



The Prowler

the news of the week
les nouvelles de la semaine



We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

December 20, 2023

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 16

Hadi, Bonjour and Hello,

As we finish up this week before the Winter Break, I just want to take the opportunity to say how grateful I am to each and everyone of you for the role that you play in making McLeod such a loving and amazing school. It is easy to have An Attitude of Gratitude at McLeod.

We put on our first LIVE Christmas Concert in three years. I am so glad so many of you got to come and watch the hard work of all our little performers. I am very proud of them! If you would like a copy of the recording sent to you, please let Ms. Lindsay know and we will send it out as soon as it is ready.

Last week we had two incredible events. A special shout out to Mrs. Snow and Mrs. Harper and the Santa's Workshop helpers for this experience for our students. What a gift of gifts! The Turkey Dinner was fabulous, and we all know this doesn't happen without many hard working volunteers. Thank you to Mrs. Campbell-Stewart, Mrs. Santos, Mrs. van den Berg and Mrs. Snow and all those who helped with the cooking of the delicious food, to Connexus and CSFS staff who served the meal, to Mme Wiebe, Mrs. Ellis and Mrs. Harper and their team of decorators and organizers of the beautiful gym set-up, to classes who helped with set-up and clean-up and to our incredible PAC and caregivers who dove in to help in so many, many way (as well as sponsoring the entire meal).

On behalf of everyone at McLeod we wish each of you the very best two weeks and holiday season. No matter how you honour or celebrate this time of year, we hope you find time to do this with those you love.

Don't forget, our theme this year is "An attitude of GRATITUDE." It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

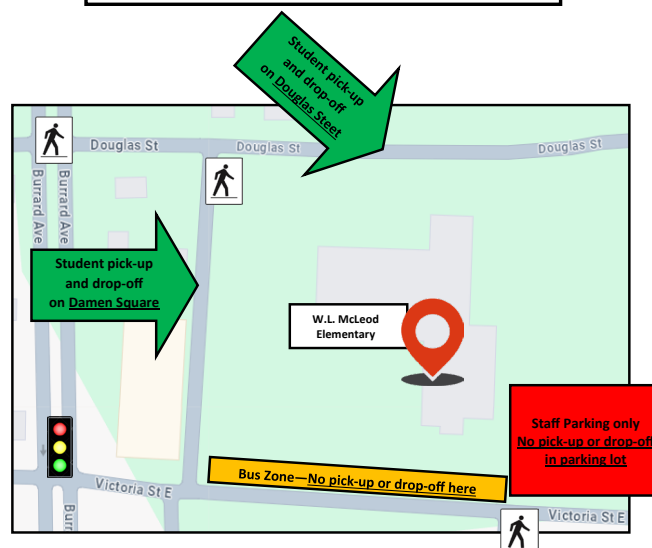
COMING SOON:

Dec 22: Last day of school for 2023

Dec 25 - Jan 5: WINTER BREAK

Jan 8: Welcome Back

Student Pick-up & Drop-off at W.L. McLeod Elementary



Please help keep our students, caregivers, and staff safe. **NO drop off and pick up in the school bus zone (on either side of the street) or in our staff parking lot.** Please use Douglas Street and Damon Square as drop-off and pick up options.

We are trying to be kind to our earth and reduce the amount of paper we use at school. We will send out the front page of the newsletter and the Hot Lunch Menu in a hard copy, but the rest of the newsletter will be sent electronically. Please call the office to get your name on our newsletter e-mail list, or, try out our new QR code to the newsletter!





JANUARY 2024 MENU



Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month.

Please Pre-Order and Pre-pay

Student's Name: _____ **Teacher:** _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Winter Break "Happy Holidays" 	2 Winter Break "Happy Holidays" 	3 Winter Break "Happy Holidays" 	4 Winter Break "Happy Holidays" 	5 Winter Break "Happy Holidays" 
8 Pizza Bagel (V) 	9 Tater Tot Casserole 	10 Perogy Casserole (V) 	11 Hamburger & Salad Bar 	12 Chicken Ranch Wrap 
15 Beef Noodle Soup 	16 Pancakes (V) 	17 Pizza Dog 	18 Caramel Chicken & Salad Bar 	19 Mac and Cheese (V) 
22 Creamy Chicken Noodle Casserole 	23 Sausage and Eggs 	24 Spaghetti (V) 	25 Snack Plate (V) 	26 Filipino Pork Steak  Informal Learning Updates Home "Beach Day"
29 Ham and Cheese Bun 	30 French Toast (V) 	31 Taco Wrap  1:30 Will's Jams Assembly	* Please note: Our kitchen is not fully vegetarian or Gluten free* *(V) indicates vegetarian option is available if pre-requested*	

More McLeod News



Our lost & found is very full! Please come take a look in the back hall by the gym for anything that may belong to your child.



Scan here for the School District Proposed Policy Updates



Please Label Snow Gear

Please ensure all outdoor snow gear (mitts, toques, coats, snowpants and boots) are labeled with your child's name.



EARLY YEARS SCREENING FAIR

FUN PRIZES TO BE WON!

DATE: January 20, 2024
WHEN: 10AM – 12PM
WHERE: McLeod Elementary Gymnasium
FOR: Ages 3 - 4

VISION SCREENING

ASQ SCREENING

Get your developmental questions answered!

