



The Prowler

the news of the week
les nouvelles de la semaine



October 27, 2021

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 08

Hadi, Bonjour and Hello,

On Monday morning we honoured our BC school librarians and did DEAR (Drop Everything and Read). At McLeod, we are so lucky to have a dedicated librarian for half of our week and a full-time librarian assistant. Thank you, Mr. Cayanan and Mrs. Harder. We appreciate you!

Thank you to the MANY students who auditioned for our 13th Proud to be McLeod Production, *The Wizard of Oz*. If your child auditioned, they should have brought home a letter and permission form. If you did not receive one, please let me know.

Friday is Dress-Up Day. Please check out the info on this page about masks and "weapons." We want to give the kids their best chance of success every day including the Monday after Halloween. We do know that lots of sugar is not a great mix with learning. If children are bringing a treat to school from their goody bag, we ask that they only bring one small one for recess and one small one for lunch. If children bring more than that, their teacher will hold onto it for them to bring home after school. Thanks for your help as we help kids grow their brains. And please remember – NO NUTS.

Please don't forget to do the Daily Health Check and send a mask every morning.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart



COMING SOON:

Oct 29: Dress-up Day
Nov 3: Class Photos & Retake Day
Nov 11: Remembrance Day Ceremony
Nov 19: Team Jersey Day
Nov 25: Report Card Day
Nov 26: Pro-D Day



As dress-up day approaches, please remember that any treats brought to school must be NUT FREE. As well, we ask that students do not wear full face masks to school (mouth coverings are, of course, more than acceptable this year!) or bring any items that resemble a weapon. These things can scare our little ones and make it more difficult for us to monitor our playground safely.



Notes on Numbers

Never associate math with speed. It is not important to work quickly, and focusing on speed causes math anxiety for children. Do not use flashcards or other speed drills.

Instead, use visual activities such as counting and sorting fruit in a fruit bowl, then adding them together. These experiences will help your child understand ideas such as counting, sorting and addition in real life.



Vanderhoof and area vaccine clinic

Vaccines for children ages 5 to 11

These vaccines are not yet available but parents can register children aged 5 to 11 for the COVID vaccination at

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>.

Includes Saik'uz First Nations—surrounding communities may differ

WHEN:	WHERE:	ADDRESS:	DETAILS:
- Every Thursday in October (9am to 4 pm) - Every Wednesday in November	Vanderhoof Health Unit (250-567-6900)	3299 Hospital Rd, Vanderhoof, BC	- Walk-In's (no appointment needed) - BC Health Services Card



Parents Offering Parents Support (P.O.P.S.)

Parenting During a Pandemic: Keep Calm and Parent on in the Middle Years

For Caregivers and Parents of Children Aged 6-12.

Tuesday's 9am-10am | Coffee, tea and light breakfast provided
6 Sessions October 26th to Nov 30th

Register by October 21st

Limited childminding available on site, please inquire.
Space is limited and all covid safety protocols will be followed.

For more information
and to register contact:
Jeanette 250-570-9874



Check out our McLeod website

<http://wlm.sd91.bc.ca/>



Let's all use our WITS at home and at school



W.L. McLeod Strong Start

A free program here at our school for children ages 0 -5, with their caregivers. Snack is provided.

Please sign up ahead of time (5 families allowed per day).

Our program runs every Monday, Tuesday, Wednesday and Thursday from 9am to 12pm.

And a new afternoon/evening class every Wednesday 3:30pm to 6:30pm!

Adults must wear a mask while in the building.

Check out our Facebook page "W.L. McLeod Strong Start" for updates and for the weekly sign-up!

Please contact our program facilitator Sarah Meads at smeads@sd91.bc.ca



Registration is now open for the Fall Session: Oct. 13 - December 18th. Pick one day or two days per week options. We're always accepting new swimmers to the club! Please see the following website for more info. or check out our Facebook page: Nechako Valley Swim Club.



<https://nechakovalleyswimclub.teampages.com/clubs/6359>

Nechako Valley Swim Club



Proud to be McLeod T-Shirt Order Form

Name: _____ Teacher: _____

Short Sleeve: Youth		\$20.00	
SMALL	MEDIUM	LARGE	X-LARGE
Long Sleeve: Youth		\$25.00	
SMALL	MEDIUM	LARGE	X-LARGE
Hoodie: Youth		\$30.00	
SMALL	MEDIUM	LARGE	X-LARGE
Colour:			

RED PINK PURPLE BLACK ORANGE ROYAL BLUE LIGHT BLUE GREEN

T-Shirt Orders Due Friday Oct 29



Vanderhoof Youth Basketball Association

Registration is now open!

We are looking forward to a great season! Sign up link: <https://zone4.ca/re.asp?id=26950>

Practices will start the first week of November. The season ends on February 18th.

Days and times of practice will depend on the number of participants and coaching availability; please specify on the form which days you prefer. Games will be held on Fridays.

Contact: vanderhoofyouthbasketball@gmail.com or find us on FaceBook.



Daily Health Check

1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.



NOVEMBER 2021 MENU

Each meal is \$5.00 (reg). or \$6.00 (lg).

PLEASE PRE-ORDER AND PRE-PAY



*Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal

Student's name _____ Teacher _____

\$ _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
1 Taco Salad 	2 Crepes 	3 Ham & Cheese Bun  RETAKES <i>Class Pictures</i>	4 Hamburger Stew & Mashed potatoes 	5 Chicken Caesar Wrap 
8 Turkey Soup 	9 Pancakes & Sausage 	10 Perogy Casserole  <i>11:00am Virtual Remembrance Day Ceremony</i>	11 REMEMBRANCE DAY (No School) 	12 Filipino Pork Steak 
15 Chicken Strips 	16 French Toast 	17 Snack Plate 	18 Chow Mein & Springrolls 	19 Mac & Cheese Team Jersey Day 
22 Pizza Bagel 	23 Sausage & Eggs 	24 Meatball Subs 	25 Sloppy Joes Report Cards Home 	26 Pro-D Day (No School) 
29 Spaghetti 	30 Crepes 			