



The Prowler

the news of the week
les nouvelles de la semaine



May 3, 2023

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 30

Hadi, Bonjour and Hello,

Thank you to everyone involved in our 2023 Proud to be McLeod Production this year. SHREK was a huge success in so many ways. I am so grateful to all the audience members, families, staff, and incredible kids who were part of this show. Much gratitude and love to you all!

Please share the news that McLeod is hosting the Vanderhoof Ready, Set, Learn event for 3 and 4-year-olds in our gym. This Early Years Screening Fair is a partnership between many of the organizations involved in early learning throughout our community. It's this Saturday, May 6th from 10:00-12:00. Please see the poster in this newsletter for more information.

Friday, May 5th is the National Day of Awareness for Missing and Murdered Indigenous Women. In Canada, Indigenous women and girls are targeted for violence more than any other group. In Canada alone, there have been approximately 4,000 Indigenous murdered or missing women and girls in the last 30 years. In 2019, a national inquiry named this crisis in Canada a genocide. This is especially relevant given our position and context related to Highway 16 (Highway of Tears). In SD91, May 5th is an important day to demonstrate respect for the women and girls who have been lost and to honour communities from the 14 First Nations whose children SD91 serves. Along with other SD91 schools, McLeod will raise the MMIW flag on this day. While the Canadian flag will not be on the flagpole, it will be displayed as per regulations.

Remember, our theme this year is "Me, You and Us!" It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

COMING SOON:

- May 3: PAC Meeting—5:00PM
- May 5: National Day of Awareness for Missing and Murdered Indigenous Women
- May 12: Pro-D Day—NO SCHOOL
- May 17: Share the Love Day
- May 19: Jump Rope for Heart
- May 25: Primary Fun Run
- May 31: Track and Field



**W.L. McLeod
PAC Meeting**

May 3rd

**5:00 in the TLC
and on TEAMS**



Please come to The Learning Centre (room 15) or join us on TEAMS through this link:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_MDlyYjVhNDAtoGEzMi00YWQxLWFjZiktZjRiMjJkNmFiYWMz%40thread.v2/0?context=%7b%22Tid%22%3a%224104c2a2-a3e0-4e86-9ef6-a387f80f7267%22%2c%22Oid%22%3a%22fbdef30a-4641-4f0a-8e77-a6977aa494d6%22%7d

The hard copy of the newsletter only includes page 1 and the hot lunch menu. To access the rest of the newsletter, please contact us to be added to the email list. lswanson@sd91.bc.ca



MAY 2023 MENU

Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month

Please Pre-Order and Pre-pay

Student's Name: _____ **Teacher:** _--_____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Bagels 	2 Crepes 	3 Meatloaf  5:00 PAC Meeting	4 Roast Beef 	5 Breaded Chicken Wrap 
8 Chicken Strips 	9 Pancakes 	10 Perogy Casserole 	11 Snack Plate 	12 PRO-D DAY
15 Pizza Sub 	16 Sausage and Eggs 	17 Chicken Ranch Wrap  Share The Love Day	18 Chow Mien & Spring Rolls 	19 Baked Spaghetti 
22 VICTORIA DAY	23 French Toast 	24 Ham & Cheese Buns 	25 Taco Wrap  Primary Fun Run	26 Caramel Chicken 
29 Beef Stew 	30 Baked Omelet 	31 Pulled Pork Sandwich  Intermediate Track and Field		



Dear families and supporters of McLeod,

This year, our garden program is looking for some plant donations to get our school's community garden up and running. If you, or someone you know, is willing to send some plant donations, please contact Mr. Reimer at mreimer@sd91.bc.ca.

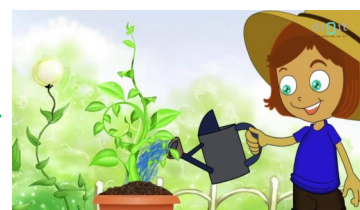
We are currently looking for the following donations:

- seed potatoes
- plant starts for Roma tomatoes, peppers and melons

Thank you !

Mr. Reimer

Thank you for supporting our Hot Lunch Program!



Please have all after-school messages to the office by 2:45 to ensure that we have time to get the message to the students.

Thanks!

Lindsay

Wild Goose Chase Fun Run!

May 7th at 10:00am

WL McLeod Elementary

3.5km Run, 8km Run, 5km walk

Open to EVERYONE of all ages!

Lots of draw prizes!