Learn what early years services are available in your community.

HOSTED IN PARTNERSHIP BY

Northwest
Child Development Centre

Thomas Robinson Consulting Ltd.

SCHOOL DISTRICT 91 NECHAKO LAKES

northern health

CONNEXUS
COMMUNITY RESOURCES

CARRIER SEKANI FAMILY SERVICES

PROUD TO BE MCLEOD

Please like our [PAC Facebook Page](#) to stay up to date with what is going on in the school!

Attention

Send recipes to rturnerklopper@sd91.bc.ca with contact information.

Recipe

INGREDIENTS	SERVINGS	DIRECTIONS	PREP TIME	COOK TIME
SD91 is looking for recipes from the community to help build a school district recipe book. The recipes will also be used to make school menus. If you have a recipe to share it needs to: • be okay to serve a large population, easily 50 or more servings. • be transportable, so holds well in moving between sites. • include a list of ingredients, amounts for each ingredient to be used in the recipe, instructions, and any comments regarding traditional ways it may be served. • There is need for more diverse recipes that may include fish or be plant-based and suitable for vegetarian and vegan diets.				

FROM THE

Or drop it off at the local school

Submit by Jan 8, 2024

SKI and SNOWBOARD TRIP CHAPERONES



We have booked our grade 4-6 trips to Murray Ridge for February 2024. We will need chaperones to join us.

SD91 has a new policy that chaperones on trips such as this will need to complete extra paperwork including a Criminal Record Check. If you will be helping us as a chaperone for this event, please drop by the RCMP station as soon as possible and ask for a CRC to volunteer with a school. Once you have the CRC, bring it to the school and we will have one more form for you to complete.

Thank you in advance for your help!



Holiday Care

Connexus Community Resources

Counselling and support programming for children, youth, and families.
Ph. 250-567-9205

Carrier Sekani Family Services

Holistic health and wellness services for Carrier and Sekani people, including youth services and maternal child health.
Ph. 250-567-2900

Neighbourlink

Food bank and Wednesday hot lunches
Ph. 250-567-9007 to register for food bank or to call for emergency food

Kids Help Phone

Ph. 1-800-668-6868 (toll free)
Txt. Kids text WELLNESS to 686868
Available 24hrs/day to Canadians aged 5 to 29. Confidential and anonymous care from professional counsellors.

Wellness Together Canada: Mental Health and Substance Use Support

Get connected to mental health and substance use support, resources, and counselling with a mental health professional.
Ph. 1-866-585-0445 to speak with a Program Navigator
Txt. Adults text WELLNESS to 741741
Web. <https://ca.portal.qs/#>
Available 24/7 to everyone.

Hope for Wellness Help Line

1-855-242-3310 (toll free)
Available to all Indigenous people who need immediate crisis intervention.
Telephone and online counselling.



Community News

HOLIDAY SKATE SCHEDULE

VANDERHOOF ARENA 2023



DISTRICT OF

Vanderhoof

Dec. 17	1-4 PM Figure Skating Ice Show
	4:15-5:15 PM Public Skating
	5:30-6:30 PM Drop In Hockey
	6:45-7:45 PM Public Skating
Dec. 19—21	12-1 PM Public Skating
Dec. 22	12-1 PM Drop-in Hockey
Dec. 22-23	Muckers Christmas Tournament
Dec. 24	12—1 PM Public Skating
	1:15—2:15 Drop-in Hockey
	4:14-5:15 PM Public Skating
Dec. 25 (STAT)	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
Dec. 26 (STAT)	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
Dec. 27—29	10:45-11:45 PM Public Skating
	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
	2:30—3:30 PM Drop-in Hockey
Dec 30	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
	2:30-3:45 PM Drop-in Figure Skating
	4—5:45 PM Dalchako

Dec 31	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
	2-4:00 PM Drop-in Speed Skating
	4:15-5:15 PM Public Skating
	5:30-6:30 PM Drop-in Hockey
Jan. 1 (STAT)	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
Jan. 2—4	10:45-11:45 AM Public Skating
	12-1 PM Drop-in Hockey
	1:15-2:15 PM Public Skating
	2:30-3:30 PM Drop-in Hockey
Jan 5	Same as Jan 2-4, then
	3:45-6:15 PM Minor Hockey
	6:30-8:30 PM Drop-in Speed Skating
Jan. 6	8:45-10:45 AM Minor Hockey
	11-3:45 AM Figure Skating Jamboree
	4-5:45 PM Dalchako
	6-8:30 PM Minor Hockey
Jan. 7	8-9:30 AM Minor Hockey
	10-11 AM Muckers
	11:15-3:30 AM Minor Hockey
	4:15-5:15 PM Public Skating
	5:30-6:30 PM Drop-in Hockey
	6:45-7:45 PM Public Skating
	8-9 PM Ladies Hockey

*All private ice bookings must be made prior to Dec 20th.

View the live calendar at <http://app.rectimes.com/districtofvanderhoof>

Dates and times subject to change.



Blackwater
Mine

Tim Hortons.

Coastal GasLink



Jan 8—regular
scheduling resumes