



# The Prowler

*the news of the week*  
*les nouvelles de la semaine*



June 14, 2023

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 36

Hadi, Bonjour and Hello,

It was so special to attend the NVSS Graduation Ceremony on Saturday. There were so many amazing McLeod grads crossing the stage. It is wonderful to hear about all their success and their plans for the future. I was especially proud that the main recognitions were awarded to McLeod kids. Congratulations to Seth, Dominic, Hayl, Gabby, Ailis and Ian (and Paige)!

There is lots going on at school right now. Many classes are headed out on field trips to the pool, spray park, Ft St James Historic Site, and our local wetlands. We are also honouring National Indigenous History Month and National Indigenous Peoples Day all month. Thank you to Monica Sommerville who spent last Friday reading her book to classes. All classes will participate in an art activity and enjoy yummy Bannock in the days coming up. McLeod will attend the Saik'uz Territory Indigenous Peoples Day celebration at Riverside Park from 11:00 to 12:00 on the 21st.

Remember, our theme this year is "Me, You and Us!" It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod

Ms. L. Hart

## COMING SOON:

June 21: National Indigenous Peoples Day  
June 23: Report Cards  
June 26: Fun Day  
June 29: 10:00 Final Assembly  
**LAST DAY—12:00 Dismissal**

The hard copy of the newsletter only includes page 1 and the hot lunch menu. To access the rest of the newsletter, please contact us to be added to the email list. [lswanson@sd91.bc.ca](mailto:lswanson@sd91.bc.ca)

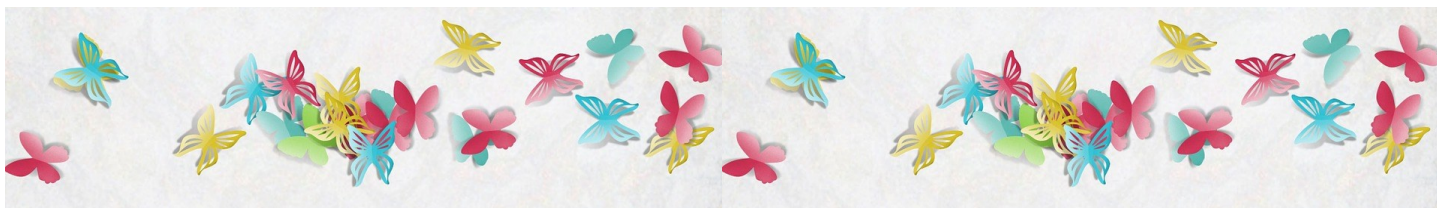


Our lost & found is very full! Please come take a look in the back hall by the gym for anything that may belong to your child.

## Plastic Bags

If you have any extra plastic shopping bags you are willing to donate to the school it would be very appreciated as the end of year clean up is starting :)

**I AM IN  
CHARGE  
OF HOW I  
FEEL AND  
TODAY I AM  
CHOOSING  
HAPPINESS.**



# JUNE 2023 MENU

Each meal is \$5.00 (reg) or \$4.50 for 10 or more meals/month

Please Pre-Order and Pre-pay

**Student's Name:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_

**Total Amount:** \_\_\_\_\_

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

| Monday                                                                                                                                                               | Tuesday                                                                                                                                                   | Wednesday                                                                                                                                            | Thursday                                                                                                                 | Friday                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                      |                                                                                                                                                           |                                                                                                                                                      | <b>1</b><br>Sloppy Joes<br>            | <b>2</b><br>BBQ Chicken<br><br><br>Sturgeon Release                   |
| <b>5</b><br>Hamburger Stew<br>                                                      | <b>6</b><br>Pancakes<br><br><br><b>@4:30 Welcome to Kindergarten BBQ</b> | <b>7</b><br>Perogy Casserole<br>                                    | <b>8</b><br>Lasagna<br>                | <b>9</b><br>Sweet & Sour Meatballs<br>                                |
| <b>12</b><br>Pizza Bagels<br>                                                     | <b>13</b><br>Hashbrown Patties & Ham<br>                               | <b>14</b><br>Ham & Cheese Bun<br>                                 | <b>15</b><br>Chow Mien & Chicken<br> | <b>16</b><br>Chicken Caesar Wrap<br>                                |
| <b>19</b><br>Chicken Strips<br>                                                   | <b>20</b><br>French Toast<br>                                          | <b>21</b><br>Pizza Sub<br><br><br>National Indigenous Peoples Day | <b>22</b><br>Snack Plate<br>         | <b>23</b><br>Chicken and Bacon Alfredo<br><br><br>Report Cards Home |
| <b>26</b><br>Hotdogs<br><br><br>For Everyone<br>Thank you, PAC!<br><b>Fun Day</b> | <b>27</b><br>Sausage & Eggs<br>                                        | <b>28</b><br>Taco Wrap<br>                                        | <b>29</b><br><br>10:00 Final Assembly<br>12:00 Dismissal                                                                 |                                                                                                                                                          |



'Registration is now open for the 2023 Summer Season! We offer full and 1/2 summer registration packages. Summer registration fees includes all practices, fun events, BCSSA annual fees, and swim meet entries! Please see our website below for more information and join our FB page: Nechako Valley Swim Club. Join the fun!

