



The Prowler

the news of the week
les nouvelles de la semaine



Sept 24, 2025

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 04

Hadi, Bonjour and Hello,

Our Terry Fox Run this year is on Thursday. We will be meeting in the gym at 11:00 to finish our book, "T is for Terry" and then we will head out to walk at Riverside Park. Just like Terry, we will walk in rain or shine. We welcome donations to The Terry Fox Foundation for Cancer Research through the McLeod office.

Friday is our 27th Annual Ultimate Frisbee Tournament. So many years of dedication to spinal cord research is too much to summarize here. Please read the attached article by Mrs. Worthington to learn more. We will be welcoming intermediate students from schools all around our area for a day of play and awareness of the need to support spinal cord research. We invite you to come out and watch some games.

Tuesday, September 30th is the 5th Annual Day for Truth and Reconciliation. We will honour this day in SD91 on Monday – but this is not just about one day. It is about what we all do continually to acknowledge and learn from the past to create a new world where reconciliation is a reality. I encourage you to talk to your kids about what they have learned in school about the tragic residential school history, its continued impact and why we must recognize that EVERY CHILD MATTERS. If you do not know Phyllis's Story, please ask your kids about it. Thank you for working with us to help our kids understand the important role we each play in truth and reconciliation. We hope everyone will wear orange in honour of EVERY CHILD MATTERS. There will be no school on Tuesday for the Statutory Holiday.

Auditions for our 17th Proud to be McLeod Production this year, Madagascar Jr! are next week. Our show will be at the end of April 2026. Check out the info in this newsletter. I can't wait to get started again!

Remember that our Core Competency focus this year is "**COMMUNICATE TO CONNECT.**" Our September learning will answer the questions, "What is communication?"

Please contact Ms. Lindsay at our office to get

on our e-mail newsletter list to get full copies of our newsletter each week.

It is our goal to work together with you and the kids to help our McLeod students become adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns.

Proud to be McLeod
Ms. L. Hart

COMING SOON:

Sept 25: Terry Fox Run

Sept 26: Ultimate Frisbee Tournament

Sept 29: School day of honouring Truth & Reconciliation

Sept 30: National Day of Truth & Reconciliation—**NO SCHOOL**



See the
whole
newsletter

We would like to remind you that doors in our school are **locked** apart from the front door. Adults should **only** enter through the front door. Please **sign in and out** at the office. Please **do not go to classrooms** without permission from our office staff.

W.L. McLeod PAC Corner

wlmcleod.pac@gmail.com



Craft Fair registration
is now open!





October MENU

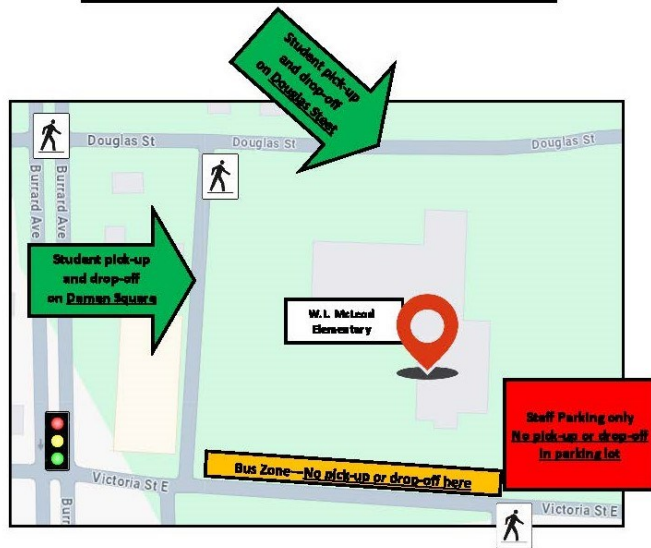


Student's Name: _____ Teacher: _____ Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Butter Chicken Lasagna  PICTURE DAY	2 Pulled Pork Sandwich 	3 Breakfast Wraps 
6 Grilled Cheese and Tomato Soup 	7 Chow Mein  5:00 – PAC MEETING	8 Pancakes and Eggs 	9 Burgers and Salad Bar  DISTRICT CROSS COUNTRY MEET	10 BBQ Chicken  GRAPHIC "t" DAY
13 THANKSGIVING DAY (NO SCHOOL)	14 Mac and Cheese 	15 Turkey Sandwich 	16 Bacon Ranch Wrap 	17 Pasta Day – Chicken Alfredo 
20 Spaghetti 	21 12:00 – EARLY DISMISSAL 2:00-6:00 – TALK ABOUT LEARNING TIME	22 Taco Salad 	23 Pizza Sub 	24 PRO-D Day (NO SCHOOL)
27 Baked Potato with toppings 	28 Chicken Caesar Wrap 	29 Perogy Casserole 	30 Fish Sticks 	31 Pizza Bagels  DRESS-UP DAY

Student Pick-up & Drop-off
at W.L. McLeod Elementary



We are very proud that we offer additional support and connection for students of Indigenous ancestry at our school. In BC schools, students/families can self-identify as being of Aboriginal ancestry. There is no paperwork or "proof" required. Please contact Ms. Hart if you are interested in finding out more about this support at our school.

