

April 20, 2020



Hadi, Bonjour and Hello McLeod family

I hope you are working hard at doing your job. Remember, your most important jobs right now are physically distancing and washing your hands. Don't forget to sing the song from last week's challenge. 🎵 "Every little cell in my body is happy! Every little cell in my body is well!" 🎵

I know that each of you have connected with your teachers by now. You've talked on the phone, e-mailed, texted and some of you have even joined your very first TEAMS online meeting. It was wonderful to see many of you and/or your parents over the last few days as you have picked up work to do and all your stuff from the school.

We are all using our growth mindset right now as we do things differently. This is new for our staff too. We want to learn how to do this while also providing the best possible learning for each child. Please stay in close touch with your child's teacher and never hesitate to communicate what you need. Every child and family is unique and your honesty and feedback will help us work with you and your kids to navigate this home learning journey together.

This Wednesday we opened the Vanderhoof Essential Service Workers Child Care Program at McLeod. It was so fun to have children in the building. Our Essential Service Workers are so important. Please check out my challenge for the week to see how we can say thank you to them in the McLeod way.

Friday, April 24th is a Pro-d Day. McLeod will be CLOSED except for our Essential Service Workers Child Care Program. Teachers will be leaning about teaching by distance while that are at a distance (working from home 😊) on this day.

Don't forget to make our promise every day. It's a slightly new one - *"It's a new day at home (with McLeod in my heart) and I'm going to fill it with learning and kindness and caring!"*

We are here to continue to help our students to use THEIR HEADS AND THEIR HEARTS to be the children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. **Please don't hesitate to let us know if there is any way we can help you.** We are in this together!

Proud to be McLeod

Ms. L. Hart



to our
April 20th to 26th babies:

Miles, Bentley, Jacob D.,
Aiden G. and McKenna



SD91 Page

<https://www.facebook.com/SD91BC/>

(See the April 18th letter from
Superintendent, Manu Madhok)

McLeod Elementary PAC Page

<https://www.facebook.com/WLMPAC/>

Our McLeod Website

<https://wlm.sd91.bc.ca/>

Our eSafety Top Tips!



We strongly encourage parents to supervise children when they are online for any reason.

YOUR CHALLENGE FOR THE WEEK.

Our challenge this week involves saying **THANK YOU** to our Essential Service Workers. These are the people in our community who are making it possible for us to keep our distance and keep everyone safe. They are the people who work at the hospital and the grocery store and the police station and much more.

You may have noticed hearts hanging in windows all around town. These hearts let the Essential Service Workers know how much we appreciate them.
Let's give them an extra GREAT BIG McLEOD THANK YOU.

Please make a heart and send a picture of you and your heart to Ms. Hart by text (567-8539) before the end of the day on Thursday, April 23rd.

We are going to use your picture to create a thank you from McLeod. It may go online so please don't use your name when you share your picture.

Use your big heart to create a beautiful heart to share!

Do You Need Our Help?

If you are a family who may need assistance such as food or supplies during this time, please let Ms. Hart, our office or your child's teacher know. We are working to make sure families in our community have the food and supplies they need.

We REALLY Need Your Help!

If you are a family who has what they need and can help others, please contact Ms. Hart, our office or your child's teacher as well. We need funds to run our Back Pack Program which has grown significantly with COVID-19. Cash in an envelope or cheques made out to SD91 can be dropped off to the greeter at the McLeod front door. Please do not bring food items at this time.

THANK YOU MCLEOD FAMILY!

If you haven't picked up your child's stuff and wish to do so, please contact your child's teacher or the office to make arrangements.

Please join our newsletter listserv by sending a request to Mrs. Bailey at lbailey@sd91.bc.ca. It will help you stay up-to-date with McLeod news now and in the future.



7 TIPS FOR TALKING TO KIDS ABOUT COVID-19



1

Don't be afraid to talk about it.

Convey the facts and set an emotionally reassuring tone.

2

Be age-appropriate.

Older kids can generally handle more detail than younger kids. Focus on answering their questions. Do your best to answer honestly and clearly, and it's okay if you can't answer everything.

3

Follow their lead.

Encourage them to ask questions and share their perspective. Invite them to tell you anything they may have heard about COVID-19 and express how they feel.

4

Check yourself.

Feeling anxious? Take some time to calm down before trying to have a conversation or answer your child or student's questions.

5

Focus on actions you can take.

Emphasize safety precautions everyone can take to help keep themselves and others healthy: good hand hygiene, cough and sneeze etiquette, social distancing and staying home if you aren't feeling well.

6

Stick to routine.

Structured days with regular mealtimes and bedtimes are an essential part of keeping kids happy and healthy.

7

Keep talking.

Let them know the lines of communication are going to be open and as you learn more, you will share the information with them.

Credit: Child Mind Institute

www.fraserhealth.ca/coronavirus

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