[Nechako Valley Swim Club Website/Registration](#)



Registration for the upcoming hockey season is open! Sign up now and take advantage of early bird pricing.

Returning Player:

<https://go.teamsnap.com/forms/373299>

First Time Player:

<https://go.teamsnap.com/forms/373301>

Coach/Volunteer:

<https://go.teamsnap.com/forms/373300>

VMHA is also offering a new program for kids wanting to try hockey for the first time!

This program is designed for NEW players (not previously signed up with VMHA) that are under the age of 11 that are interested in trying the sport of hockey without the up-front cost and commitment of buying any gear or travelling to games or tournaments.

Vanderhoof Minor Hockey will provide all equipment to the player to borrow for the duration of the program (September to December). After the completion of the program, the players have the option to continue playing with their age division or return the borrowed gear to VMHA.

There are only 20 spots available for this program so let's take full advantage and get more kids out on the ice!

\*Players in the U11 division that decide to continue playing will pay the pro-rated registration fees for the remainder of the season\*

<https://go.teamsnap.com/forms/374333>



### Kennedy's Curious Kiddos

Did you know???

Mx. Kennedy has some eggsellent farm fresh eggs for sale!

The eggs are \$5/doz.

She also has some hatching fowl!

- Chicks are \$10
- Ducklings are \$20

100% of sales will be donated to Mx. Kennedy's Curious Kiddos and their classroom's cooking program! Please contact Mx. Kennedy at [akennedy@sd91.bc.ca](mailto:akennedy@sd91.bc.ca) or text 250-570-9831 if you'd like weekly eggs or some chicks.

You can also pop into the office and we can grab you a dozen or two!

Thank you for helping us help the kids in their cooking endeavors!



VANDERHOOF PUBLIC LIBRARY'S

**JULY 1 - AUGUST 19 2023**

# SUMMER PROGRAMS

PROGRAMS FOR ALL AGES: 0 - 18  
TUESDAYS - SATURDAYS  
SEE REVERSE SIDE FOR PROGRAM LIST!

**ALWAYS FREE**

REGISTRATION WILL HELP US PROVIDE ENOUGH SUPPLIES, BUT NOT REQUIRED FOR ATTENDANCE  
250-567-4060  
sara@vanderhoofflibrary.com

www.vanderhoofflibrary.com




|             |                                                                                                                           |
|-------------|---------------------------------------------------------------------------------------------------------------------------|
| Tuesday ☺   | <b>SUMMER FUN @ THE LIBRARY</b><br>10:30 - 11:30 am Age: 4-7<br>Stories, Games, Crafts and More                           |
| Tuesday     | <b>CHILL ZONE - TENS to TEENS</b><br>1:30 - 3:30 pm Age: 10+<br>Music, Games, Snacks... No Flex                           |
| Wednesday ☆ | <b>CRAFTAPALOOZA</b><br>10:00 - 11:30 pm Age: 8+<br>Try out new crafting techniques and let your creativity soar          |
| Wednesday   | <b>CARDBOARD CONSTRUCTION</b><br>1:30 - 3:00 pm Age: 8+<br>Hot Glue + Duct Tape + Cardboard = imagination overload        |
| Thursday ♥  | <b>SONGS &amp; STORIES IN THE PARK</b><br>9:45 - 11:00 am Ferland Park<br>Everyone Welcome                                |
| Thursday    | <b>OUTDOOR ADVENTURES</b><br>1:30 - 3:00 pm Age: 8+<br>Rain or Shine, we will be outside!<br>Games, Hikes and Exploration |
| Friday ☆☆☆  | <b>SUMMER FUN @ THE LIBRARY</b><br>10:30 - 11:30 Age: 4-7<br>Stories, Games, Crafts and more                              |
| Friday      | <b>LAZY AFTERNOON MOVIES</b><br>The movie will start @ 2:00 pm<br>Check Facebook/Instagram weekly for movies and ratings  |
| Saturday 👑  | <b>THE HANG-OUT ZONE</b><br>12:00 - 2:00 Age: 6-teen<br>Different activities each weekend                                 |

**2023**

# SUMMER CHALLENGE

WITH THE VANDERHOOF PUBLIC LIBRARY

**COMPLETE CHALLENGES WIN PRIZES!**

**MAKE THIS SUMMER THE BEST YET!**

**CHALLENGES FOR EVERYONE AGES: 10 - 18**

**WIN PRIZES!!**

...really great prizes

**REGISTER:**  
sara@vanderhoofflibrary.com



MCLEOD IS  
**NOT FREE.**



Thanks for  
keeping our  
McLeod  
family safe.