Please help keep our students, caregivers, and staff safe. **NO drop off and pick up in the school bus zone (on either side of the street) or in our staff parking lot.** Please use Douglas Street and Damon Square as drop-off and pick up options.

McLEOD IS

NOT FREE.



Thanks for
keeping our
McLeod
family safe.

**No peanuts, Brazil nuts and hazelnuts
(including peanut butter and Nutella)
PLEASE.**

SCHOOL DISTRICT
91
NECHAKO
LAKES

**VIRTUAL
CLEARING
HOUSE**

Online auction site
of SD91 assets

Updated often -
check it often!



auction.sd91.bc.ca

Scan the QR Code to
go to the website!

T-Shirt Tuesdays



Please wear your McLeod wardrobe every Tuesday. It's a great way to show your school spirit! Anything McLeod works. We love homemade stuff too!

Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's.

Any submissions after noon will be put in the following week's newsletter. Please email

lswanson@sd91.bc.ca

Thank you



AUDITIONS

For grade 1 to 6 students.

Monday, September 29th at lunch

Wednesday, October 1st at lunch

Friday, October 3rd at lunch

You just need to come to one time and

be ready to sing a song

(Twinkle, Twinkle Little Star or Happy Birthday are good ones!)

erase | EXPECT RESPECT & A SAFE EDUCATION

Information for Parents and Caregivers

Resources to support you and your child



Register for free training

Tips to protect children and youth online



Have a conversation

Talk with children and youth about things they may be experiencing

What kind of information can I find on erase.gov.bc.ca?

- **Practical guidance** to help you support your child's safety and well-being
- **Resources and information about:**
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- **Free training sessions** to help you keep your child safe online
- **Videos** explaining erase, the Report It Tool, and safe, caring and inclusive schools
- **Tips** for bringing concerns to your child's school

What is the Report It Tool?

Report It is an **anonymous online tool** for **students** to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.

Questions? Reach out to your school to learn more.



Ministry of
Education and
Child Care



Recreation Schedule

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 STAT - Labour Day	2 Little Artist 11:30am-12:30pm 3-5yrs Outdoor Exploration 03:30pm-04:30pm 6-12yrs	3 Tiny Tumblers 10am-11am 0-5 Fall Crafts 11:30am-12:30pm 3-5 Science Day - 3:30pm -4:30pm 6-12 yrs	4 Farmers Market 10:00am - 02:00pm	5 Mini Explore 11:30am-12:30pm Fall Crafts 03:30pm -4:30pm 6-12	6	7
8 Parent&Tot 10am-11am 0-3 Dino Crafts&Games 11:30am-12:30pm 3-5 Y Create- 3:30PM-4:30PM 6-12	9 Little Artist 11:30am-12:30pm 3-5yrs Outdoor Exploration 03:30pm-04:30pm 6-12yrs	10 Tiny Tumblers 10am-11am 0-5 Fall Crafts 11:30am-12:30pm 3-5 Science Day - 3:30pm -4:30pm 6-12 yrs	11 Farmers Market 10:00am - 02:00pm	12 Mini Explore 11:30am-12:30pm Fall Crafts 03:30pm -4:30pm 6-12	13	14
15 Parent&Tot 10am-11am 0-3 Dino Crafts&Games 11:30am-12:30pm 3-5 Y Create- 3:30PM-4:30PM 6-12	16 Little Artist 11:30am-12:30pm 3-5yrs Outdoor Exploration 03:30pm-04:30pm 6-12yrs	17 Tiny Tumblers 10am-11am 0-5 Fall Crafts 11:30am-12:30pm 3-5 Science Day - 3:30pm -4:30pm 6-12 yrs	18 Farmers Market 10:00am - 02:00pm	19 PRO-D DAY REC CAMP 9:30am-3:00pm 6-12	20	21
22 Parent&Tot 10am-11am 0-3 Dino Crafts&Games 11:30am-12:30pm 3-5 Y Create- 3:30PM-4:30PM 6-12	23 Little Artist 11:30am-12:30pm 3-5yrs Outdoor Exploration 03:30pm-04:30pm 6-12yrs	24 Tiny Tumblers 10am-11am 0-5 Fall Crafts 11:30am-12:30pm 3-5 Science Day - 3:30pm -4:30pm 6-12 yrs	25 Last Day Farmers Market 10:00am - 02:00pm	26 Mini Explore 11:30am-12:30pm 3 Fall Crafts 03:30pm -4:30pm 6-12	27	28
29 Parent&Tot 10am-11am 0-3 Dino Crafts&Games 11:30am-12:30pm 3-5 Y Create- 3:30PM-4:30PM 6-12	30 STAT - National Day for Truth and Reconciliation					



