



The Prowler

the news of the week
les nouvelles de la semaine



October 5, 2022

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 5

Hadi, Bonjour and Hello,

We did it! Our new grade 3/4 classroom is open. Thank you for all your patience and support through this big process. We can't wait to get October started! And thank you to PAC for the extra special way to finish our day. The smile cookies were yummy.

Did you know that today is World Teacher Day? I hope you all have wonderful memories of that teacher or special adult who made a difference in your life. I certainly do. I hope your kids are making the same kind of beautiful connections. I know I am grateful everyday for each and every adult who works at McLeod and gives their heart and soul for our students.

It is almost time for interim reports to come home and for our first Student-Led Conferences. Our interims will come home on October 14th and October 18th is Student-Led Conferences. On this day students will be dismissed at 12:00 and we invite you to come back with your kids between 2:00 and 6:00 so they can show off their learning. **Please call Mrs. Irwin to book into a 15 minute time slot.** As always, please feel free to connect with your child's teacher about progress at any time.

Tomorrow is our 22nd Annual Ultimate Frisbee Tournament. Twenty-two years of dedication to spinal cord research is too much to summarize here. Please read the attached article by Mrs. Worthington to learn more. After a two year break due to COVID, we are super excited to host schools from all around our area as we raise money to support spinal cord research. We invite you to come out and watch some games.

Friday is graphic t-shirt day. We'd love to see shirts with cool, fun and even inspirational pictures and sayings. We'll also have our first Heart Group of the year at the end of the day. These multi-age groups that meet about 7 times in a year are just another way we work on intentional teaching and learning about social responsibility. We are revisiting the Seven Grandfather teachings this year. This Heart Group we are learning about LOVE.

Our next PAC meeting is on Tuesday, October 11th at 6:00. We hope to see you there. Every caregiver is welcome.

Remember, our theme this year is "Me, You and Us!" It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart



COMING SOON:

Oct 6—Ultimate Frisbee Tournament
Oct 7—Graphic T-Shirt Day
Oct 10—Thanksgiving Day—NO SCHOOL
Oct 14—Interims Go Home
Oct 18— Student-Led Conferences
 - Early Dismissal at 12pm
Oct 19—Take Me Outside Day
Oct 20—Great BC Shake Out Day
Oct 21—Pro-D Day—NO SCHOOL

OCTOBER 2022 MENU

Each meal is \$5.00 (reg). or \$6.00 (lg)

Please Pre-Order and Pre-pay

Pre-paid & pre-ordered meals of more than 10/month receive a discounted rate of 4.50/meal

Student's Name: _____ Teacher: _____ Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pizza bagel 	4 Corn chowder Bun/biscuit 	5 Chicken strips 	6 Hot dog  Ultimate Frisbee Tournament (Gr 4-6)	7 <i>Lasagna</i>  Graphic T-Shirt Day
10 Thanksgiving Day No school	11 Sloppy joe 	12 Spaghetti 	13 Chicken noodle soup 	14 <i>Pork stew</i>  Interims Home
17 Sausage and egg 	18 <i>½ day</i> <i>No lunch</i> <i>12:00pm Dismissal</i> <i>2:00 – 6:00 Student-led</i> <i>Conferneces</i>	19 Meat loaf mashed potato  Take Me Outside Day	20 <i>Chow Mein</i>  <i>10:20 Great BC Shake</i> <i>Out (Earthquake Drill)</i>	21 Pro- d day No school
24 Pancakes and eggs  DEAR – Drop Everything and Read Day	25 Grilled cheese and tomato soup 	26 Butter chicken and rice 	27 Hamburger 	28 Chicken ranch wrap 
31 Mac'n'cheese  Dress-up Day				

ICORD Ultimate Tournament

Contributed by Mrs. Kim Worthington

School begins, fall is in the air and elementary schools in the Vanderhoof and surrounding area are gearing up for the annual Ultimate Frisbee tournament at W.L. McLeod Elementary School. All money raised is forwarded to ICORD, a research and development institution dedicated to finding an answer to cure spinal cord injuries.

In 1999 John Ryan, a paraplegic, married to Penny McLeod, the daughter of our school's namesake, decided to fight for a cause that was dear to his heart. John was injured in a vehicle accident a couple of years earlier and because he was not wearing his seat belt, he sustained a spinal cord injury. John decided to cycle across Canada hoping to raise money and awareness for spinal cord injuries. His tour, called the Regeneration Tour, ended October 1999 and John came here to Vanderhoof to celebrate the successes of his trip.