Medals for all kids under 8 years old

Must Register On-Line at:

<https://zone4.ca/register/V83K5J/>

(Or go to www.zone4.ca and search "Wild". Email zoewalk@hotmail.com for questions.)

NO DAY OF REGISTRATION!



EARLY YEARS SCREENING FAIR

DATE: May 6, 2023

WHEN: 10:00AM – 12:00PM

WHERE: MCLEOD ELEMENTARY GYM

FOR: AGES 3-4

**FUN PRIZES
TO BE WON!**

HOSTED IN PARTNERSHIP BY



Northwest
Child Development Centre



YMCA
BC



CONNEXUS
COMMUNITY RESOURCES

Thomas Robinson
Consulting Ltd.



CARRIER SEKANI
FAMILY SERVICES



SCHOOL DISTRICT
91

NECHAKO
LAKES

VISION
SCREENING

ASQ
SCREENING

Get your
developmental
questions
answered!

Learn what early
years services
are available in
your community.



Child Care Survey

Open to all parents/caregivers who reside within SD 91 boundaries

TELL US YOUR CHILD CARE NEEDS (INFANT TO 12 YEARS)

SURVEY WINDOW: APR 11-MAY 11

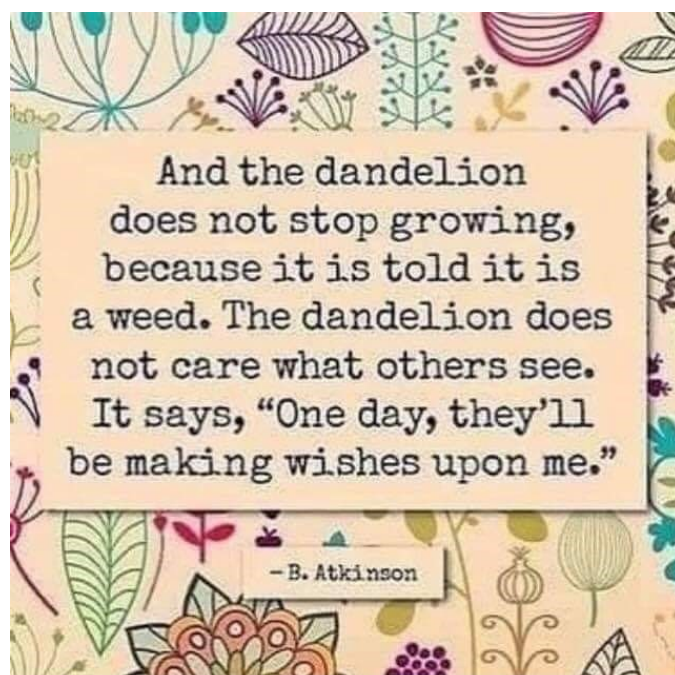
Click [here](#) to complete the 5-minute survey.

SCHOOL DISTRICT 91 NECHAKO LAKES



'Registration is now open for the 2023 Summer Season! We offer full and 1/2 summer registration packages. **Summer registration fees includes all practices, fun events, BCSSA annual fees, and swim meet entries!** Please see our website below for more information and join our FB page: Nechako Valley Swim Club. Join the fun!

[Nechako Valley Swim Club Website/Registration](#)



To all parents,

In an effort to keep all of our children safe online it is recommended parents of children, who have access to the internet, visit [cybertip.ca](#)

Cybertip.ca, Canada's national tipline for reporting the online sexual exploitation of children, is currently issuing a warning regarding the social networking app *Discord*. Cybertip.ca states children using Discord are at risk for being lured, groomed, and are vulnerable to online violence.

It is recommended that children always be monitored when engaging in online activities.

Debbie Scott,

SD91 District Counsellor

JUMP ROPE FOR HEART

On May 19th W.L McLeod will be hosting a Jump Rope for Heart event! Throughout this month we are building awareness for healthy living. Students are encouraged to help fundraise for the Heart and Stroke Foundation. All fund raising is done online at [jumpforheart.ca](#). Just follow the instructions found on the attachment to register your child and begin fundraising. Our school goal is to raise \$3000. Students are building their skipping skills during PE classes and during recess times. If you have any questions or concerns, please contact Mrs. Nemethy by phoning the school or emailing her at wnemethy@sd91.bc.ca.