No peanuts, Brazil nuts and hazelnuts  
(including peanut butter and Nutella)  
**PLEASE.**

All band students should have received a letter from Mr. Larden regarding what you will need for the concert. If you have not received this letter, please connect with Mr. Larden ASAP.



## SCHOOL BOARD OFFICE NEWS

### ***Proposed Policy Updates***

The School District 91 Policy Committee is currently working on updates to Policy 200.2 – Trustee Standards of Conduct.

Members of the public are welcome to review and encouraged to provide feedback here or on the 'Policies and Regulations' page at [www.sd91.bc.ca](http://www.sd91.bc.ca).

### ***School Board Meeting***

**Monday, June 26, 2023**

**6:00 pm**

**Muriel Mould Neighbourhood Learning Centre in Burns Lake, BC**

#### Important Public Attendance Notice:

We are at capacity for in-house attendance at the Regular Meeting of the Board of Education on June 26, 2023.

Members of the public are welcome to attend this meeting virtually through Microsoft Teams. To take advantage of this online attendance option, please request your electronic invitation prior to 4:00 pm on meeting day.

Contact: Heather Silver Executive Assistant to the Superintendent 250-567-2284 ext. 9003 [hsilver@sd91.bc.ca](mailto:hsilver@sd91.bc.ca)



**Thank you for keeping McLeod scent free  
(including essential oils).  
We appreciate your support for our students**

### **33<sup>rd</sup> Annual Viking Hoop Camp Elementary Basketball Camp**

For those aged 8 to 13

July 10 to 14, 2023

9:00 AM to Noon daily

Contact Gary via email to get a registration form or talk to your teacher or coach for more information.

[Simroseg.11@gmail.com](mailto:Simroseg.11@gmail.com)

- FUNDamentals for playing the game including scoring, shooting, dribbling, passing, defending, screening, cutting, rebounding.
- Team tournament
- Daily awards
- Various games and contests including foul shooting, 1 v 1, knockout, 21, money-in-the-bank, lightening, skills, and more!



# April's Sewing Lessons

## **July 4,5,6 (MAGIC PILLOW CASES \$25.00) (Ages 8 and up)**

Times; 9am - 12 pm and 1 - 4 pm. 4 people per session max.

Supplies required to bring; 1/4 M Material 1 color, 3/4 M Material 2nd color.

Machines, thread, misc supplies, snacks and drinks provided.

## **July 11,12,13 (Draw String Backpack \$25.00) (Ages 8 and up)**

Times; 9am - 12 pm and 1 - 4 pm. 4 people per session max.

Supplies required to bring; 1/2 M Cotton, 1/2 M Broad Cloth, 3M cotton cording.

Machines, thread, misc supplies, snacks and drinks provided.



## **July 18,19,20 (Beach Bag \$25.00) (Ages 8 and up)**

Times; 9am - 12 pm and 1 - 4 pm. 4 people per session max.

Supplies required to bring; 1/2 M Broad cloth, 1/2 M Cotton, 1 Fat Quarter 2nd color.

Machines, thread, misc supplies, snacks and drinks provided.

## **July 25,26,27 (Skirt \$25.00) (Ages 8 and up)**

Times; 9am - 12 pm and 1 - 4 pm. 4 people per session max.

Supplies required to bring; 1 M Cotton, 1 M 1" elastic.