It was in October of '99 that three staff members of W.L. McLeod Elementary School organized a "John Ryan Ultimate" tournament. The choice to play ultimate was an easy decision. Ultimate Frisbee is an organized wheelchair game and one that John participated in. He was excited to hear of our idea to help him in his efforts to find a cure for spinal cord injuries; first by hosting an event that would raise money for the cause and secondly by choosing a sport he enjoys. John and Penny with Bill and Judy McLeod also attended our fundraiser. It was successful and we decided to continue hosting the tournament the next year. One year followed the next and soon it became an annual fall event for the elementary schools in our community.

John, Penny, and their daughter Janel have attended some of our tournament days, although living in Whistler was a long trip for them to make each year. Probably one of the most memorable tournaments was the year that John and Penny surprised everyone here with the inclusion of their friend, Mr. Trevor Linden. It was a real treat for everyone in attendance. This tournament has created some very exciting moments for everyone involved!

That memorable tournament was twelve years ago and this year we are hosting our 22nd Ultimate tournament. It is no longer called the John Ryan Ultimate tournament as we have redirected our funds from the Regeneration Tour to ICORD. ICORD is the International Collaboration on Repair Discoveries, a research centre in the UBC Faculty of Medicine & VCH Research Institute.

Over the years we have seen thousands of students participating and have raised thousands of dollars. All the money raised has gone to ICORD. A key to our successful fundraising during the tournaments must be credited to our local Co-op. Each year, without fail, they have supplied our concession needs. This donation of food has allowed for a 100% donation of money raised.

Leading up to our 10th tournament we worked with CI Radio, our local radio station, and held a telethon. This was another example of the support we enjoyed from the community. Again, thanks to the prizes contributed by our local businesses, we were able to donate 100% of the money generated from our afternoon in the radio station.

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As we are a small community, we rely on our neighbours to support the kids and adults working behind the scenes. Our vision is that this is a day we come together in a positive and inclusive spirit to help the researchers find the answers they seek.

The local newspaper, Omineca Express, has covered our events with write-ups and pictures from the various fields of play. It is great to have the pictures out there for all to see our kids playing hard for a charitable cause. Everyone wins! We always appreciate the buildup in the paper, as the day approaches, and then to see the action shots in the week following.

In 2018 we played our 20th tournament and it was a big deal in our school and through the community. ICORD wanted to be here to celebrate in our achievement and were able to send two scientists. They were great representatives that shared some of their research stories with us, as well as participated in some of the games. Rick Hansen also became involved with our tournament that year. Rick was kind enough to record a message for all the participants to hear. He was proud and humbled by the efforts our community has done for so many years in raising research dollars for ICORD and for raising awareness of the challenges for persons with spinal cord injuries.

We are the only charity still operating and raising money for John's dream of a cure for spinal cord injuries. We are proud of our efforts and even prouder of the community that supports this event. In the end, we will all have contributed to finding a cure. The students involved will know they were a part of the solution. Together, all of us will one day be able to say "Yes, I was a part of finding the answers for spinal cord injuries!"

This year, on October 2nd, our tournament will be different. Each school will participate in their own bubble, on their own school field. There will not be a concession or a big rally. Our W.L. McLeod students in grade 4, 5, and 6 will play games and donate money to be forwarded to ICORD to continue in the spirit with which we have always participated. We wish our kids good games with good sportsmanship during our pandemic tournament.

Thank you to everyone that has been a part of our efforts!

Kim Worthington

STUDENT AFFORDABILITY FUND 2022-2023

As announced on August 29, 2022, the Province is helping to make back-to-school more affordable for students and their families who are struggling with rising costs of living due to global inflation. Through the Student and Family Affordability Fund, our school has received funding to ensure students are fed and have the school supplies they need to be successful this year. This one-time funding will help our school to expand food/school meal programs, make sure students have the school supplies they need, and cover any additional fees so that students in need can take part in activities, such as field trips and sports.

As you know, looking after each other is how we always do things at McLeod. If you have questions or ideas about how we can do this even more, please feel free to reach out to me. I'd love to hear from you if you have thoughts about how we can support each other more creatively and also if you or your family might need a little more yourself.

