



The Prowler

the news of the week
les nouvelles de la semaine



March 16, 2022

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 26

Hadi, Bonjour and Hello,

Thank you for those who had a chance to connect with teachers at our Student-Led Conferences yesterday. Always feel free to reach out to our staff at McLeod. We love to talk about learning with our caregivers.

We started Kindergarten registration this week at McLeod. In 2021-2022 we had a record number of Kindergarten students, and we can't wait to welcome more in September. Please pass the word that registration is open.

We appreciate that our students have continued to wear their masks this week to follow current COVID guidelines. At this point, after our Spring Break, students and staff will have the choice to wear masks. We will, of course, respect either option. We still ask that you keep your kids home if they are sick (do the Daily Health Check) and encourage them to wash their hands lots. More details about the upcoming changes to the guidelines for schools can be found at <https://news.gov.bc.ca/releases/2022HLTH0081-000324>.

Tomorrow is our intermediate basketball play day and Crazy, Green and Backward Day.

I hope you and your family have a wonderful Spring Break. We will be excited to see everyone in April!

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart



Check out our McLeod website

<http://wlm.sd91.bc.ca/>



THANK YOU FOR REMEMBERING THAT
WE ARE A NUT FREE SCHOOL

COMING SOON:

Mar 17—Crazy Green Backwards day

April 6— 1:15 Will's Jams Assembly

April 28, 29, 30— Wizard of Oz

Spring Break

Mar 21- April 4th

Rapid Antigen Tests for Students

Students in BC schools are being provided with a box of 5 Artron rapid antigen at-home tests that will be distributed through schools. Please see instructions on 'When to Use the Test' and how to interpret test results at:

<https://22.files.edl.io/.../161200-0fd652c9-16f3-42db...>

Please drop by the school to pick these up as soon as possible. Thank you and don't hesitate to reach out if you have any questions.

NOTES ON NUMBERS

Teach your child to strategize when guessing. Remind your child that estimation is not about random guessing; it's about making educated predictions. Instead of throwing out random numbers, he or she should use visual cues to get as close as possible. For example, if you see 10 geese at the park and your child shouts out "1000", try to get them closer to the actual number by counting and talking about numbers.



Proud to be McLeod Productions presents our 13th Annual Production!

2022

The Wizard of Oz

Young Performers' Edition

April 28, 29, 30

7:00 pm - Thursday-Saturday
1:00 pm - Matinee Saturday

Show performance at
WL McLeod Gym

Tickets available at: Wallace Studios, Vanderhoof
Department Store, W. L. McLeod Office, the Door

Tickets \$5 each OR, \$20 for family of 4 or more

The Wizard of Oz: Youth Edition
By: Frank Bau

Do something awesome (for yourself and us, too!)

Support our fundraising campaign by purchasing
Purdys chocolates! Made with sustainable cocoa
and crafted right here in Canada.

We have lots of selection and
great gifting ideas, too!



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CHOCOLATIER

Ask wimleod.pac@gmail.com for more info.

Order deadline is [Paper -March 17, 2022 / Online March 22, 2022](#)



CANADA'S CHOCOLATIER SINCE 1907

fundraising.purdys.com



Let's all use our WITS at home





APRIL 2022 MENU



Each meal is \$5.00 (reg). or \$6.00 (lg)

Please Pre-Order and Pre-pay

Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of 4.50/meal

Student's Name: _____

Teacher: _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
4 Beef Stroganoff 	5 Pancakes 	6 Perogy Casserole  <i>1:15pm Will's Jams Assembly</i>	7 Chili 	8 Sweet & Sour Meatballs 
11 Hamburger Stew  <i>5:00 PAC Meeting</i>	12 French Toast 	13 Pizza Bagel 	14 Quesadillas 	15 GOOD FRIDAY (No School) 
18 EASTER MONDAY 	19 Sausage & Eggs 	20 Snack Plate 	21 Caramel Chicken  <i>Hat Day</i> 	22 Mac & Cheese 
25 Chicken Strips 	26 Chicken Caesar Wrap 	27 Ham & Cheese Bun 	28 Cheeseburgers 	29 PRO-D DAY (No School) 
			Wizard of Oz Performance 7:00pm	