DAY OF REMEMBRANCE ON VIOLENCE AGAINST WOMEN



*Join us as we march in honour of the
hundreds of missing and murdered
women.*

May 5th

*Nechako Valley Secondary
Auditorium*

Gather at 11:45 walk at 12:00

Please have all items you'd like to add to the
newsletter to Ms. Lindsay by **noon** on Tuesday's.
Any submissions after noon will be put in the
following week's newsletter. Please email
lswanson@sd91.bc.ca

Thank you

W.L. McLeod Strong Start

*Strong Start is a free drop-in program here at our
school for families with children 0-5 years old.*

*We are open Monday to Thursday mornings
9am-12pm, and an extra evening class on
Wednesdays 3:30pm-6:00pm. Closed on Fridays.*

*Connect on our Facebook page: W.L. McLeod
Strong Start, or email smeads@sd91.bc.ca*



Kennedy's Curious Kiddos

Did you know???

Mx. Kennedy has some eggsellent farm fresh eggs for sale!

The eggs are \$5/doz.

She also has some hatching fowl!

- Chicks are \$10
- Ducklings are \$20

100% of sales will be donated to Mx. Kennedy's Curious
Kiddos and their classroom's cooking program!

Please contact Mx. Kennedy at akennedy@sd91.bc.ca or
text 250-570-9831 if you'd like weekly eggs or some chicks.

You can also pop into the office and we can grab you a
dozen or two!

Thank you for helping us help the kids in their cooking
endeavors!

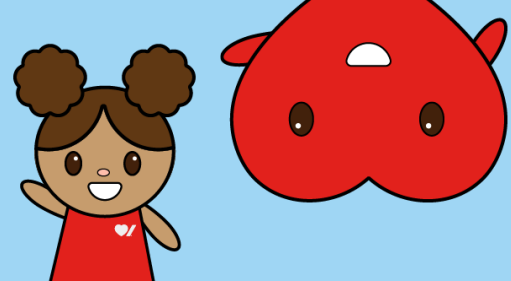


Please like our PAC
Facebook page to stay up to date with
what is going on in the school!

<https://www.facebook.com/WLMPAC>



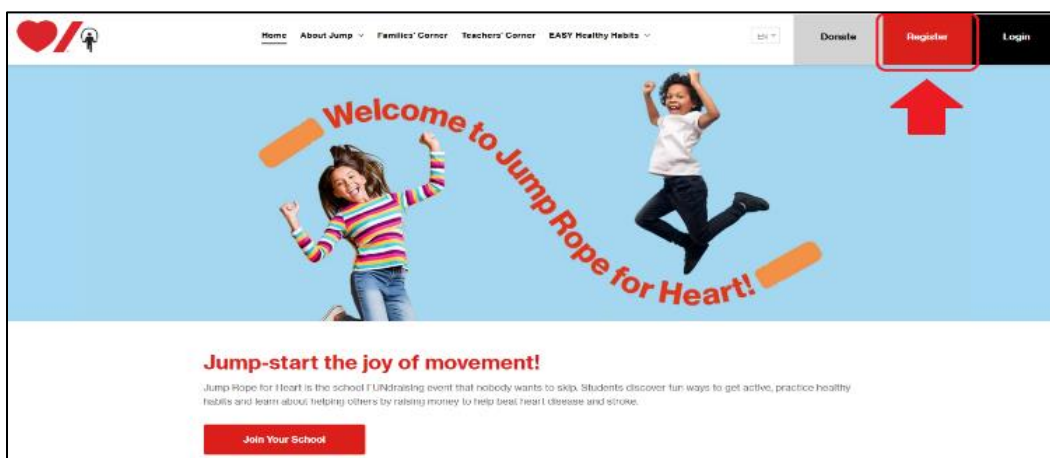
**Thank you for keeping McLeod scent free
(including essential oils).
We appreciate your support for our students**



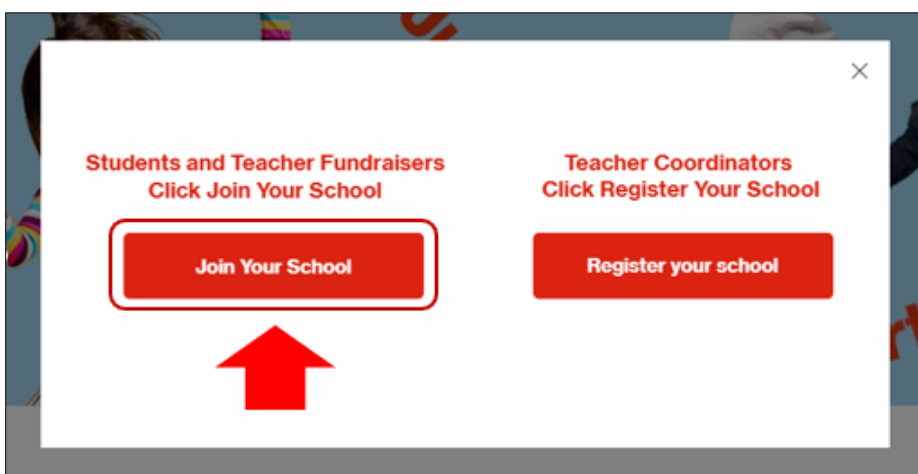
Registering your Child for Jump Rope for Heart

