



The Prowler

the news of the week
les nouvelles de la semaine



January 6, 2021

250-567-2267

<http://wlm.sd91.bc.ca>

Issue 16

Hadi, Bonjour and Hello,

Welcome back! I wish for each of you the very, very best 2021.

As we say goodbye to 2020, I want to say a big thank you to everyone who helped make our first (and maybe not last ☺) McLeod Christmas Movie a big success. It was so much fun to watch it in our jammies and we loved the gingerbread cookies that our PAC so generously shared. If you haven't seen the concert yet please contact the school and we will get you a link or a DVD.

This week we hope to start Ski S'Kool for our grade 3 students. We have been working closely with the School District and the Nechako Nordics to ensure we are keeping everyone safe and happy as they learn to cross-country ski. Now, let's hope the weather co-operates too. We have also been working on 3 possible cohort-friendly downhill ski/snowboard days for intermediate students.

Permission slips are coming home today.

I ask that you review all our COVID guidelines including the Daily Health Check with your kids. We need to keep up the good work!

It is our goal to work together with you and the kids to help our McLeod students become children and adults who can take on the world. Please feel free to contact the school if you ever have any questions or concerns. **WE'RE ALL IN**

THIS TOGETHER!

Proud to be McLeod
Ms. L. Hart

COMING SOON:

Jan 7: First Grade 3 Ski S'kool

Jan 11: PAC Meeting - 5:00

Jan 14: Grade 3 Ski S'kool

Jan 15: Interims Home

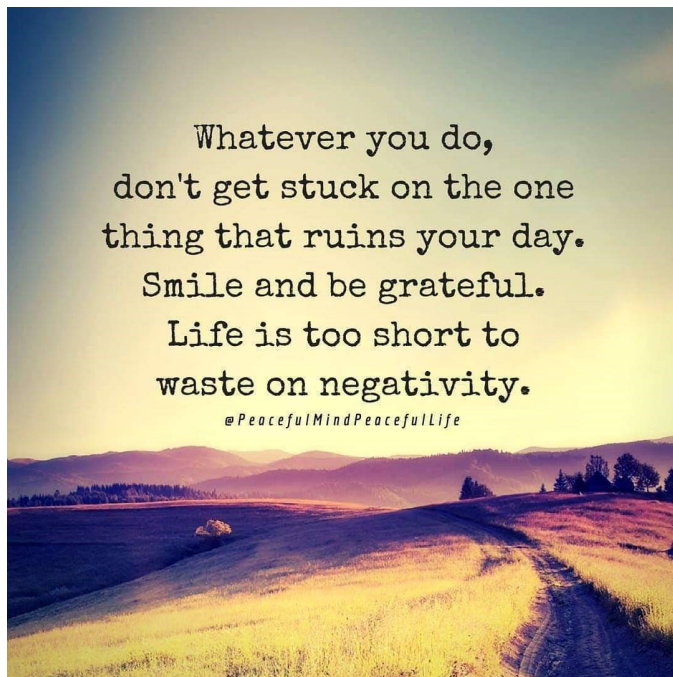
Jan 28: Grade 3 Ski S'kool

Jan 29: Beach Day

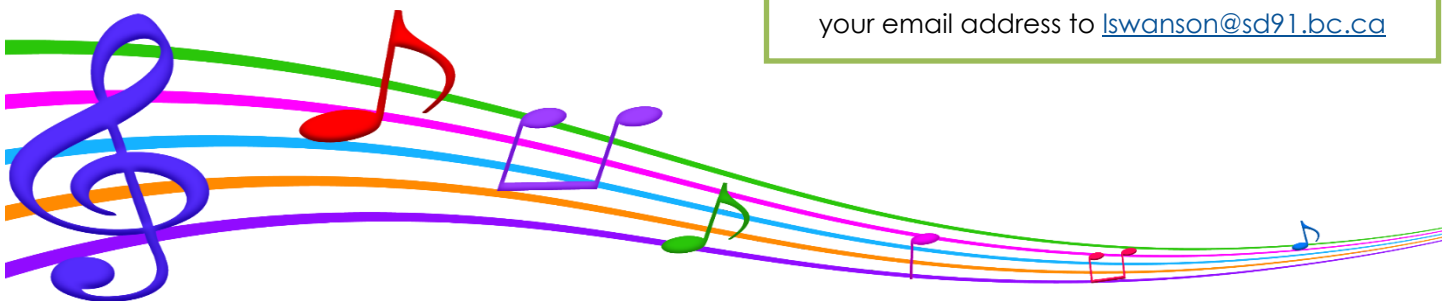


Whatever you do,
don't get stuck on the one
thing that ruins your day.
Smile and be grateful.
Life is too short to
waste on negativity.