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

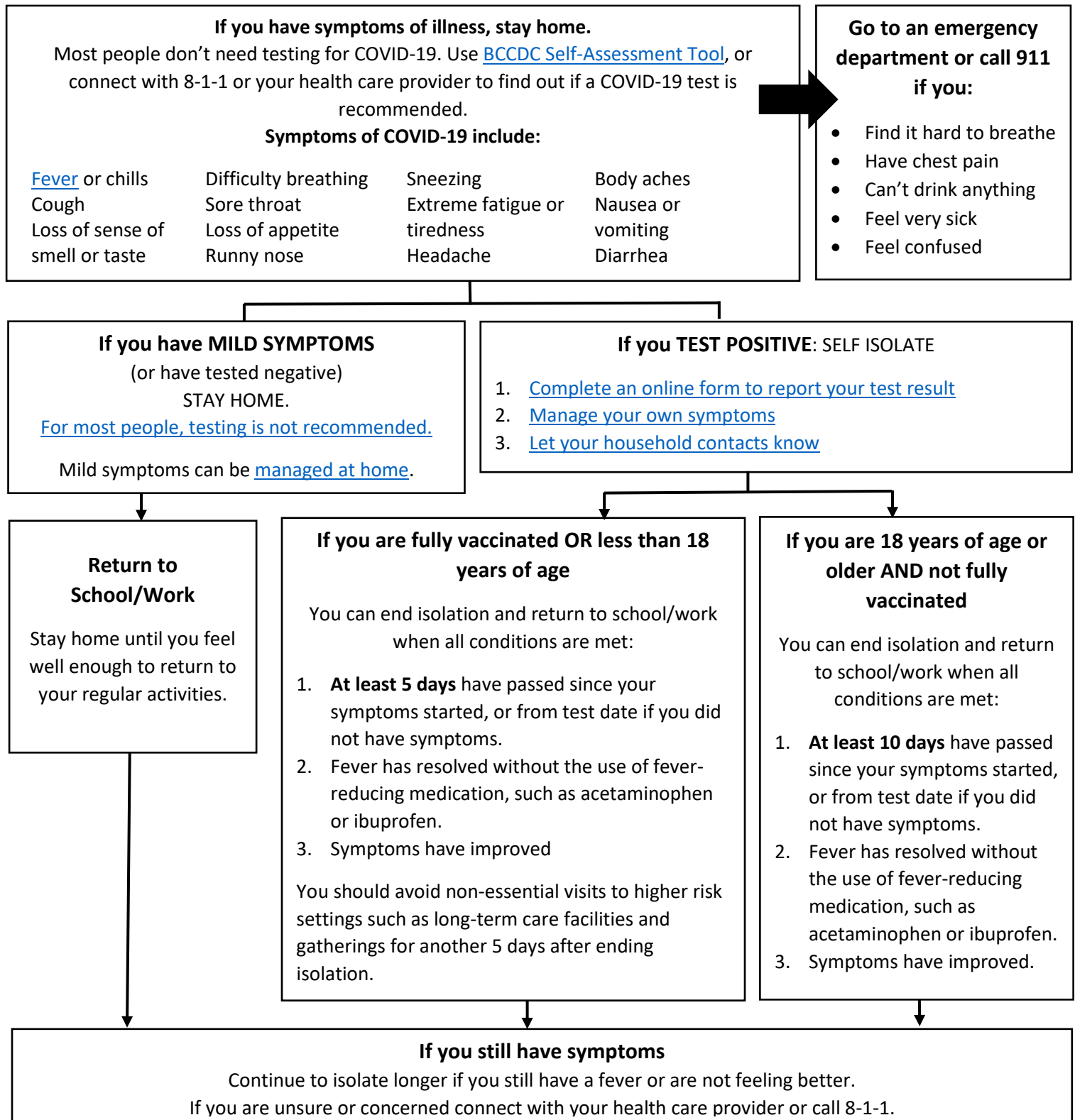
Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)