participating in the Terry Fox Run. It is the 40th anniversary of the event. For the two weeks leading up to it we have challenged our students and staff to walk many laps of our school grounds during morning DPA, and to raise more money than we did last year(\$780.65) for the Terry Fox Foundation. We are challenging each class to raise at least \$40 and our staff to raise a minimum of \$250. If we reach our goal of raising more than last year, then Mr. Reimer and Ms. Swanson will dye their hair a colour chosen by the top primary and intermediate classes. Start bringing your money in and start counting your laps!



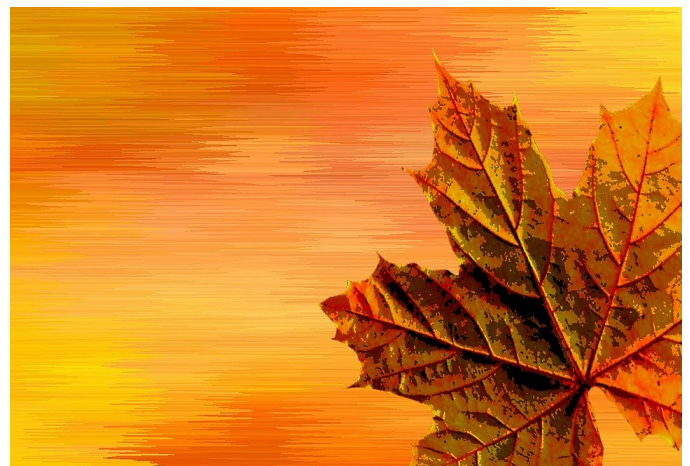
Thanks for remembering
this is a



Peanut/Nut
Free School



*Let's all use our WITS at home and at
school*



Orange Shirt Day

September 30, 2020

September 30th has been declared Orange Shirt Day annually, in recognition of the harm the residential school system did to children's sense of self-esteem and wellbeing, and as an affirmation of our commitment to ensure that everyone around us matters.



Phyllis (Jack) Webstad

Phyllis' Story

I went to the Mission for one school year in 1973/1974. I had just turned 6 years old. I lived with my grandmother on the Dog Creek reserve. We never had very much money, and there was no welfare, but somehow my granny managed to buy me a new outfit to go to the Mission school. I remember going to Robinson's store and picking out a shiny orange shirt. It had string laced up in front, and was so bright and exciting – just like I felt to be going to school! When I got to the Mission, they stripped me, and took away my clothes, including the orange shirt! I never saw it again. I didn't understand why they wouldn't give it back to me, it was mine! The color orange has always reminded me of that and how my feelings didn't matter, how no one cared and how I felt like I was worth nothing. All of us little children were crying and no one cared.

I was 13.8 years old and in grade 8 when my son Jeremy was born. Because my grandmother and mother both attended residential school for 10 years each, I never knew what a parent was supposed to be like. With the help of my aunt, Agness Jack, I was able to raise my son and have him know me as his mother.

I went to a treatment centre for healing when I was 27 and have been on this healing journey since then. I finally get it, that the feeling of worthlessness and insignificance, ingrained in me from my first day at the mission, affected the way I lived my life for many years. Even now, when I know nothing could be further than the truth, I still sometimes feel that I don't matter. Even with all the work I've done!

I am honored to be able to tell my story so that others may benefit and understand, and maybe other survivors will feel comfortable enough to share their stories.

Today

Phyllis is married, has one son and two grandsons aged nine and five years old. She is Northern Secwepemc (Shuswap) from the Stswecem'c Xgat'tem First Nation (Canoe Creek Indian Band). She comes from mixed Secwepemc and Irish/French heritage, was born in Dog Creek, and lives in Williams Lake, BC.

She earned diplomas in Business Administration from the Nicola Valley Institute of Technology; and in Accounting from Thompson Rivers University.



Daily Health Check

1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.

School District 91 Bussing protocols for COVID 19



Welcome back for the new school year of 2020-21. The transportation Department has been working on some new procedures and practices for the return of all our Learners.

Some of these new things will be:

--Assigned seating on all buses to keep contact down to a minimum. Students will be seated in family groups or learning cohorts, whenever possible.

--Grade 8 to 12 students (7 to 12 in Vanderhoof) will be required to wear masks when riding the bus. The District is providing 2 reusable masks to Students which they will be responsible to keep safe and clean. Elementary students *are not required* to wear masks.

--Buses will be disinfected daily by the driver after each morning and afternoon route.

It is vitally important that Parent/Guardians monitor their child(ren) for any COVID19, common cold, fever, influenza, or other infectious respiratory symptoms prior to sending them out to the bus stop.

We would also like to remind parents to have their children wash their hands with soap and water before leaving their home in the morning.

If you have any inquiries regarding bussing please call your local bus garage:

Burns Lake Bus Garage 250-692-3130
Fort St. James Bus Garage 250-996-7835

Fraser Lake Bus Garage 250-699-6995
Vanderhoof Bus Garage 250-567-9618

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**PARENTS/GUARDIANS** of bus students are asked to be sure to update phone numbers in your child(ren)'s file as we use a messaging system to notify parents of bus cancellations and bus delays.



***School District No. 91 (Nechako Lakes)***  
***Transportation Dept.***

*P.O. Box 129, Vanderhoof, B.C. V0J 3A0*

*Telephone: (250) 567-9618*

*FAX: (250) 567-4572*

*<http://www.sd91.bc.ca>*

**Our Purpose:** is to provide a safe, comfortable, pleasant environment for students to ride to and from school by: Meeting the needs of the District, Maintaining a positive image, Recognizing the challenges, Supporting mutually beneficial initiatives, Promoting harmonious relationships and mutual respect, Taking care of the little things...