Take care!

Ms. Hart

PAC HOLIDAY **FUNDRAISER ANNOUNCEMENT**

FREE SHIPPING: If you are making an online order please make sure you select the school as your shipping address to receive **FREE SHIPPING!** If you use your home address there is a fee.

All orders are due on **OCTOBER 14, 2022**



Registration is now open for the Fall Session, October 12th - December 17th. Pick one day or two days per week options. We're always accepting new swimmers to the club! Please see the following website for more info or check out our Facebook page: Nechako Valley Swim Club. [Nechako Valley Swim Club Website/Registration](#)



THANK YOU FOR REMEMBERING THAT
WE ARE A NUT FREE SCHOOL

Strong Start is a free drop-in program here at our school for families with children 0-5 years old. We are open Monday to Thursday mornings 9:00am-12:00pm, and an extra evening class on Wednesdays 3:30pm-6:00pm. Closed on Fridays. Connect on our Facebook page: W.L.



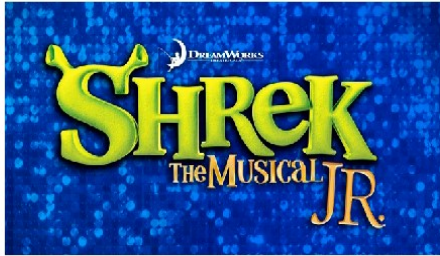
Wrestling is back in action! Everyone is welcome. Join us every Wednesday starting October 26th.

Please access the registration link here:

<https://forms.gle/nTiNgj259t2aakfVA> or find us on Facebook at Vikes Wrestling.

Go Vikes!





AUDITIONS

For grade 1 to 6 students.

Tuesday, October 11th at lunch

Wednesday, October 12th at lunch

Friday, October 14th at lunch

**You just need to come one time and
be ready to sing a song.**

(Twinkle, Twinkle Little Star or Happy Birthday are good ones!)

Our school goals are that our McLeod students will be:

1. Literate as evidenced by grade 3 students meeting grade level expectations in reading in PM Benchmarks/GB+.
2. Socially Responsible Citizens as monitored through the School Learning Survey.
3. Numerate as evidenced by grade 3 students meeting grade level expectations on the DNA.



Vanderhoof Clippers Speed Skating Club Registration 2022-2023 Season



Summer is over, but there's lots to look forward to!!! Registration for Speed Skating is open!!

For beginner to advanced skaters from age 4 to adult.

Speed Skates available for Rent = low cost, fun and fast winter sport!!

Children must turn 4 on or before June 30th 2022 to participate.

Registration link: <https://icoreg.ca/#1/events/vanderhoof-clippers-speed-skating-club-20222023>

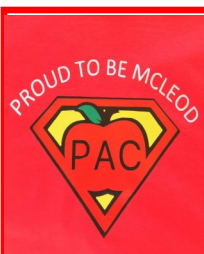
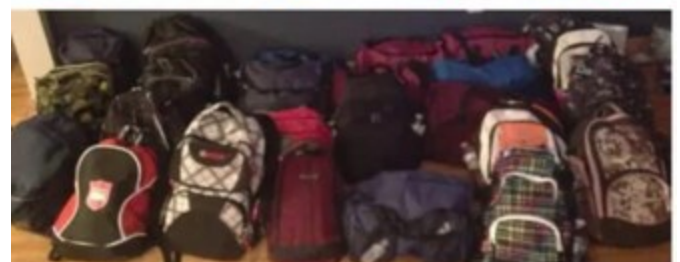
Lots of great info about the club at: www.vcssc.ca

For more information, contact Terry Lazaruk at terry.lazaruk@canfor.com,

or feel free to give me a call at 250-570-8444

Donations Requested—Drop off by October 15

Backpacks Needed for those in need. It's starting to get cold out there and WL McLeod is accepting donations for adult backpacks (can be used but in good condition), warm socks, mittens, etc... These donations will be given to adults living without homes in our community and Prince George. Thank you in advance. Drop off: WLMcleod school



Please like our PAC
Facebook page to stay up to date
with what is going on in the school!

[https://
www.facebook.com/WLMPAC](https://www.facebook.com/WLMPAC)