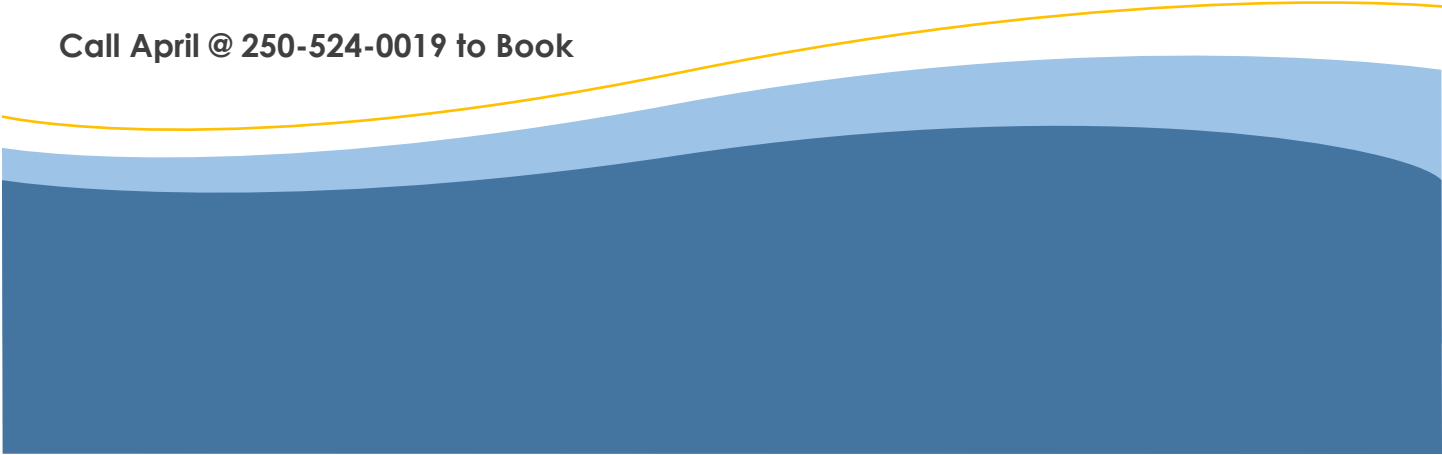
Machines, thread, misc supplies, snacks and drinks provided.

**Note: Clarify material requirements at time of booking, 24 hour notice of cancellations.**

**Payment : E Transfer or Cash.**

**2 sessions per day, book either morning or afternoon session.**

**Call April @ 250-524-0019 to Book**



WELCOME TO THE 33<sup>rd</sup> ANNUAL  
**VIKING BASKETBALL  
HOOP CAMP**

HOOP CAMP DATES July 10-14, 2023

**WHO IS WELCOME?**

**ANYONE – GRADES 3 TO 7**

**WHERE IS THE CAMP?  
WHAT IS INVOLVED?**

AT THE NECHAKO VALLEY SECONDARY SCHOOL GYMNASIUM  
EACH PARTICIPANT WILL RECEIVE INSTRUCTION ON SKILL  
DEVELOPMENT AND FUNDAMENTALS FROM THE NVSS TEAM  
MEMBERS, INCLUDING A LEVEL III NCCP COACH. THE CAMP  
WILL ALSO INCLUDE A VARIETY OF GAMES, CONTESTS AND THE  
CAMP TEAM TOURNAMENT WHICH RUNS THROUGHOUT THE  
WEEK. VARIOUS PRIZES AND GIVE-AWAYS DURING THE CAMP!

**HOW MUCH WILL IT COST?**

\$100.00 FOR 15 HOURS OF INSTRUCTION. THIS PRICE ALSO  
INCLUDES A BASKETBALL.

**WHAT DO YOU NEED TO BRING?**

POSITIVE ATTITUDE, ENTHUSIASM, SHORTS, T-SHIRT,  
INDOOR RUNNING SHOES and a water bottle.

**REGISTRATION DEADLINES**

July 7, 2023

***\$10 .00 LATE REGISTRATION FEE***

**CAMP TIMES: SIGN IN**

MONDAY ( 9:30 – 9:50 AM. ) NVSS Gym

**INSTRUCTION**

MONDAY, TUESDAY, WEDNESDAY, THURSDAY, FRIDAY 9:00 AM to 12:00 Noon

*For more information contact Gary Simrose at Cell – 250-567-5251 or email – [simroseg.11@gmail.com](mailto:simroseg.11@gmail.com)*

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TO REGISTER SCAN and email THIS FORM ONCE COMPLETE. Then e-transfer PAYMENT using above information. PLEASE NOTE THAT EXTENSIVE MEASURES WILL BE TAKEN TO ENSURE THE SAFETY OF ALL PARTICIPANTS IN THIS CAMP. HOWEVER, THERE IS POTENTIAL FOR INJURY AS WITH ANY SPORT. YOUR SIGNATURE ON THIS FORM INDICATES THAT YOU ARE AWARE OF THIS AND WAIVE ANY LEGAL CLAIM FOR LIABILITY IN THE UNLIKELY EVENT OF SUCH AN ACCIDENT DURING THIS CAMP.

**VIKING HOOP CAMP REGISTRATION**

STUDENT NAME \_\_\_\_\_ GRADE \_\_\_\_\_ TEL \_\_\_\_\_

*Please print clearly*

SCHOOL \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

CONSENT \_\_\_\_\_  
print parent name signature date

CHEQUES PAYABLE TO: Gary Simrose  
hard copy registrations can be sent to PO Box 261  
Vanderhoof V0J 3A0

***PLEASE REGISTER BY: July 7, 2023***  
***SEE LATE REGISTRATION FEE INFORMATION ABOVE***