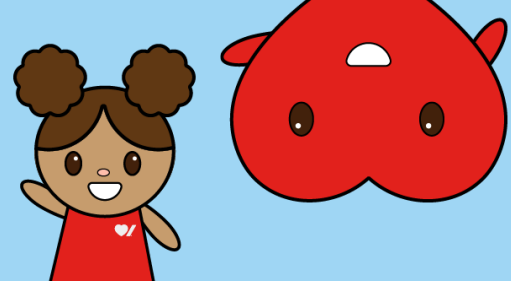
Online fundraising allows you to easily raise funds and share life-saving information with your friends and family. Here's how to get started:

1. Go to www.jumpropeforheart.ca and click on the **"Register"** button at the top right.



2. When prompted, click the **"Join Your School"** button.





3. Search for your school. Once found, click **“Register”**.

Tip: If you cannot find your school, remove an accent or punctuation. For example: change École to Ecole or St.to St

Get started - jump for joy!

Welcome – or welcome back! Get ready to join the school event nobody wants to skip! Let's get started. Start by searching for **your school** or join the **National Jump Team** if your school is not participating:

School

example school

Q

1 School (s) Found.

Example School - City

View School

Register

4. Select the large, grey, rectangular button that says **“+ Register”**.

Register for Jump Rope for Heart

Register as an individual

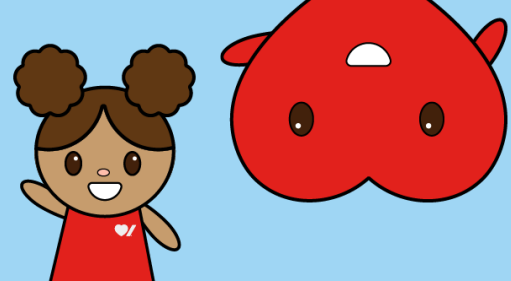
Start your registration by clicking 'Register' below: Please note that your registration is free and will always show a balance of zero, unless you add a self-donation.

+
Register

Cancel

Total (Registrations) \$0.00

Register



- Complete the **“Registrant Details”** and click the red **“Save”** button. If you would like to kick-start your child’s fundraising and donate, this is now the spot to do so.

Registrant Details

Details

Enter fundraisers first and last name and email address. If you are signing up a child, please enter Parent/ Guardian email address. Please note that you can sign up additional registrant children under the same email address.

First Name

Last Name

Email

Register for Jump Rope for Heart

Select Registration

Registration options

Student Registration

FREE

Teacher Fundraiser Registration

FREE

Personal Fundraising Page

Enter details to setup a personal fundraising page.

Personal Fundraising Page

Create your fundraising page to be shared with your community.

Personal page name

Goal

Personal page name

\$

Name Your Personal Page Link

/page/

Set your own web address for your personal fundraising page. Call this whatever you like. The recommended typing is your first and last name (without a space). City, last initials, numbers and dashes.

Donate now to kick start your personal page.

Donating to your personal page earns you a fundraising badge. Those that kick start their own page typically raise 75% more!

\$15

\$25

\$50

\$100

\$500

Other

Additional Questions

Please indicate your relationship to the fundraiser?

Select option

Please select fundraisers grade?

Select option

☐ I accept the Terms & Conditions [view](#)

Cancel

Save

- If you would like to register a second child, select the large, grey rectangular button that says, **“+ Add registrant”** and complete the registrant details for your second child (and if you’d like to donate to kick start your child’s fundraising, the Registrant Details page is the spot to do so). If not, select the red **“Register”** button to proceed to the next step.