Facility Hours
Monday–Friday • 8:00am–5:30pm
186 Columbia Street, Vanderhoof

Contact: vcc@bc.ymca.ca
(250) 570-9505
Register online: mynbcy.ca

Vanderhoof Community Centre • (250) 570-9505 • nbc.ymca.ca



Let's all use our WITS at home and at school



Please do not send bags of unpopped popcorn or the KD cups for lunches. It takes too long to cook in the microwave and we end up running out of time to eat. They also burn in the microwave too easily.

Thank you!

School District No. 91 (Nechako Lakes) does not provide accident insurance coverage for student injuries that occur on school premises or during school activities. You may purchase coverage for your child at www.insuremykids.com or by calling toll free at 1-800-463-KIDS (5437)



Superintendent's Report to the Board

Superintendent Anita McClinton presented her [Monthly Report](#) at the Regular School Board Meeting on Monday, September 15, 2025.

You may find it under the Latest News heading at www.sd91.bc.ca or on our [Board of Education Updates](#) page.

Sign up for School Age Care at Evelyn Dickson Elementary!

Shine On

Care options include **before and after school care!**

YMCA School Age Care includes:

- quiet and active play
- exciting physical activities
- valuable time outside
- time with staff who truly care about your child

Register at nbc.ymca.ca/child-care

Proposed Policy Update

The following draft policy is currently open for public feedback **until 4:30 p.m. on Friday, October 10, 2025.**

[Policy 302.7.2 – Unexpected Health Emergencies](#)

Members of the public are welcome to review all the information, including how to provide feedback, on the SD91 Policies and Regulations webpage at www.sd91.bc.ca/policies-and-regulations.



Talking, listening, and sharing help us understand and care for one another.

◇ What is Communication?



Please like our PAC Facebook page to stay up to date with what is going on in the school!

<https://www.facebook.com/WLMPAC>



Counsellor's Corner

The SD91 Inclusive Education Counselling Team would like to welcome you all back to school! While the start of a new year offers excitement and possibilities, it can also be a time of stress and anxiety for some of our learners. If your child is struggling with this, or other emotional burdens, you may be asking yourself,

"Does my child need to see the school counsellor?"

To help answer this question please use the QR Code to visit our Counsellor's Corner website, and read the related article posted in the "Services" section. While you're there, check out the other useful information about our team, the services we provide and lots of other great mental health resources.



Thank you for keeping McLeod scent free (including essential oils).



Registration is Now open for the Fall Maintenance Season Sept 23 - Nov 29

Registration link

<https://www.active.com/vanderhoof-bc/water-sports/swimming-registrations/nechako-valley-swim-club-fall-maintenance-2025>

If your swimmer did NOT participate with us during the summer session, please remember to include the \$35 BCSSA fee (per swimmer) when registering.

If you are registering multiple swimmers, register them all at once to receive a multi-swimmer discount.

Any problems registering please contact Kathryn Egli

nvsc.registrar.otters@gmail.com

JUNIOR VIKES WRESTLING



Contact Shannon
shimmelright@sd91.bc.ca

- Open to athletes grades 2-6
- No previous experience necessary
- October 16th - December 18th
- \$100

 **Hurry, spaces fill quickly!**

INFORMATION/REGISTRATION:
[HTTPS://FORMS.GLE/VOZDERVKMSPQC3QB7](https://forms.gle/VOZDERVKMSPQC3QB7)



Nechako Figure Skating Club

REGISTRATION IS OPEN!

Do you want to learn to skate or have a child that wants to learn to skate?

Registration is open for Nechako Figure Skating Club!

Ages 3 and up

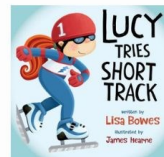
Please visit our website for schedules and information.

REGISTRATION LINK:

<https://nechakofsc.uplifterinc.com/registration>

Contact : nechakofsc@gmail.com www.nechakofsc.com

Vanderhoof Clippers Speed Skating Club 2025 - 2026 Season



Registration is Open!!

ACTIVE STARTS

Low cost, fun and fast winter sport!

Ages 4-5

Must be 4 years old on or before June 30th

Monday and Friday at **6:00pm**

All you need is a helmet and hockey skates to start

Cost: **\$200.00**

Questions? Contact:

vanderhoofspeedskating@gmail.com



Featuring our **Playing to Learn curriculum, YMCA Preschool programs help your child **get ready for Kindergarten!****

Tues/Thurs • \$56.00/ Month
Mon/Wed/Fri • \$84.00/Month

Sign up today at
nbc.ymca.ca/child-care



Bike Safety Practice

Cost: Free

Register today for this group to learn about biking, the rules of biking, and put these rules into practice!