SEPTEMBER 18, 2020

Dear Parents/Guardians

**RE: POOR VISIBILITY /ROAD CONDITIONS**

On occasion we experience low visibility and or poor road conditions that compromise our ability to stop safely on public roadways. This can be as a result of dense fog, heavy snow or icy conditions.

In these situations our drivers use their best judgment to determine if the stop can be done safely in accordance with, "*Motor Vehicle Act and Regulation - Division 11.12. (1)(b)*". This regulation requires us to ensure that we can be seen a minimum of 60 meters. In these situations parents will need to make alternate arrangements for their children. If you suspect these conditions exist you can contact us to make alternate arrangements by contacting your Transportation Coordinator in your area.

|                |                          |                   |
|----------------|--------------------------|-------------------|
| Burns Lake:    | (250) 692-3130           | Sue Disher        |
| Fraser Lake:   | (250) 699-6995           | Lisa Barnes       |
| Vanderhoof:    | (250) 567-9618<br>Ext. 1 | Brenda Rivett     |
| Fort St James: | (250) 996-7835           | Frances Honeywell |



## **SEVERE WEATHER/UNSAFE ROAD CONDITIONS**

For the information of parents of children travelling by school bus during the winter months the Board of Education wishes to stress that no matter how good the busing system is, emergencies can happen so students should wear clothing suitable to the outside conditions.

All bus runs will be cancelled when the 5:00 am Transportation Department temperature is at -35 C or colder, or when the Manager of Transportation deems roads to be unsafe due to weather conditions. **If bus runs are cancelled in the a.m., there will be no bus runs in the p.m.** Schools will be open and students are encouraged to attend, if possible.

Early morning information will be available on the School District Website, School Messenger – notification service, local radio stations and Facebook.

Website: [www.sd91.bc.ca](http://www.sd91.bc.ca)

School Messenger: notification service

Facebook: available through the link on the school district website

Local Radio Stations:

- CBC (Prince George, Prince Rupert)
- CIRX The Goat (Vanderhoof / Prince George)
- CFBV The Moose (Bulkley Valley)
- CFTK Pure Country (Terrace)

Parents should ensure that their children explicitly understand that they should return home to warmth if there is substantial delay in the arrival of the school bus. Attempts to hitch-hike to school are not approved.

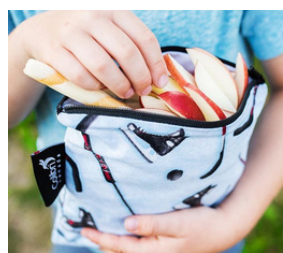
On days of low temperatures and/or severe wind chills, parents should carefully weigh the hazards involved in their children walking long distances to a bus or school, and make an appropriate decision with respect to attendance.

We appreciate your understanding in this matter.

Yours truly,

*Wayne Woods*

Manager of Transportation  
Phone: (250)567-9618



Although we can't get away from making lunches (even though we wish we could!!) we can definitely reduce the waste we include. Once you ditch the ziplock bags and try a reusable option, you will see why families all across Canada are choosing Colibri for their household. All Colibri products are easy to wash with fun print options that everyone will love!

• Home • Office • School • Travel •

*Let us brighten up your lunches while reducing single use plastics !*





# SEPTEMBER 2020 MENU



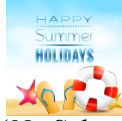
Each meal is **5.00 (reg).** or **6.00 (lg).**

**PLEASE PRE-ORDER AND PRE-PAY**

\*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal

Student's name \_\_\_\_\_ Teacher \_\_\_\_\_ \$ \_\_\_\_\_

**If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you**

| Monday                                                                                                                          | Tuesday                                                                                                                                                                                                                            | Wednesday                                                                                                                                       | Thursday                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                 | 1<br><br>(No School)                                                                                                                              | 2<br><br>(No School)                                           | 3<br><br>(No School)                                                                                                                                                               | 4<br><br>(No School)                                                                                                 |
| 7<br><b>Labour Day</b><br>(No School)<br>     | 8                                                                                                                                                                                                                                  | 9                                                                                                                                               | 10 <b>WELCOME BACK TO SCHOOL</b><br>First Day of School<br>for Students (A to J)<br><br>Hot Dogs<br>Fruit & Veggies                                                               | 11 <b>WELCOME BACK TO SCHOOL</b><br>First Day of School<br>for Students (K to Z)<br><br>Hot Dogs<br>Fruit & Veggies |
| 14<br>Perogy Casserole<br>                   | 15<br>Meatballs in a<br>mushroom gravy<br>                                                                                                      | 16<br>Sausage, Hashbrowns<br>& Eggs<br>                      | 17<br>Ham & Cheese Bun<br>Fruit & Veggies<br>                                                                                                                                     | 18<br>Chicken Strips<br>Fruit & Veggies<br>                                                                        |
| 21<br>Frittata<br>Fruit & Veggies<br>        | 22<br>Meatloaf<br>Fruit & Veggies<br><br><b>PICTURE DAY</b>  | 23<br>French Toast<br>Fruit Salad<br>                        | 24<br><br>Roast Chicken<br>Caesar Salad<br><b>TERRY FOX RUN</b><br><b>CRAZY HAIR DAY</b><br> | 25<br><b>DISTRICT PLANNING DAY</b><br>(No School)<br>                                                              |
| 28<br>Spaghetti<br>Caesar Salad<br>Fruit<br> | 29<br>Chicken Ranch Wrap<br>Fruit<br>                                                                                                           | 30<br>Pancakes<br>Ham & Fruit<br><b>ORANGE SHIRT DAY</b><br> |                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                         |