@PeacefulMindPeacefulLife



If you would like to help save paper and be added to our Newsletter email list, please send your email address to lswanson@sd91.bc.ca



T-Shirt Tuesdays



Please wear your McLeod wardrobe every Tuesday. It's a great way to show your school spirit and earn points for your house team. Anything McLeod works. We love homemade stuff too!



Check out our McLeod website
<http://wlm.sd91.bc.ca/>

PARKING
LOT



SAFETY

Please **DO NOT** use the staff parking lot (the lot by the EBUS entrance) to drop off or pick-up students. Students **MUST NOT** be walking through this parking lot at any time. Drop off angle parking is available on Damon Square (behind the strip mall). Thank you for your help to keep our kids safe.



Thanks for remembering
this is a



Peanut/Nut
Free School

Please don't forget to do the Daily Health Check each morning. We are very grateful to all our families who are working with us to follow the COVID-19 guidelines.

Please have all items you'd like to add to the newsletter to Ms. Lindsay by **noon** on Tuesday's. Any submissions after noon will be put in the following week's newsletter. Please email
lswanson@sd91.bc.ca

Thank you



CONTACTING ME

Each year I ask parents to connect with me by text. I have great plans to be able send you all pictures of your kids doing great things around the school.

Turns out, I need to carry my phone around more to get that done. J That being said, I really do like to be able to contact parents by text when needed. Please send me a text at 250-567-8539 so I can add you to my contacts.

SCHOOL BOARD OFFICE NEWS

At the Board meeting on Monday, December 14, 2020, the following Policy and Regulations were given first and second readings:

605.1 – Student Assessment and Evaluation

Please visit <https://www.sd91.bc.ca/apps/pages/policies-and-regulations> to view the draft policies and regulations. Please click on the “feedback” link located above the list of policies to send your comments via email. The closing date for comments is January 13, 2021.

Upcoming Board Meetings:

January 18, 2021

February 22, 2021



Let's all use our WITS at home and at school



Murray Ridge Ski/Board Days for Grades 4-6

Ski forms and information are going home today.
They are due next Wednesday, January 13th

No exceptions.



Daily Health Check			
1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.

**THE GREATEST POWER
YOU POSSESS IN LIFE IS
YOUR UNDERSTANDING
THAT LIFE GIVES YOU A
FRESH START ANY
MOMENT YOU CHOOSE
TO START FRESH**
WWW.LIVELIFEHAPPY.COM

JANUARY 2021 MENU

Each meal is 5.00 (reg). or 6.00 (lg).

PLEASE PRE-ORDER AND PRE-PAY



***Pre-paid & pre-ordered meals of more than 10/mth receive a discounted rate of \$4.50/meal**

Student's name _____ **Teacher** _____ **\$** _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they can not or will not eat. Please provide a lunch for your child on those days. Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
4 Spaghetti 	5 Crepes & Ham 	6 Perogy Casserole 	7 Pizza Bagels Gr. 3 Ski School	8 Filipino Pork Steak w/ rice
11 Hamburgers 5:00 PAC Meeting	12 Sausage & Eggs 	13 Pork Cutlets in Gravy 	14 Chow Mein & Springrolls Gr. 3 Ski School	15 Chicken Ranch Wrap INTERIMS HOME
18 Quesadillas 	19 French Toast 	20 Ham & Cheese Bun 	21 Chicken Strips Gr. 3 Ski School	22 Sweet & Sour Meatballs w/ rice
25 Enchiladas 	26 Pancakes & sausages 	27 Lasagna 	28 Roast Chicken Gr. 3 Ski School	29 Mac & Cheese <i>Beach Day</i> Int. Ski School Day 1 (details to follow)