Ages: 8 - 10 years of age
Date: Friday, September 19, 2025
Time: 10am - 12pm
Location: 157 Victoria Street West

Ages: 11 - 14 years of age
Date: Friday, September 19, 2025
Time: 1pm - 3pm
Location: 157 Victoria Street West

For more information, contact:

Samantha Pratt
Email: spratt@connexus.ca
Phone: (250) 570-7599



http://www

WLM.SD91.BC.CA /

CHECK OUT OUR MCLEOD WEBSITE

WLM.SD91.BC.CA /

ICORD Ultimate Tournament

Contributed by Mrs. Kim Worthington, updated at September 2025

School begins, fall is in the air and elementary schools in the Vanderhoof and surrounding area are gearing up for the annual Ultimate Frisbee tournament at W.L. McLeod Elementary School. All money raised is forwarded to ICORD, a research and development institution dedicated to finding an answer to cure spinal cord injuries.

In 1999 John Ryan, a paraplegic, married to Penny McLeod, the daughter of our school's namesake, decided to fight for a cause that was dear to his heart. John was injured in a vehicle accident a couple of years earlier and because he was not wearing his seat belt, he sustained a spinal cord injury. John decided to cycle across Canada hoping to raise money and awareness for spinal cord injuries. His tour, called the Regeneration Tour, ended in October 1999 and John came here to Vanderhoof to celebrate the successes of his trip.

It was in October of '99 that three staff members of W.L. McLeod Elementary School organized a "John Ryan Ultimate" tournament. The choice to play ultimate was an easy decision. Ultimate Frisbee is an organized wheelchair game and one that John participated in. He was excited to hear of our idea to help him in his efforts to find a cure for spinal cord injuries; first by hosting an event that would raise money for the cause and secondly by choosing a sport he enjoys. John and Penny with Bill and Judy McLeod also attended our fundraiser. It was successful and we decided to continue hosting the tournament the following year. One year followed the next and soon it became an annual fall event for the elementary schools in our community.

John, Penny, and their daughter Janel attended some of our tournament days, although living in Whistler was a long trip for them to make each year. Probably one of the most memorable tournaments was the year that John and Penny surprised everyone with the inclusion of their friend, Mr. Trevor Linden. It was a real treat for everyone in attendance. Our tournament has created some exciting moments for everyone involved!

This year we are hosting our 27th Ultimate Tournament. We have shortened the name to the Ultimate Frisbee tournament and all the money raised goes directly to ICORD. ICORD is the International Collaboration on Repair Discoveries, a research centre in the UBC Faculty of Medicine & VCH Research Institute.

Over the years we have seen thousands of students participating and have raised thousands of dollars. All the money raised has gone to research. A key to our successful fundraising during the tournaments must be credited to our local Co-op. Each year, without fail, they have supplied our concession needs. This donation of food has allowed for a 100% donation of money raised.

Leading up to our 10th tournament, in 2008, we worked with CI Radio, our local radio station, and held a telethon. This was another example of the support we enjoyed from the community. Again, thanks to the prizes contributed by our local businesses, we were able to donate 100% of the money generated from our afternoon on the air.

As we are a small community, we rely on our neighbours to support the kids and adults working behind the scenes. Our vision is that this is a day we come together in a positive and inclusive spirit to help researchers find answers they seek.

Our local newspaper, Omineca Express, has covered our events with write-ups and pictures from the various fields of play. Pictures say a thousand words about kids playing hard for the cause. Everyone wins! We always appreciate the buildup in the paper and then look for action shots in the week following.

In 2018 we played our 20th tournament, and it was a big deal in our school and through the community. ICORD wanted to be here to celebrate our achievement and were able to send two scientists. They were great representatives that shared some of their research stories with us, as well as participating in some of the games. Rick Hansen also became involved with our tournament that year. Rick was kind enough to record a message for all the participants to hear. He was proud and humbled by the efforts our community for all the years raising research dollars for ICORD and for raising awareness of the challenges for people with spinal cord injuries.

We are the only charity still operating and raising money for John's dream of a cure for spinal cord injuries. We are proud of our efforts and even prouder of the community that supports this event. In the end, we will all have contributed to finding a cure. The students involved will know they were a part of the solution. Together, all of us will one day be able to say "Yes, I was a part of finding the answers for spinal cord injuries!"

This year, on Sept. 26th, our tournament will play out again. This will be our 27th tournament. Please feel free to join us and cheer on all the kids playing on the grounds around W.L. McLeod School. Our concession is open to everyone!

Thank you to everyone that has been, and continues to be, a part of our efforts!