Register for Jump Rope for Heart

Register as an individual

1 registrant(s)

+ Add registrant

Nicole Kerr

nicole.kerr@heartandstroke.ca

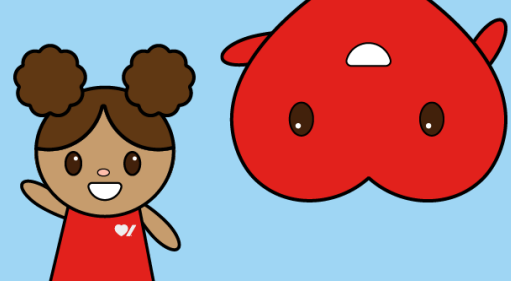
Student Registration

Free

Cancel

Total (1 item) \$0.00

Register



7. Then complete the **Your Information** section and select the **“Complete”** button to finish your registration!

I'd like to donate

\$15	\$25	\$50	\$100	\$500
Other				

ⓘ Minimum donation required to receive a tax receipt is \$5

Donor/ Registrant Information

Email

Show my name as ⓘ

Comment ⓘ

Your Information

☐ I am filling this form on behalf of an organization or company ⓘ

Title	First Name	Last Name

Street Address City

State / Province Country ZIP / Postal Code

☐ I'm not a robot 

Complete By submitting this form, I agree to the [Terms & Conditions](#) and acknowledge that I have read and understand the [Privacy Policy](#)

8. Once you click **Complete** an email will be sent to your inbox with the subject line **“Thanks for joining Jump Rope for Heart!”**. Within the email, there will be a blue **“Manage My Page”** button that you can click to set up your password. Your username will be your email.

Hello Nicole,

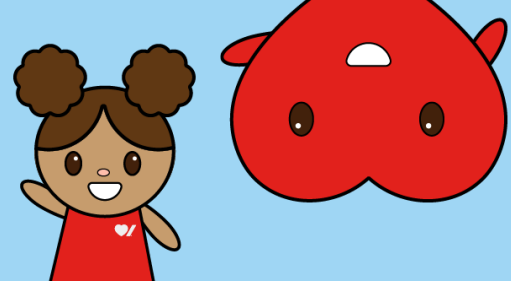
Thank you for supporting for Jump Rope for Heart — the school FUNdraising event that nobody wants to skip! Students discover fun ways to get active, practice healthy habits, and learn about helping others by raising money to help beat heart disease and stroke.

In the 2021/2022 school year alone, more than 450,000 kids jumped their way to a healthier future, while raising almost \$3.4 million for Heart & Stroke. These funds will be invested in research and health promotion that saves lives, prevents disability, supports recovery and diagnosis, and improves the health of kids and grown-ups alike, right across Canada.

To complete your registration and start your child's Jump journey, follow these EASY steps:

1. Set your password and log into your Participant Centre.

Manage My Page



9. You will be prompted to create a password for your Jump Rope for Heart account*. Please record your password for future use.

Let's create your new password:

SAVE & CONTINUE

*Please note you may receive a prompt asking you to sign in, this is because Heart & Stroke uses the same fundraising platform (CrowdChange) as several other major Canadian charities with which you may have already created an account. If you receive a prompt to sign in, enter your email and password or if you do not have your password, click **“Reset Password”**.

SIGN IN

Email

Password

Reset password

Cancel Sign In

Don't have an account? [Sign Up](#)

This will initiate an email to your inbox to set a new password. Once reset, return to the original email from Jump Rope for Heart, click **“Manage Fundraiser”**, enter your email and your newly created password, and click **“Sign in”**.

10. Once you are logged in, you will be taken to the dashboard of your child’s **Participant Center**. Here you can update your child’s fundraising page with a photo and personalized message. You can view your child’s fundraising page to see what friends and family would see when visiting the page by clicking the **“View Page”** button on the top right corner.

< Back to participant center

Welcome, Nicole Kerr

View page

My page

Nicole's Fundraising Page

Member of Heart & Stroke Foundation of Canada

Example School - Cdn

Tips to optimize your fundraising page

1 of 6 completed

Create your personal fundraising page

Choose a new webpage and create a header that will share publicly with supporters

WELCOME!

Add a custom image

Customize the image displayed on your personal fundraising page

Add a personal message

Customize the description of your page that will appear to your supporters

Activity tracker

How often you move, make it count!

From swimming to shopping, any activity that gets you moving makes an impact on our health.

Start tracking activity

Metrics

Total Raised: \$0

Total donors: 0

1st donor: Nicole Kerr \$2

2nd donor

3rd donor

Your achievements

Next badge